


# UNDERSTANDING SENIOR LIVING

## INDEPENDENT LIVING



Apartments or town homes  
Usually pre-set monthly fee  
Dining services and housekeeping  
Scheduled transportation and activities  
Home Care can be arranged by resident if needed

## ASSISTED LIVING

24-hour assistance with daily tasks  
Range of care  
Scheduled transportation and activities  
Medication management




## MEMORY CARE

Specialized memory-related care  
Secure environment  
Specially trained staff



## REHAB & RECOVERY



Skilled nursing care to treat, manage, observe and evaluate care

*Examples: physical therapy, intravenous injections, wound care*

Med A Stay

## SKILLED NURSING

24-hour care  
Long-term and short-term

## RESPIRE / DAY SERVICES

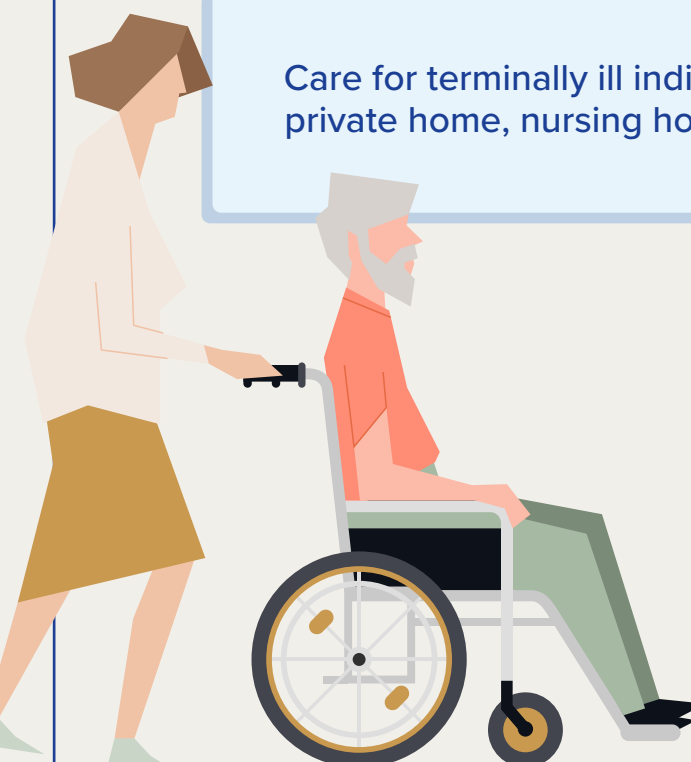
Short-term stay in Assisted Living or Skilled Nursing Center

Day Services are for one day (4 to 8 hours)

Respite typically is a 3–10 day stay



## HOSPICE



Care for terminally ill individuals in a private home, nursing home, hospice

## CCRC (Continuing Care Retirement Communities)

Life Plan Community

Includes all care options from independent living to skilled nursing in one location

Fees and contracts



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