

SUN MON TUE WED THUR FRI SAT

Activities listed in BOLD and with asterisks** are events or trips that require sign-up.**

Westchester Shopping**
Includes: Dollar Tree, Target, JoAnn Fabrics, etc.

Commonwealth Shopping**
Includes: Kohls, Target, Michael's Crafts

Kentucky Derby Ballots Distributed
9:30 Woodcarvers (W)
10:00 Westchester Commons Shopping (I)**
1:00 Kroger & ABC Store on Midlothian Turnpike (I)**
1:00 Resident Council (R)
1:00 Social Bridge (IR)
1:30 Chaplin (T)**
2:15 Wii Bowling (S)**
3:00 Parkinson's Dance Group (MR)**

1
7:30 Brandermill Walkers
8:00 Brandermill Walkers
10:00 CVS (I)**
1:00 Food Lion (I)**
2:15 Bunco (GR)
3:00 Chair Yoga with Dan (MR)**
3:00 Writers' Group (CR)

2
9:30 Woodcarvers (W)
1:00 Hand and Foot Card Game (CR)
1:30 Mahjongg (GR)
1:30 Chaplin (T)**
6:45 Ken Kellner, Guitarist (AC)

3
Kentucky Derby Ballots Due 3:00 p.m.
7:30 Brandermill Walkers
8:00 Brandermill Walkers
11:00 Bank Drive-thrus (I)**
1:00 Duplicate Bridge (IR)
1:00 Food Lion (I)**
2:00 "Dress Your Best" Kentucky Derby Contest (AC)
4:00 Chair Yoga with Carrie (MR)**

4
10:00 The Geezers (R)
2:00 Care Partners Support Group (FS)
5

2:00 Yarn Arts (GR)
4:00 Worship with Ted Fuson (R)
5:30 Parsons' Cause Foundation Presents: Colonel John Chiswell (BWTV)

6
Labor Day Receptionist from 8:00 to 6:00
No Trash Pickup
No Housekeeping
No Fitness or Aquatics Classes
No Wellness Nurse
Shuttle from 11:00-3:00
Dining Hours 11:30-2:00
9:00 Nail Specialist Marcie till 3:00 (BS)**

7
9:30 Woodcarvers (W)
10:00 Commonwealth Shopping (I)**
1:00 Coloring Club (CR)
1:00 Publix at Charter Colony (I)**
1:00 Social Bridge (IR)
1:30 LBJ (T)**
2:15 Wii Bowling (S)**
3:00 Parkinson's Dance Group (MR)**

8
7:30 Brandermill Walkers
8:00 Brandermill Walkers
10:00 CVS (I)**
1:00 Food Lion (I)**
1:30 LBJ (T)**
2:00 Reader's Theatre (FS)
3:00 Chair Yoga with Dan (MR)**
6:45 Jon Chadwick, Guitarist (AC)

9
9:30 Woodcarvers (W)
1:00 Hand and Foot Card Game (CR)
1:30 Mahjongg (GR)
1:30 LBJ (T)**
2:00 Chat with Charmaine (BWTV)
4:00 Chat with Charmaine (BWTV)
6:00 Chat with Charmaine (BWTV)

10
Patriot Day
7:30 Brandermill Walkers
8:00 Brandermill Walkers
11:00 Bank Drive-thrus (I)**
1:00 Duplicate Bridge (IR)
1:00 Food Lion (I)**
2:00 BW Photographer's Club (GR)
4:00 Chair Yoga with Carrie (MR)**
4:30 "The History of America" Presented by Reader's Digest (BWTV)

11
10:00 The Geezers (R)
2:00 Care Partners Support Group (FS)
6:30 Me & Martha Mountain Music Concert (BWTV)
12

Grandparent's Day Name Tag Week
2:00 Yarn Arts (GR)
4:00 Worship with Ted Fuson (R)

13
8:30 Meditation (R)
8:30 Hair Stylist Stefanie (BS)**
1:00 Duplicate Bridge (IR)
1:30 Scrabble (CR)
1:30 "Emma"* (T)**
7:00 Spiritual Book Study (R)

14
9:30 Woodcarvers (W)
10:00 Westchester Commons Shopping (I)**
1:00 Kroger & ABC Store on Midlothian Turnpike (I)**
1:00 Social Bridge (IR)
1:30 "Emma"* (T)**
2:15 Wii Bowling (S)**
3:00 Parkinson's Dance Group (MR)**

15
7:30 Brandermill Walkers
8:00 Brandermill Walkers
10:00 CVS (I)**
1:00 Food Lion (I)**
1:30 "Emma"* (T)**
2:00 Poetry Plaza (CR)
3:00 Chair Yoga with Dan (MR)**

16
Constitution Day and Citizenship Day
9:30 Woodcarvers (W)
1:00 Hand and Foot Card Game (CR)
1:30 Mahjongg (GR)
1:30 "Emma"* (T)**
3:00 Dominoes (R)

17
National POW/MIA Recognition Day
Rosh Hashanah Begins at Sundown
7:30 Brandermill Walkers
8:00 Brandermill Walkers
11:00 Bank Drive-thrus (I)**
1:00 Duplicate Bridge (IR)
1:00 Food Lion (I)**
2:15 Bunco (GR)
4:00 Chair Yoga with Carrie (MR)**

18
10:00 The Geezers (R)
2:00 Care Partners Support Group (FS)
19

Rosh Hashanah Ends
2:00 Yarn Arts (GR)
4:00 Worship with Ted Fuson (R)

20
8:30 Meditation (R)
9:00 Nail Specialist Marcie till 3:00 (BS)**
1:00 Duplicate Bridge (IR)
1:30 Scrabble (CR)
1:30 Richmond Symphony: A Century of American Sound (BWTV)
7:00 Spiritual Book Study (R)

21
9:30 Woodcarvers (W)
10:00 Commonwealth Shopping (I)**
1:00 Coloring Club (CR)
1:00 Publix at Charter Colony (I)**
1:00 Social Bridge (IR)
1:30 The Two Popes (T)**
2:15 Wii Bowling (S)**
3:00 Parkinson's Dance Group (MR)**

22
7:30 Brandermill Walkers
8:00 Brandermill Walkers
10:00 CVS (I)**
1:00 Food Lion (I)**
1:30 The Two Popes (T)**
3:00 Chair Yoga with Dan (MR)**

23
9:30 Woodcarvers (W)
1:00 Hand and Foot Card Game (CR)
1:30 Mahjongg (GR)
1:30 The Two Popes (T)**

24
7:30 Brandermill Walkers
8:00 Brandermill Walkers
11:00 Bank Drive-thrus (I)**
1:00 Duplicate Bridge (IR)
1:00 Food Lion (I)**
4:00 Chair Yoga with Carrie (MR)**

25
10:00 The Geezers (R)
2:00 Care Partners Support Group (FS)
26

Yom Kippur Begins at Sundown
2:00 Yarn Arts (GR)
4:00 Worship with Ted Fuson (R)

27
Yom Kippur Ends
Active Aging Week Begins
Audiologist** 818-0000
8:30 Meditation (R)
8:30 Hair Stylist Stefanie (BS)**
9:00 3k Walk for Active Aging Week (AC)**
1:00 Duplicate Bridge (IR)
1:30 Scrabble (CR)
1:30 "Chariots of Fire"* (T)**
7:00 Spiritual Book Study (R)

28
9:00 National Coffee Day 9:00-11:00 (West Entrance)
9:30 Woodcarvers (W)
10:00 Westchester Commons Shopping (I)**
1:00 Kroger & ABC Store on Midlothian Turnpike (I)**
1:00 Social Bridge (IR)
1:30 "Chariots of Fire"* (T)**
2:15 Wii Bowling (S)**
3:00 Parkinson's Dance Group (MR)**
6:30 "Age of Champions" Movie (BWTV)

29
7:30 Brandermill Walkers
8:00 Brandermill Walkers
10:00 CVS (I)**
1:00 Food Lion (I)**
2:30 Game Day for Active Aging Week 2:30-4:00 (West Entrance Parking Lot)
3:00 Chair Yoga with Dan (MR)**

30
Nurse Hours in Clinic
9:00 - 11:00 a.m. Monday & Friday

1:00 - 3:00 p.m. Tuesday, Wednesday & Thursday

Genesis Rehab
On-Site Therapy Department
Call 269-0034

Beauty Salon Services**
Manicures and Pedicures - Marcie Miller
Mondays, Septemeber 7 & 21
9:00 a.m. - 3:00 p.m.
Call 237-2355
Hair Stylist - Stefanie
Mondays, September 14 & 28
8:30 a.m. - 2:30 p.m.
Call 873-3369
Hair Stylist - Elaine
Tuesday - Friday 9:00 a.m. - 5:00 p.m.
Call ext. 259

ROOM KEY
AC - Around Campus
BS - Beauty Salon
CR - Card Room
FS - Four Seasons
GR - Game Room
IR - Ivy Room
MR - Meeting Room
R - Reflections
S - Shindigz
T - Theater
W - Wood Carving Room

