

SUN

MON

TUE

WED

THUR

FRI

SAT

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>Beauty Salon Services** Manicures and Pedicures - Marcie Miller Fridays, October 5 & 19, 9:00 a.m. - 3:00 p.m. In-home appointments Oct. 12 & 26 by apt. Call 237-2355</p> <p>Hair Stylist - Stefanie Monday, October 12 & 26 9:00 a.m. - 2:30 p.m. Call 873-3369</p> <p>Hair Stylist - Elaine Tuesday - Friday 9:00 a.m. - 5:00 p.m. Call ext. 259</p>	<p>Nurse Hours in Clinic 9:00 - 11:00 a.m. Monday & Friday</p> <p>1:00 - 3:00 p.m. Tuesday, Wednesday & Thursday</p> <p>Genesis Rehab On-Site Therapy Department Call 269-0034</p>	<p>Activities** listed in BOLD and with asterisks** are events or trips that require sign-up.</p>	<p>ROOM KEY AC - Around Campus BS - Beauty Salon CR - Card Room FS - Four Seasons GR - Game Room IR - Ivy Room L - Lounge MR - Meeting Room R - Reflections S - Shindigz T - Theater W - Wood Carving Room</p>	<p>9:30 Woodcarvers (W) 1:00 Hand and Foot Card Game (CR) 1 1:30 Mahjongg (GR) 1:30 "Chariots of Fire"*** (T) 2:00 Book Club (MR) 2:00 Care Partners Support Group (FS) 3:00 Dominoes (IR) 3:00 Outdoor Concerts (AC)</p>	<p>Sukkot Begins at Sundown 7:30 Brandermill Walkers 2 11:00 Bank Drive-thrus (I)** 1:00 Duplicate Bridge (IR) 1:00 Kroger & ABC Store (I)** 2:00 Chair Yoga with Dan** (MR) 3:00 Active Aging Week Closing Ceremonies (West Entrance)</p>	<p>10:00 The Geezers (R) 3 6:30 "Man in the Attic" Movie (BWTV)</p>
<p>2:00 Yarn Arts (GR) 4 4:00 Worship with Ted Fuson (Meeting Room) 6:30 "Man in the Attic" Movie (BWTV)</p>	<p>8:30 Meditation (R) 5 9:00 Nail Specialist Marcie till 3:00** (BS) 1:00 Dietician Colleen LaMere (L) 1:00 Duplicate Bridge (IR) 1:00 Resident Council (R) 1:30 Scrabble (CR) 1:30 "October Sky"*** (T) 7:00 Spiritual Book Study (IR)</p>	<p>Podiatrist** Ext. 203 6 9:30 Richmond Metro Zoo (II)** 9:30 Woodcarvers (W) 1:00 Social Bridge (IR) 1:30 "October Sky"*** (T) 2:15 Wii Bowling** (S) 3:00 Parkinson's Dance Group** (MR)</p>	<p>7:30 Brandermill Walkers 7 10:00 CVS (I)** 1:00 Food Lion (I)** 1:30 "October Sky"*** (T) 2:15 Bunco (GR) 3:00 Chair Yoga with Dan** (MR) 3:00 Writers' Group (CR) 6:30 Me & Martha Shenandoah Valley Music Concert (BWTV)</p>	<p>Golf Tournament 8 9:30 Woodcarvers (W) 1:00 Hand and Foot Card Game (CR) 1:30 Mahjongg (GR) 2:00 Care Partners Support Group (FS)</p>	<p>Shemini Atzeret Begins at Sundown 9 Sukkot Ends 7:30 Brandermill Walkers 9:00 Flu Shot Clinic till 12 pm** (L) 11:00 Bank Drive-thrus (I)** 1:00 Duplicate Bridge (IR) 1:00 Publix (I)** 2:00 BW Photographer's Club (GR) 3:00 Chair Yoga with Dan** (MR)</p>	<p>Simchat Torah Begins at Sundown 10 10:00 The Geezers (R)</p>
<p>2:00 Yarn Arts (GR) 11 4:00 Worship with Ted Fuson (Meeting Room)</p>	<p>Columbus Day 12 Indigenous Peoples Day In-home Nail Appts.** 237-2355 8:30 Meditation (R) 9:00 Hair Stylist Stefanie till 2:30** 1:00 Duplicate Bridge (IR) 1:30 Scrabble (CR) 1:30 "RBG"*** (T) 7:00 Spiritual Book Study (IR)</p>	<p>9:30 Richmond Metro Zoo (II)** 13 9:30 Woodcarvers (W) 1:00 Coloring Club (CR) 1:00 Social Bridge (IR) 1:30 "RBG"*** (T) 2:15 Wii Bowling** (S) 3:00 Parkinson's Dance Group** (MR) 3:00 Oktoberfest Outdoor Concerts (AC)</p>	<p>7:30 Brandermill Walkers 14 10:00 CVS (I)** 1:00 Food Lion (I)** 1:30 "RBG"*** (T) 2:00 Reader's Theatre (FS) 3:00 Chair Yoga with Dan** (MR)</p>	<p>9:30 Woodcarvers (W) 15 1:00 Hand and Foot Card Game (CR) 1:30 Mahjongg (GR) 1:30 "RBG"*** (T) 2:00 Care Partners Support Group (FS) 2:00 Chat with Charmaine** (MR) 3:00 Dominoes (IR) 4:00 Chat with Charmaine (BWTV) 6:00 Chat with Charmaine (BWTV)</p>	<p>7:30 Brandermill Walkers 16 11:00 Bank Drive-thrus (I)** 1:00 Duplicate Bridge (IR) 1:00 Kroger & ABC Store (I)** 2:15 Bunco (GR) 3:00 Chair Yoga with Dan** (MR) 6:30 Me & Martha Shenandoah Valley Music Concert (BWTV)</p>	<p>10:00 The Geezers (R) 17</p>
<p>2:00 Yarn Arts (GR) 18 4:00 Worship with Ted Fuson (Meeting Room)</p>	<p>8:30 Meditation (R) 19 9:00 Nail Specialist Marcie till 3:00** (BS) 1:00 Duplicate Bridge (IR) 1:30 "The Ghost and Mrs. Muir"*** (T) 1:30 Scrabble (CR) 1:30 Richmond Symphony: Hymn to a New Beginning (BWTV) 7:00 Spiritual Book Study (IR)</p>	<p>9:30 Richmond Metro Zoo (II)** 20 9:30 Woodcarvers (W) 1:00 Social Bridge (IR) 1:30 "The Ghost and Mrs. Muir"*** (T) 2:15 Wii Bowling** (S) 3:00 Parkinson's Dance Group** (MR)</p>	<p>7:30 Brandermill Walkers 21 10:00 CVS (I)** 1:00 Food Lion (I)** 2:00 Poetry Plaza (CR) 3:00 Chair Yoga with Dan** (MR)</p>	<p>9:30 Woodcarvers (W) 22 10:30 Don Vaught, Financial Advisor** (T) 1:00 Hand and Foot Card Game (CR) 1:30 "The Ghost and Mrs. Muir"*** (T) 1:30 Mahjongg (GR) 2:00 Care Partners Support Group (FS)</p>	<p>7:30 Brandermill Walkers 23 11:00 Bank Drive-thrus (I)** 1:00 Duplicate Bridge (IR) 1:00 Publix (I)** 3:00 Chair Yoga with Dan** (MR) 6:30 Parsons' Cause Presents: Nora Houston, Richmond Artist and Activist (BWTV)</p>	<p>10:00 The Geezers (R) 24</p>
<p>2:00 Yarn Arts (GR) 25 4:00 Worship with Ted Fuson (Meeting Room)</p>	<p>Audiologist** 818-0000 26 In-home Nail Appts.** 237-2355 8:30 Meditation (R) 9:00 Hair Stylist Stefanie till 2:30** 1:00 Duplicate Bridge (IR) 1:30 Scrabble (CR) 1:30 "Hocus Pocus"*** (T) 7:00 Spiritual Book Study (IR)</p>	<p>Podiatrist** Ext. 203 27 9:30 Richmond Metro Zoo (II)** 9:30 Woodcarvers (W) 1:00 Coloring Club (CR) 1:00 Social Bridge (IR) 1:30 "Hocus Pocus"*** (T) 2:15 Wii Bowling** (S) 3:00 Parkinson's Dance Group** (MR)</p>	<p>7:30 Brandermill Walkers 28 10:00 CVS (I)** 1:00 Food Lion (I)** 3:00 Chair Yoga with Dan** (MR)</p>	<p>9:30 Woodcarvers (W) 29 1:00 Hand and Foot Card Game (CR) 1:30 Mahjongg (GR) 1:30 "Hocus Pocus"*** (T) 2:00 Care Partners Support Group (FS)</p>	<p>7:30 Brandermill Walkers 30 11:00 Bank Drive-thrus (I)** 1:00 Duplicate Bridge (IR) 1:00 Kroger & ABC Store (I)** 1:30 Campus Alzheimer's 3k Costume Walk** (AC) 3:00 Chair Yoga with Dan** (MR)</p>	<p>Halloween 31 10:00 The Geezers (R) 5:30 Parsons' Cause Presents: Eliza Poe (BWTV)</p>

October 2020

Independent Living

Lauren Lee (804) 744-1173 ext. 261