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Tapas - from 5.00pm - 9.15pm

*Tapas for sharing. We recommend 2-3 tapas per person. Pick, mix, match and share!
All our tapas dishes are cooked fresh to order, so will be served when ready & may not all arrive to your table at the same time.*

Earth

Beetroot & Carrot Hummus
pitta, dukkha (nuts) (Ve) 6.3

Padron Peppers
rock salt (Gf,Ve) 5.5

Patatas Bravas
potatoes, special tomato sauce, vegan mayo (Ve)(Gf) 6

Roasted Portobello Mushroom
baked Halloumi (V)(Gf) 8

Cauliflower Wings
spicy barbecue sauce (Ve) 7.5

Land & Sea

Manchego cubes & Serrano
pickled pepper (Gf) 7

Sticky Chicken Thighs
marinated in our own sauce (Gf) 8

Prawns & Chorizo
special spicy tomato sauce (Gf) 10

Calamari
Lightly coated, aioli (Gf) 8.3

Blue Cheese Stuffed Meatballs(3L,Gf)
100% Beef mince, blue cheese sauce (Gf) 10

MAINS

Winter Seafood Chowder
Smoked salmon, haddock, prawns, squid, mussels, cream, gf flour, mixed vegetables, served with toasted sourdough 13.7

North African Squash & Chickpea Hotpot
coriander, tzatziki (V) (Gf) 11.5
Remove tzatziki to make Vegan

Vegan Bean Burger
middle Eastern slaw, vegan mayo, sweet chilli jam, artisan focaccia, (Ve) 12

NIBBLES & SIDES

Marinated Olives (Ve) 4

Chunky Fries (Ve) (Gf) 4

Focaccia, Olive oil/Balsamic (Ve) 3.75

Green Salad (Ve) (Gf) 3.5



Ve - Vegan | Gf - Gluten Free | V - Vegetarian

All items prepared in an environment where wheat & other allergens such as nuts may be present.

Please advise your server if you have any allergies.

Note: Smooth! has gone cashless!

For your safety & speed of service we now operate cashless forms of payment only.

A discretionary 10% Service Charge will be added to your bill.

www.smoothbean.co.uk