

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CHURCH SERVICE ON TELEVISION <small>Daylight Saving Time Ends</small>	2 10:00 CHAIR EXERCISE 1:00 WALK THE HALL	3 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 ICE CREAM SOCIAL 	4 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 COLORING SNACK AND DRINK	5 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 DOORWAY BINGO 	6 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 2:30 DOORWAY ROSARY  3:00 AFTERNOON SOCIAL/HAPPY HOUR	7 1:00 TAKE A WALK 3:00 BINGO WITH SHIRLEY 
8 CHURCH SERVICE ON TELEVISION	9 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 GOOD NUTRITION DAY TRIVIA, HEALTHY SNACKS	10 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 MUSIC AND MEMORIES	11 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 UGLY DUCKLING DAY, READ THE STORY <small>Veterans Day Remembrance Day (Canada)</small>	12 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 DOORWAY BINGO	13 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 2:30 DOORWAY ROSARY  3:00 AFTERNOON SOCIAL/HAPPY HOUR	14 1:00 TAKE A WALK 3:00 BINGO WITH SHIRLEY 
15 CHURCH SERVICE ON TELEVISION 	16 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 AVIATION HISTORY DAY	17 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 1:30 RESIDENT COUNCIL 3:00 WORD PEACE DAY TRIVIA	18 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 MUSIC SNACKS AND DRINKS	19 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 DOORWAY BINGO	20 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 2:30 DOORWAY ROSARY 3:00 AFTERNOON SOCIAL/HAPPY HOUR	21 1:00 TAKE A WALK 3:00 BINGO WITH SHIRLEY 
22 CHURCH SERVICE ON TELEVISION	23 10:00 CHAIR EXERCISE 1:00 WALK THE HALLWAY 3:00 MANICURES	24 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 THANKSGIVING TRIVIA SNACKS AND DRINKS	25 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 GAMES AND PUZZLES	26 10:00 CHAIR EXERCISE 1:00 WALK THE HALL  <small>Thanksgiving Day (US)</small>	27 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 2:30 DOORWAY ROSARY  3:00 AFTERNOON SOCIAL/HAPPY HOUR	28 1:00 TAKE A WALK 3:00 BINGO WITH SHIRLEY
29 CHURCH SERVICE ON TELEVISION 	30 10:00 CHAIR EXERCISE 1:00 WALK THE HALL 3:00 ROOTBEER FLOATS SOCIAL 	 <p> November 2020 MANOR of the PLAINS A PMMA COMMUNITY </p>				

ASSISTING LIVING CALENDAR, ALL AACTIVITIES ARE WITH SOCIAL DISTANCING, UNTIL FURTHER NOTICE.