What Is Consciousness?

The term consciousness has several definitions in dictionaries, already highlighting its broadness in meaning. Consciousness is defined in the Merriam-Webster dictionary as the state of being aware of oneself. Moreover, it is also defined as the state of being conscious of any element external to oneself. Additionally, it implies awareness, being alive and able to experience sensations, the sum of conscious states, and the higher echelon of thinking. Perhaps the multiple definitions allude to the elusiveness of such a complicated term. It encompasses such an element that language cannot properly define through mere words. Consciousness is pervasive in everything - it is the fabric of existence itself. It encompasses everything and nothing at once, which means it is matter and antimatter all at once. It can be found in every single element that exists within our universe.

By observing and interpreting the teachings of ancient and sacred religions, such as Buddhism, Hinduism, Egyptian and Western polytheism, we lift the veil of the poetic and figurative manner in which they use the elements or different gods. We come to an understanding that they are merely parts of a whole. Most of these ancient religions use different words and names, but at the heart of it, they explain the same concept. They are showing the workings of the universe through spiritual language, which has been largely misinterpreted by people and has
been taken to literally. Some missed the point of understanding what the deeper meaning of these texts allude to instead of arguing if the Gods of one religion are superior to another.

Let us break it down in modern terms and understanding. The universe was once a point of consciousness that became aware of itself and expanded, and thus happened the Big Bang. In cosmology, the steady-state theory views the universe as an endlessly expanding element that continuously forms new matter. The universe might be consciousness itself. It is the ever-expanding element in the universe that forms an endless cycle of life and death. Therefore we can see ourselves as a very sophisticated form of consciousness, one that is sentient, has the type of thinking that allows us to question our existence, and a form of consciousness that has an inherent will to evolve and survive at all costs.

Therefore, consciousness, in this sense, is all matter and antimatter. It defines the tangible aspects of our universe, as well as the intangible aspects. It is a single-unit cell, but it is also the entire organism. It is the microcosm and the macrocosm. It is life and death. This can easily be the most mind-boggling concept to understand, or it could be the simplest. It depends on the perspective of the reader. We should not forget that everything was created at a single point in time. We can try to understand that separation is merely an illusion of comprehension that the single source of everything that exists within our universe used to be the same.

The dictionary’s definitions of consciousness are very limited and not wide enough to cover the bigger notion that the term indicates. However, this is easy to understand. Such concepts are too multilayered and complex to be interpreted by mere words. There are such phenomena and ideas in our world that we can only scratch the surface of when trying to
understand them; they transcend language in a sense. We do our best to communicate their meanings, but we might always fall short.