



SMOOTHBEAN!

Tapas - from 5.30pm - 9.15pm

*Tapas for sharing. We recommend 2-3 tapas per person.
Pick, mix, match and share!*

Nibbles	
Marinated Olives (Ve) 4	Sourdough, Olive oil/Balsamic (Ve) 3

Earth

Beetroot & Carrot Hummus

pitta, dukkha (nuts) (Ve) 6

Padron Peppers

rock salt (Ve) 5.5

Patatas Bravas potatoes,

special tomato sauce, vegan mayo (Ve,Gf) 5.5

Labneh, pomegranate seeds,

sumac, Za'atar, pitta (V) 6

Mushroom Sandwich (Ve,Gf)

quinoa, roasted vegetable 7

Roasted Portobello Mushroom/ Baked Halloumi (V,Gf) 7

Cauliflower Wings

barbecue sauce (Ve,Gf) 6

Land & Sea

Manchego cubes wrapped in Serrano

pickled pepper, pepper sauce (Gf) 7

Grilled chicken breast cubes

rich coconut sauce (Gf) 8

Marinated Sticky Chicken Thighs (Gf) 6.7

Scottish Smoked Salmon

garlic mayo, in-house brown bread 7

Prawns & Chorizo

special tomato sauce 8

Calamari

Lightly coated, garlic mayo (Gf) 8

Blue Cheese stuffed Meatballs

Beef/Pork mince, blue cheese sauce (Gf) 10

Bocconcini stuffed Meatballs

Beef/Pork mince, spicy tomato & chorizo sauce (Gf) 9

Chunky Fries (Ve,Gf) 4 Sweet Potato Wedges (Ve,Gf) 4 Green Salad (Ve,Gf) 3.5

MAINS

Summer Seafood Chowder

Mussels, clams, halibut, salmon,
prawns, chorizo, fennel,
In-house brown bread 10

North African Squash & Chickpea Hotpot

quinoa salad, coriander, tzatziki (V,Gf) 11.5
Remove tzatziki to make Vegan

Vegan Burger middle Eastern slaw,

vegan mayo, sweet chilli jam,
artisan focaccia, (Ve) 12



Ve - Vegan | Gf - Gluten Free | V - Vegetarian

All items prepared in an environment where wheat & other allergens such as nuts may be present.

Please advise your server if you have any allergies.

Note: Smoothbean! has gone cashless! For your safety & speed of service we now operate cashless forms of payment only.

A discretionary 10% Service Charge will be added to your bill.