



30 Duncan Street, Unit 400, Toronto, ON

Fax: [1-855-933-1211](tel:1-855-933-1211) | Call: [1-833-222-0084](tel:1-833-222-0084) | Email: hi@fieldtriphealth.com

Ketamine-Enhanced Psychotherapy: A New Treatment Option for Patients with Treatment Resistant Depression

Major depressive disorder, treatment resistant depression and bipolar disorder may affect a large proportion of your patients. While there exist a number of therapies for the treatment of these conditions, some limitations include delayed onset of action, and failure to achieve a positive response.

Ketamine, a glutamate N-methyl-D-aspartate (NMDA) receptor antagonist, on the other hand has been shown to possess rapid antidepressant properties, with improved symptomatology within 2 hours and duration of antidepressant effects for up to a week¹. Further, preliminary evidence suggests that when ketamine intervention is enhanced with psychotherapy, it may produce enduring benefits across a range of mental health disorders².

Overall, research on ketamine's mechanism of action is providing new hope in the search for therapies to target treatment-resistant depression and affords insights into disorders of glutamatergic dysfunction.

Based on this evidence, and with the support of KOLs from St. Michael's Hospital and CAMH, Field Trip Health is now offering ketamine-assisted psychotherapy to patients with treatment-resistant mental health conditions in its downtown Toronto clinic.

About Field Trip Health

At Field Trip Health, our goal is to be a leading voice in the mental wellness space. We are a private healthcare provider building mental wellness centers across Canada and the USA which will deliver intensive ketamine-enhanced psychotherapy, developed by leading psychiatrists and psychologists. For more information, please visit us at www.fieldtriphealth.com

Toronto Clinic: **30 Duncan Street, Unit 400**
fax: 1-855-933-1211 call: 1-833-222-0084
email: hi@fieldtriphealth.com
web: www.fieldtriphealth.com

¹ <https://www.ncbi.nlm.nih.gov/pubmed/32023492>
²

Referral for Ketamine Assisted Psychotherapy Treatment

Fax to:
1-(855) 933-1211

1. Patient Information

FIRST AND LAST NAME

HEALTH CARD# (include version code) or M / R / UCI#

VETERAN ID (if applicable)

DATE OF BIRTH (YYYY/MM/DD) GENDER

ADDRESS

CITY / PROVINCE / POSTAL CODE

TELEPHONE (home) (mobile)

PATIENT CARETAKER (if applicable)

Can a voicemail be left at this number
for an appointment: Yes | No

EMAIL ADDRESS

2. Health Information

PRIMARY COMPLAINT:

TREATMENT / MEDICATIONS USED:

PATIENT DIAGNOSIS AND SYMPTOMS:

IMPORTANT:

Include recent investigation and consultation reports.

PLEASE FAX ALL SUPPORTING DOCUMENTS TO 1-(855) 933-1211

A consultation appointment will be scheduled once **ALL** the requested documentation has been received and reviewed.

3. Referring Physician Information

FIRST AND LAST NAME

BILLING #

ADDRESS

CITY / PROVINCE / POSTAL CODE

TELEPHONE

FAX

PHYSICIAN SIGNATURE

4. Fax to: (855) 933-1211

Your patient will be contacted directly to schedule an appointment. A consultation report will be provided after the appointment.

T: 1-833-222-0034
fieldtriphealth.com



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