



# Clinical Leaders of Thrombosis Newsletter

Spring 2002

## Anticoagulation Nursing Course

The first Anticoagulation Nursing Course at the University of Hertfordshire has now been completed with the initial 20 students receiving their certificates.

It has been very successful and the evaluation of the course by the students extremely positive.

A large number of the students are now going forward to complete their accreditation and thereby gain C.A.T.S points at either Masters Degree or Diploma level.

Due to the high level of demand for the course the University has decided to add an additional course to the 2002/2003 year.

There will then be 3 courses instead of 2 per Academic year.

Each of these courses will have 6 study days divided into 3 groups of 2 days.

This will be of benefit to people travelling long distances as it will mean a reduction in the number of journeys.

**Rebecca Brown** (Course Tutor) would like to thank all the students who attended the first course for making it so enjoyable. Everybody found the sharing of information about their own methods and challenges very rewarding and feel that the support networks that have developed will be a help in the future.

Dear Member

In this issue . . .

- Anticoagulation Nursing Course
- Travel / Education Scholarship
- Requests, Enquiries, Information
- New look for CLOT
- CLOT Website
- BSH Nurses Forum
- Recruitment
- Future Meetings

To include articles in forthcoming issues of this Newsletter, please send them to Lesley Dolan (nee Royle) at:-

Flat 4  
21 St Mary's Close  
Stockport  
Cheshire  
SK1 4BT

or e-mail to [anticoag21@yahoo.co.uk](mailto:anticoag21@yahoo.co.uk)

The University of Birmingham hold a 3 day training course in Anticoagulation Management.

This course is for Practice Nurses, General Practitioners and other primary care professionals.

The dates for this year are:-

**June 11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup>**

**October 15<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup>**

For further information contact:-

**Tricia Henley**

Short Course Co-ordinator  
Learning Centre & Primary Care Clinical Sciences

Birmingham University

Edgbaston

Birmingham B15 2TT

Tel: 0121 415 8017 or

e-mail [t.henley@bham.ac.uk](mailto:t.henley@bham.ac.uk)

## Travel / Education Scholarship

**Sue Rhodes**, Anticoagulant Nurse Practitioner, Swindon, attended the XVIII Congress of the ISTH in Paris last year following a successful scholarship application. Sue has submitted her report for the newsletter and I am sure that CLOT members will find this extremely interesting.

**Sara de Gaynesford** also attended the meeting and will be giving a talk of her experiences at the next CLOT meeting.

There were 3 successful applicants in December 2001:-

**Vickie Warburton**, Anticoagulation Nurse Specialist, Basingstoke.

**Joyce McCreadie**, Anticoagulation Nurse, West London.

Vickie and Joyce will attending the Course in Hertfordshire.

**Ruth Ogilvie**, Anticoagulation Nurse Specialist, West Lothian.  
Ruth is attending the Course in Birmingham.

The closing date for the next Travel/Education Scholarship is 1<sup>st</sup> May 2002. Application forms available from:

**Vickie Warburton**

Anticoagulant Nurse Practitioner  
Haematology Department  
North Hampshire Hospital  
Aldermaston Road  
Basingstoke RG24 9NA

Application Guidelines for the Travel / Education Scholarship are:-

1. The CLOT Committee will consider sponsorship applications for travel and accommodation expenses from members wishing to attend the Anticoagulant Management Course. The Committee will not fund the Course fees.
2. Sponsorship will be granted to those members who travel for more than 2 hours to the study venue.
3. A maximum of £50 per night will be paid for accommodation costs. Members will be expected to pay any excess if they wish to upgrade.
4. Car travel expenses will be paid at 20 pence per mile with a maximum travel claim of £50 per return trip. Members start and end mileage will be requested.
5. Train expenses will be paid up to a maximum travel claim of £50 per return trip. Apex tickets should be arranged wherever possible.
6. Air travel claims will be considered.

## Requests, Enquiries, Information

1. Does anyone supply Warfarin tablets as a prescription from their clinics and how have they got around the issues of supplying and cost of the drugs?

From: [lisa.tams@uhl-tr.nhs.uk](mailto:lisa.tams@uhl-tr.nhs.uk)

2. **Sandra Camaish/Heather Troup** are currently employed as Anticoagulant Therapy Specialists. Present posts are F grade but they are in the process of applying to have them upgraded to a G grade. They would be grateful if anyone on a G/H grade would be willing to send them a copy of their job description to help them with their appeal.

Send to:-  
Pathology Department  
Furness General Hospital  
Dalton Lane  
Barrow in Furness  
Cumbria LA14 4LF

3. A patient in the North of the country takes more than 40mg Warfarin to control the INR. Young and has a history of recurrent DVT/PE. Recently had vein surgery and required substantially more heparin as well. The local Haematologists have accepted rather than questioned this. Should they be in the record books and are they significantly abnormal?

Reply to: [alcooper@doctors.org.uk](mailto:alcooper@doctors.org.uk).

4. Has anyone any up to date research /evidence based articles on the use of compression hosiery/anti-embolic stockings in the treatment of deep vein thrombosis.

Please contact:

[sandra.cope@bedhos.anglox.nhs.uk](mailto:sandra.cope@bedhos.anglox.nhs.uk)

or write to:-

S/N S Cope  
c/o Whitbread Assessment Unit  
Bedford NHS Trust  
Kempston Road  
Bedford MK42 9DJ

5. We have been trying to implement a Patient Group Directive for administering and supplying both Warfarin and Low Molecular Weight Heparin. The head of Pharmacy has explained that this is not suitable in our situation and we

need to wait for further information from the Government regarding "Supplementary" prescribing. How do you manage in-patient dosing as nurses are not allowed to advise other nurses to give a Warfarin dose without a doctor's signature?

We also have a problem patient who consistently misses doses, adjusts the dose when drinking alcohol and frequently alters the recommended dose. The patient has also been abusive, attends A&E over the weekend if a dose has been missed and demands LMWH and turns up for tests out of clinic times. A formal letter has been sent out by the Chief Ex.

Has anyone else come across these problems?

Reply to both issues to:

[ahiggins@sthelier.sghms.ac.uk](mailto:ahiggins@sthelier.sghms.ac.uk).

## New Look For CLOT

To support the continuing education of the increasing number of specialist nurses in anticoagulation the Committee agreed to a new format for CLOT study day events. This will mean that:

1. The study days/meetings will be held twice a year.
2. There will be a venue in the North and the South. The North will be held in Manchester (Bury) and the South event held in Warwick.
3. Each meeting will be over 1½ days commencing on Sunday afternoon and finishing on Monday afternoon. Members will have the option of attending the Monday only (1 day) or the full event (1½ days).
4. The format for the Sunday afternoon will consist of related workshops and short lectures run by members who wish to promote good practice from primary and secondary care.

5. The format for the Monday will remain the same as present.
6. CLOT members will be encouraged to make suggestions regarding speakers and content speakers will receive book tokens £50 and overnight accommodation will be provided which includes an evening meal and breakfast.
7. All CLOT members will be invited to submit posters for display during the meeting. All entrants will receive a bottle of wine with the winning entrant receiving £150.
8. A social event will be organised for the Sunday evening. Overnight accommodation in the venue hotel will be available to CLOT members only at a discounted price.
9. The cost for attending the Study day for CLOT members will be £25 for 1 day (Monday only) and £35 for 1½ days (full meeting).

## CLOT Website

The current CLOT website will soon undergo a redesign to enable the implementation of a number of new features. The aim is to develop a two tiered website, a front end available to all web users with the second tier controlled by a user name/password only accessible by CLOT members.

This will enable a wider range of information onto the site e.g. study day presentation content, library material and protocols.

The current website has been managed by **Vicki Warburton and her husband Neil** and we would like to thank them for doing a splendid job in launching the site.

## The British Society for Haematology – Nurses Forum

The BSH wish to set up a Nurses Forum and **Caroline Baglin** (Study Day Co-ordinator) will represent the CLOT group at the BSH meeting in Brighton on 17<sup>th</sup> April 2002 to discuss the development of an allied Nurses Forum.

## Recruitment

Hammersmith and Fulham PCG are in the process of recruiting an anticoagulation nurse specialist to run the community based near the patient testing service and have requested that the advert be placed in the newsletter (advert attached).

## Meetings

**Haemostasis** – Churchill College, Cambridge, Saturday 16<sup>th</sup> March 2002  
Contact:

Mr Roger Luddington  
Haematology Department (Box 234)  
Addenbrookes NHS Trust  
Cambridge CB2 2QQ

## **UK NEQAS for Blood Coagulation Annual Scientific Meeting for Participants.**

Sheffield Hallam University on 18<sup>th</sup> – 19<sup>th</sup> June 2002.

For further details either  
Telephone: 0114 267 3300 or Fax: 0114 267 3309

## CLOT Meetings

The next meeting will be on **Monday 20<sup>th</sup> May** hosted by Sue Watts/Dawn Angliss at Ansty Hall Coventry.

Jane Day/Sue Jones will host the event on **Monday 7<sup>th</sup> October** at the Peterborough Marriott.

The closing date for members wishing to attend a study day will be 2 weeks prior to the meeting.

The new format for the study days will be started at the May 2003 meeting. This will be Bridget Smith's final meeting (as Chair) so the venue will be in Nottingham.

Thank you to Pharmacia for their continued support of CLOT and for their invaluable help in printing the newsletter.