

## CONTENTS

|  |            |
|--|------------|
| <b>Part One – Biometry of visceral dynamics [1985].....</b>  | <b>5</b>   |
| Introduction.....  | 7          |
| 1. Purpose.....  | 7          |
| 2. Means.....  | 7          |
| 3. Methodology.....  | 7          |
| The visceral software “deltadyn®”.....   | 16         |
| <b>Chapter I – Gastrointestinal dynamics.....</b>  | <b>19</b>  |
| The examinations.....  | 21         |
| A. Radiological examinations of the gastrointestinal tract.....  | 21         |
| B. Sources of error.....   | 22         |
| C. Visceral dynamics.....  | 36         |
| Biometric analysis of gastrointestinal dynamics.....   | 39         |
| 1. The stomach.....  | 40         |
| 2. The duodenum {Fig. 5 & 6}.....  | 43         |
| 3. The jejunum-ileum {Fig. 7 & 8}.....   | 49         |
| 4. The colon {Fig. 9 & 10}.....  | 52         |
| <b>Chapter II – The dynamics of the liver, the spleen, the kidneys and the pancreas.....</b>                               | <b>59</b>  |
| Ultrasonographic examinations.....   | 60         |
| 1. Sources of error.....   | 60         |
| 2. Seeking errors.....   | 64         |
| 3. Methodology.....  | 69         |
| 4. Results.....  | 70         |
| <b>Conclusion.....</b>   | <b>77</b>  |
| <b>Biometric analysis of the ultrasonographic examinations of the liver, the pancreas, the kidneys and the spleen.....</b> | <b>78</b>  |
| 1. The liver.....  | 79         |
| 2. The kidneys.....  | 82         |
| 3. The pancreas.....   | 84         |
| 4. The spleen.....   | 90         |
| <b>Abdominal visceral dynamics – Recapitulation.....</b>   | <b>92</b>  |
| The gastrointestinal tract.....  | 93         |
| The Liver – The Kidneys – The Pancreas – The Spleen.....   | 97         |
| Frontal plane.....   | 98         |
| Sagittal plane.....  | 99         |
| <b>Part Two - A functional model.....</b>  | <b>101</b> |
| The diaphragm is the respiratory muscle !.....   | 102        |
| The “accessory” muscles of breathing - “accessory” ?.....  | 112        |
| The theory of the “central tendon”.....  | 116        |
| The diaphragm = 2 muscles !.....   | 118        |
| Mechanical implications linked to the shape of the diaphragm.....  | 125        |
| Diaphragm and posture.....   | 128        |
| The diaphragm, transversus abdominis, pelvic floor and multifidus muscles.....   | 133        |
| The intercostal, scaleni, sternocleidomastoid and trapezius muscles.....   | 142        |
| The diaphragm : its origin and evolution.....  | 144        |
| Abdominal pressure.....  | 150        |
| The sacroiliac joint.....  | 169        |
| A dysfunctional model.....   | 182        |
| Discussion.....  | 207        |
| Epidemiology.....  | 210        |

**The “Pressure Columns” Model  
 (“Modèle Pressif Finet- Williame©”).....214**

|   |     |
|---|-----|
| Strategy.....   | 222 |
| Visceral hypersensitivity.....  | 224 |
| Stiffness.....  | 234 |
| “Dose and time dependent” : The extra cellular matrices.....  | 238 |
| Pressure and phenotype.....   | 244 |
| The iliopsoas muscle.....   | 245 |
| Asymmetry and the psoas.....  | 250 |
| On the subject of feet.....   | 254 |
| <b>As regards “Visceral Slide” – {an opportunity for discussion<br/>with the medical world!}.....257</b>  |     |
| Lumbago and visceral dysfunctioning.....  | 265 |
| Regarding the vagus nerve.....  | 273 |
| Pab and intracranial pressure.....  | 284 |
| The muscular series : sternocleidomastoid, masseter and<br>temporal muscles.....  | 297 |
| As regards pressure-related interactions {"Reports Pressifs©"}:<br>the multiple compartment syndrome.....   | 302 |
| Visceral dynamics and homeostasis.....  | 305 |
| <b>Part Three - The Finet-Williame procedure©.....307</b>   |     |
| Palpation methodology.....  | 308 |
| “The technique – test” .....  | 311 |
| Palpatory analysis of the posturo-respiratory muscles series :<br>Methodology.....  | 314 |
| Techniques of normalizing the series of posturo-respiratory<br>muscles.....   | 358 |
| Normalization of cranial tensions.....  | 377 |
| Muscular and joint normalizations of the lower limb.....  | 385 |
| Normalization of the thorax.....  | 392 |
| Normalization of the sacroiliac joint.....  | 396 |
| An analysis of the correlations between the displacements of<br>all the gastrointestinal segments or in other words a study for<br>“a pressure model©”..... | 399 |
| The Sphincters of the oesophagogastrintestinal tract.....   | 419 |
| Perturbations in the visceral dynamics and visceral<br>dysfunctions.....  | 433 |
| An introduction to the study of perturbations of the<br>dynamics.....   | 437 |
| Colic symptomalogies.....   | 454 |
| General conclusions.....  | 461 |
| Intrinsic dynamics.....   | 463 |
| Statistical study of intrinsic dynamics.....  | 465 |
| <b>Visceral dynamics and normalizations.....483</b>   |     |
| Research of the pressure columns -The tests.....  | 489 |
| Tests and normalizations of visceral pressure columns©<br>("Colonnes de pression©").....  | 493 |
| Locating a left pressure column©.....   | 494 |
| Locating a right pressure column©.....  | 498 |

|   |            |
|---|------------|
| <b>The visceral zones - Tests and normalizations.....</b>   | <b>503</b> |
| Stomach .....   | 504        |
| Duodenum .....  | 506        |
| Jejunum-Ileum .....   | 515        |
| Caecum-ascending colon .....  | 517        |
| Ascending colon-hepatic angle-right transverse colon .....  | 520        |
| Transverse colon .....  | 523        |
| Left transverse colon -descending and iliac colon .....   | 525        |
| Descending and iliac colon .....  | 527        |
| Sigmoid .....   | 529        |
| The peritoneal zones - Tests and normalizations.....  | 531        |
| The sphincteral zones - Tests and normalizations.....   | 547        |
| Normalizations of intrinsic dynamics.....   | 557        |
| <br>  |            |
| <b>Tests and normalizations of the liver, kidney, spleen and<br/>pancreas visceral zones.....</b> | <b>568</b> |
| <br>  |            |
| Bibliography.....   | 586        |

## **DVD Methodology / The sphincters**