

# Assisted Living

## **Assisted Living residences provide security and independence**

As people grow older, many find themselves struggling with day-to-day tasks that used to come easily. That is why our residents are often relieved to find how much more they enjoy life once they are free of these burdens.

At Manor of the Plains, we believe that everyone deserves a chance to pursue their own interests and enjoy life to its fullest. That is why we have designed our assisted living residences to enhance independence and freedom. Our community is a thriving, vibrant place where residents can be active, engaged and devoted to friends, family and the things they love every day. Our friendly, skilled staff perform a variety of services, from cooking and housekeeping to laundry, maintenance, mowing and more.

Because we realize that every resident is unique, our services are designed to meet each individual's specific needs and can be adjusted as needs change. We review each resident's care plan regularly to monitor whether additional services are needed, providing ongoing support.

## **A great place to call home**

Our comfortable accommodations are designed to make residents feel at home, while providing both privacy and 24-hour access to support services.

Living well is a priority at Manor of the Plains. That is why our inviting, well-maintained campus is designed as a peaceful retreat, providing plenty of space to spread out. Residents also enjoy a wide range of amenities only steps from their doors, including a library, hair salon, and transportation for shopping, cultural events or appointments. They also receive priority access to our health care center if they need a higher level of care.

## **Covered services include:**

- Three meals daily
- Healthy snacks
- Weekly housekeeping
- Weekly laundry
- Utilities (excluding telephone)
- Emergency call system
- 24-hour staff availability
- Activities, health programs and events
- Worship services
- Basic cable
- Wellness and exercise programs
- Wireless Internet

We also offer a range of additional services to meet assisted living residents' needs. Services not covered by the monthly fees will be charged on an as-used basis.



**MANOR** of the **PLAINS**

A PMMA COMMUNITY

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