



MEMORY CARE TOUR CHECKLIST



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Take this handy checklist with you every time you visit a senior living community. It will help you ask the right questions, keep your notes together and is an easy way to compare communities side by side.

When it comes time to choose a senior living community with memory care or a specific level of care, you might feel overwhelmed by all the options available. When making a decision about what is right for your loved one, remember that each resident has different needs, preferences and desires that should be taken into account when selecting a memory care community.

When you are helping a loved one select a community, you should involve that person in the process if he or she is able. At the end of the day, you want to make sure it is a campus where they feel comfortable and where the focus is on resident needs. By planning ahead, you can ensure that your loved one will be provided with the highest quality of care and quality of life.

When choosing a memory care community, consider all the options. Written materials or websites can be useful tools for comparing your options. If possible, touring the senior living community and asking questions is the best way to determine a good fit. However, telephone interviews using this guide also can be effective. In the end, by researching and reviewing all aspects of care and services, experiencing success in recovery or transitioning to long-term care will be much easier.

At minimum, you should consider the following when making your decision:

- Campus location is convenient
- Environment is friendly and warm
- Meals are well-presented and delicious
- The tone and demeanor of employees is caring and helpful
- Amenities fit your or your loved one's lifestyles and needs

Enjoy your visit!

Community Name _____

Community Contact Person _____

Phone _____

Email _____

