



PAINLESS

PATIENT FACTSHEET

TITLE

# Day Stay: Protective Measures During COVID-19.

SUMMARY

Fortunately, with thorough precautionary measures, pain procedures are proceeding in private hospitals in Western Australia. This factsheet details the precautionary and protective measures being taken by our hospitals, as well as additional requirements from Painless.

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1300 429 511

WEB

[www.painless.health](http://www.painless.health)

## MEASURES WE'RE TAKING

Amid the coronavirus pandemic, we have implemented new policies to protect your health and safety. All your Painless practitioners will be taking the following precautionary and preventative measures:

- Practicing strict social distancing measures; avoiding public spaces, group gatherings or close contact with anyone not practising strict social distancing.
- Practicing rigorous personal hygiene.
- Body temperature monitoring.
- Use of personal protective equipment (PPE), including masks and eye coverings.

## MEASURE WE REQUIRE YOU TAKE

### BEFORE YOUR PROCEDURE

Before undergoing your procedure, we require that you practice strict social distancing, avoiding all public spaces, for 14 days. We asked that you monitor your health closely during this time. If you develop any of the following symptoms, please contact our team as soon as possible:

- Cold or flu-like symptoms
- Dry cough
- Fever
- Sore throat
- Difficulty breathing

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	PHONE 1300 429 411	FAX 1300 429 511	WEB <a href="http://www.painless.health">www.painless.health</a>	

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## AT THE HOSPITAL

The day of your procedure, please take the following precautionary measures:

- Wear a clean mask (homemade masks, with freshly washed cloth, is recommended).
- Wear sanitised eyeglasses.
- Carefully follow all personal hygiene instructions outlined in the Painless Day Stay Guide, taking extra care while performing your pre-procedural chlorhexidine wash.
- Practice strict hand hygiene in the hospital (after completing admission forms or touching surfaces).
- If you are being driven or accompanied to the hospital by a loved one, ensure this individual also practices strict social distancing and personal hygiene precautions.

If you have any concerns or questions, please do not hesitate to reach our team via email at [support@painless.health](mailto:support@painless.health) or via phone on 1300-429-411. We are here to help.