2024 SPRING & SUMMER PROGRAM GUIDE

Adult Softball Aqua Aerobics Community Pools Dance Fly Fishing **Football Gymnastics** Kickball **Performing Arts Photography** Pottery **Recreation Centers** Senior Programs Sign Language Soccer **Special Events Summer Day Camps Swim Lessons Swim Team Tennis** Yoga

....and more!

PARKSREC.COM





OUR MISSION

To enhance the quality of life by providing diverse recreational and healthy lifestyle opportunities.

STAFF

ADMINISTRATIVE OFFICE

Joe Huff, CPRP, Executive Director Chris Clark, CPRP, Assistant Director Connie Ball, Administrative Assistant Kelly Forster, CPRP, Superintendent of Recreation Hunter Harmon, Office Assistant Will Hubbs, Program Coordinator Leann McKenzie, Human Resources Leanna Millard, Business Manager Missey Wright, Recreation Specialist

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Todd Compton

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Danny Yates



316 S. Everett High Rd., Maryville, TN 37804

865-983-9244

Office Hours: Monday - Friday 8:00 AM - 5:00 PM

Email Address: info@parksrec.com

WWW.PARKSREC.COM

POLICY STATEMENT

The Parks and Recreation Commission does not discriminate on the basis of race, color, national origin, sex, religion, age, genetic information or disabling condition in employment opportunities or in the provision of parks and recreation services.

In accordance with the requirements of the Title II of the Americans with Disabilities Act of 1990 ("ADA"), the Recreation and Parks Commission of Maryville-Alcoa-Blount County will not discriminate against qualified individuals with disabilities on the basis of disability in its services, programs, or activities.







REGISTER FOR PARKS & REC PROGRAMS ONLINE AT WWW.PARKSREC.COM

After Hours Drop Box and **On-Line Registration Available**

If you are unable to visit the Parks & Rec Office during regular business hours, you may use our secure drop box located on the side of the building or on-line registration at www.parksrec. com to submit registrations and payments.

Refund Policy for Programs

Refunds may be given up to five (5) working days prior to the beginning of each program. If your cancellation causes the participation number to fall below the required class minimum, the refund will be contingent upon the vacancy being filled. After programs begin, refunds will be made for the following reasons only: 1) Illness or Injury 2) Moving from the Blount County area 3) Cancellation of the program by Parks & Rec. Refunds will be prorated according to the number of classes/ activities already held. All refunds are subject to a \$5.00 administrative fee, unless the program has been cancelled by Parks & Rec. Please note that if the program is cancelled or if you choose to withdraw from the activity and you registered on-line, the on-line transaction fee is non-refundable.

Leon Berrong Scholarship Program

Program scholarships are available for children who qualify. The Leon Berrong Scholarship Fund was established in 2005 to allow disadvantaged children to be able to participate in Parks & Rec programs. If you have questions, would like additional information, or would like to make a donation, please contact our office at 865-983-9244.

PARKS AND RECREATION COMMISSIONERS

Blount County Representatives

Brad Bowers Nelson Russell

City of Alcoa Representatives

Frank Cameron Tracey Cooper

City of Maryville Representatives

Dallas Monroe

Andy White, Chairperson At Large Representative

Keri Prigmore, Vice-Chairman

Join Parks & Rec as a concession worker, score keeper, or sports official

Concessions Worker





Score Keeper





Sports Official







www.parksrec.com

COMMUNITY **SWIMMING POOLS**

Maryville-Alcoa-Blount County Parks & Recreation offers two outdoor pools:

JOHN SEVIER POOL

1998 Seguovah Avenue Maryville, TN 37804

WILL OPEN MAY 17



SPRINGBROOK POOL

636 Vose Road Alcoa, TN 37701

WILL OPEN MAY 24



Both pools will close August 4 however John Sevier will remain open one additional weekend August 10 & 11.

	<u> IVIUNDAY - FRIDAY</u>	SATURDAY	SUNDAY
SPRINGBROOK	12 - 7 PM	11 Am - 6 PM	12 PM - 6 PM
JOHN SEVIER	12 - 6 PM	11 AM - 6 PM	12 PM - 6 PM

POOL ADMISSION FEES

	Daily Admission	<u>Season Pass</u>
Students Ages 3-18	\$4.00	\$75.00
Adults Ages 19 & Older	\$5.00	\$85.00
Sr. Adults Ages 55 & Older	\$4.00	\$60.00
Spectators	\$4.00	
Family of 2 Season Pass		\$125.00
Additional Family Members Family pass members must all liv	\$30.00 each	
Pool Pass Replacement Fee		\$5.00 each
Pool Pass Lamination Fee		\$1.00 each

Lap Swim Time

During pool season, John Sevier Pool is open for lap swim on Saturdays from 10:00-11:00 AM. Only those wishing to lap swim will be allowed in the pool during this time.

Private Parties

Pools are available for private party rentals after normal operating hours. Call 865-983-9244 for costs and availability. We begin taking reservations April 1st of each year (if the 1st falls on a week-end, we'll begin the following Monday).

AQUATIC PROGRAMS



PRE-REGISTRATION IS REQUIRED FOR ALL AQUATIC PROGRAMS!

SWIM LESSONS

Call classes are held Monday through Thursday for two weeks. Fridays will be used for make-up days in the event of inclement weather during the week.

RIGHT START SWIM CLASSES

Designed for 3-5 year-olds.

Each child will receive 25 minutes of instruction in water exploration, floating, kicking, and arm strokes along with advanced skills for those swimmers who are ready. There will also be 25 minutes of parent/child swim time to review what they've learned.

Dates & Times

Session 1: May 20-30, 2024 6:00-6:50 PM

Class will be held on Memorial Day

Session 2: June 3-13, 2024 6:00-6:50 PM

Session 3: June 17-28, 2024 6:00-6:50 PM

Session 4: July 1-11, 2024

6:00-6:50 PM

Class will be held on July 4th

Location: John Sevier Pool

Cost: \$75.00 for 8-class session

BEGINNER LEARN TO SWIM CLASSES

Designed for beginner swimmers Age 5 & older

Basic water skills such as floating, kicking, freestyle, and diving are introduced. Participants are grouped according to ability with instruction in 4 levels of swimming skills offered.

Dates & Times

Session 1: May 20-30, 2024 7:00-7:30 PM 7:30-8:00 PM 8:00-8:30 PM

Class will be held on Memorial Day

Session 2: June 3-13, 2024 7:00-7:30 PM 7:30-8:00 PM 8:00-8:30 PM

Session 3: June 17-28, 2024 7:00-7:30 PM

7:30-8:00 PM

8:00-8:30 PM Session 4: July 1-11, 2024 7:00-7:30 PM

> 7:30-8:00 PM 8:00-8:30 PM

Class will be held on July 4th

Location: John Sevier Pool

Cost: \$75.00 for 8-class session

ADVANCED SWIM CLASSES

Class Criteria: Participants must be able to dive into deep water, swim 10 vards, float on their back, then swim 10 more yards. Participants should also be proficient in 2 arm strokes. Instruction in 3 levels of swimming skills is offered for students Ages 6 & up.

Dates & Time

Session 1: June 3-13, 2024 8:00-8:30 PM

Location: John Sevier Pool Cost: \$75.00 for 8-class session

FLYING DOLPHINS SWIM TEAM

Maryville-Alcoa Flying Dolphins (MAFD) is a summer swim team with swimmers ranging from Ages 6 to 18. We are an active member of GKAISA (Greater Knoxville Area Interclub Swimming Association) and work in cooperation with Maryville-Alcoa-Blount County Parks & Recreation. We swim at Springbrook Pool, offering both morning and evening practices to meet your family's needs. For safety reasons, all team members must be able to swim a minimum of 25 yards on their own to be on the team. We are a competitive team focusing on developing proper stroke technique, increasing endurance and speed, while learning the importance of teamwork and sportsmanship in a fun, supportive environment. Cost is \$115 per swimmer, and \$100 for each additional sibling. Members of the Flying Dolphins also receive a 15% discount on season family pool passes. More information about MAFD, including evaluation details for new swimmers, can be found on the team website at www.

AQUA AEROBICS

flyingdolphins.org

Aqua Aerobic classes, which provide the benefits of regular aerobics but with the fun and pleasure of water and music, are available to Ages 14 & up.

Water shoes are recommended.

Dates:

Session 1: Mondays & Thursdays, June 3-27, 2024

(No class June 20 & 24th)

Session 2: Mondays & Thursdays,

July 1-22, 2024 (No class July 4th) Rain Date: July 25

Times:

7:00-8:00 PM

After the pool closes to the public

Location: Springbrook Pool

Cost: \$52.00 for 6-class session

Instructor: Kate Connolly









LIFEGUARD CERTIFICATION AND RE-CERTICATION COURSES

Parks & Rec is currently scheduling lifeguard certification courses for people who want to work as a Parks & Rec Lifequard at John Sevier and Springbrook Pools this summer. The minimum age requirement for this course is 15 years old.

The following swimming skill prerequisites are required to complete this course, and a pre-requisite test is given at the beginning of the in-the-pool session. Pre-requisites include:

Pre-requisite 1: Complete a swim-tread-swim sequence without stopping to rest:

Jump into the water and totally submerge, resurface, then swim 150 yards using the front crawl, breaststroke or a combination of both. (Swimming on your back or side is not permitted. Swim goggles are allowed).

Maintain position at the surface of the water for 2 minutes by treading water using only your legs.

Pre-requisite 2: Complete a timed event within 1 minute, 40 seconds:

Starting in the water, swim 20 yards. (Your face may be in or out of the water. Swim goggles are not allowed).

Surface dive (feet-first or head-first) to a depth of 7-10 feet to retrieve a 10-pound object.

Return to the surface and swim 20 yards on your back to return to the starting point, holding the object at the surface with both hands and keeping the face out at or near the surface.

The course requires the completion of a 7-8 hour online course prior to the classroom and in-the-pool training time. Proof of completion of the online course (printed certificate) will be required to be admitted to the remainder of the total course. Classroom and in-the-pool training dates are listed below. There is a choice of four date options. A few days before the course you have chosen, you will receive an email reminder about your course and information on what you will need to bring to each session.

You may register online at anytime or in person at the Parks & Rec Office. Monday-Friday, 8AM - 5PM. After you register, the access link to the online training will be provided by email. Make sure the email address you provide when you register is correct and one that you check often. Please allow a minimum of 24 hours after you register to receive this link. If you register online over the week-end, your payment will not be processed until Monday and you may not get the access link until Tuesday.

There will be several short snack breaks during class time each day. Participants should bring their own snacks.

THOSE REGISTERING FOR THE "NEW PARKS & REC LIFEGUARD" **COURSES, MUST ALSO FILL OUT** AN APPLICATION ON THE "JOBS" PAGE OF OUR WEBSITE WWW.PARKSREC.COM.

COST OF COURSES:

*\$90 for new Parks & Rec Lifeguards

*Lifeguards who worked for Parks & Rec in 2023 may re-certify in this course for \$45.

*Those who don't want to work for Parks & Rec may take the course for \$175.

*The certification is good for 2 years.

SESSION 1: FEBRUARY 23-25, 2024

Deadline to register: February 19.

Classroom: Friday, February 23, 5:00-8:00 p.m. at the Parks & Rec Office, 316 S. Everett High Road,

In-the-Pool: Saturday, February 24, 3:00-9:00 p.m. and Sunday, February 25, 12:00-5:00 p.m. at the Green Meadow Country Club enclosed pool, 1700 Louisville Road, Alcoa.

SESSION 2: MARCH 15-17, 2024

Deadline to register: March 11.

Classroom: Friday, March 15, 5:00-8:00 p.m. at the Parks & Rec Office, 316 S. Everett High Road, Maryville.

In-the-Pool: Saturday, March 16, 3:00-9:00 p.m. and Sunday, March 17, 12:00-5:00 p.m. at the Green Meadow Country Club enclosed pool, 1700 Louisville Road, Alcoa.

SESSION 3: APRIL 26-28, 2024

Deadline to register: April 22.

Classroom: Friday, April 26, 5:00-8:00 p.m. at the Parks & Rec Office, 316 S. Everett High Road, Maryville. In-the-Pool: Saturday, April 27, 3:00-9:00 p.m. and

Sunday, April 28, 12:00-5:00 p.m. at the Green Meadow Country Club enclosed pool, 1700 Louisville Road, Alcoa.

SESSION 4: MAY 20-21, 2024

Deadline to register: May 13.

Classroom & In-the-Pool: Monday, May 20, 8:00 a.m. - 5:00 p.m. and Tuesday, May 21, 8:00 am. - 5:00 p.m. at Springbrook Pool, 636 Vose Road, Alcoa.



Lifeguard Training course schedule listed above. Register online at www.parksrec.com

SPECIAL EVENTS

VISIT OUR WEBSITE AT WWW.PARKSREC.COM FOR NEW PROGRAMS AND EVENTS THROUGHOUT THE YEAR

2024 ANNUAL HEALTHY BLOUNT TRIPLE CROWN OF RUNNING





This 26th annual event consists of the Spring Sprint (April 13), the Scholars Run (July 27), and the Reindeer Run (December 8). To be eligible for the Triple Crown cash awards and a special memento, participants must compete in all three races. To be eligible to win door prizes valued at a minimum of \$50.00 each, participation in two races is required. Both runners and walkers at each event are eligible for great door prizes.

Register for all 3 races of the Triple Crown prior to the Spring Sprint and save at least \$15 when you receive a \$5 or more discount off the entry fee of each race. To register, go to https://runsignup.com/Race/ TN/Alcoa/MaryvilleParksandRec **TripleCrownofRunning**

Best discount ends 4/1/24, but others are available until 4/13/24.

SPRING SPRINT 5K ROAD RACE & 1-MILE FUN RUN/WALK

This is the first event of the 2024 Healthy Blount Triple Crown of Running and is a 5K (3.1 miles) road race and 1-mile fun run/walk. Visit our website at https:// www.parksrec.com/special-events/triplecrown-running for course map. Awards are given to the Overall and Masters winners, and the top three finishers in each age division in the 5K. All Fun Run/ Walk participants receive a keepsake. A portion of the proceeds benefit Blount County's Area 15 Special Olympics and the Leon Berrong Scholarship Fund that allows underprivileged children to participate in recreational programs.





Date: Saturday, April 13, 2024

Time:

Day of race check-in: 7:15-8:00 AM. Day of race pick-up closes at 8 AM. Bibs assigned on-site.

5K Race: 8:30 AM

1-Mile Fun Run/Walk: 9:15 AM

Location: Springbrook Recreation Center, 1537 Dalton St., Alcoa

Registration & Cost:

Individuals may register at Parks & Rec at 316 S. Everett High Rd in Maryville or online at https://runsignup.com/Race/TN/ Alcoa/SpringSprintTN as follows:

Fee includes T-shirt, add \$2.00 for XXL \$4.00 Discount for No shirt.

5K Race:

Students (18 & under): \$22.00 thru 4/8/24 4/9 thru day of race \$25.00 Adults: \$30.00 thru 4/1/24 4/2-4/8 \$35.00 4/9 thru day of race \$38.00

1 Mile Fun Run/Walk: (Non-chipped time & designated bibs not allowed in 5K)

\$17.00 thru 4/8/24 4/9 thru day of race \$20.00

Day of race registration and packet pick-up:

7:15-8:00 AM. Day of race pick-up closes at 8 AM. Bibs assigned on-site.

Pre-Race Packet Pick-up:

Thursday, April 11th from 5-7 PM at Dick's Sporting Goods in Alcoa or day of race. Bibs assigned at pick-up.

SCHOLARS RUN 5K ROAD RACE & 1-MILE FUN RUN/WALK

This event is a 5K (3.1-mile) road race and 1-Mile Fun Run/Walk and is the second event of the Healthy Blount Triple Crown of Running. The race begins and ends on the Marvville College campus, with a certified course. Visit our website at https://www.parksrec. com/special-events/triple-crown-running for course map. Awards are given to the Overall and Masters winners, and the top three finishers in each age division in the 5K. All Fun Run/Walk participants receive a keepsake. A portion of the proceeds benefit the Blount County Food Connection.

Date: Saturday, July 27, 2024

Location: Maryville College Cooper Athletic Center

Time:

Day of race check-in: 6:45-7:30 AM. Day of race pick-up closes at 7:30 AM. Bibs assigned on-site.

5K Race: 8:00 AM

1-Mile Fun Run/Walk: 8:45 AM

Registration and Cost:

Individuals may register at Parks & Rec at 316 S. Everett High Rd in Maryville or online at https://runsignup.com/Race/TN/ Maryville/ScholarsRun as follows:

Fee includes a T-shirt, add \$2.00 for XXL. \$4.00 Discount for No shirt.

5K Race:

Students (18 & under): \$22.00 thru 7/22/24 7/23 thru day of race \$28.00 Adults: \$30.00 thru 7/15/24 7/16-7/22 \$35.00 7/23 thru day of race \$38.00

1 Mile Fun Run/Walk: (Non-chipped time & designated bibs not allowed in 5K)

\$17.00 thru 7/22/24 7/23 thru day of race \$20.00

Day of race registration and packet pick-up:

6:45-7:30 AM. Day of race pick-up closes at 7:30 AM. Bibs assigned on-site.

Pre-Race Packet Pick-up

Thursday, July 25th from 5-7 PM at Dick's Sporting Goods in Alcoa or day of race. Bibs assigned at pick-up.









REINDEER RUN 5K ROAD RACE & 1-MILE FUN RUN/WALK

This run, which is the final leg of the Healthy Blount Triple Crown of Running, is a 5K (3.1 mile) road race and 1-Mile Fun Run/Walk. Visit our website at https:// www.parksrec.com/special-events/triplecrown-running for course map. Awards are given to the Overall and Masters winners and the top three finishers in each age division. All Fun Run/Walk participants receive a keepsake. Prizes will also be given to the best male and female Christmas costume. The Triple Crown of Running awards ceremony will also take place at this event. A portion of the proceeds from this event will go to the Empty Pantry Fund.

Date: Sunday, December 8, 2024

"Check-In" Location:

Greenbelt Amphitheater

Time:

Day of race check-in: 12:45-1:30 PM. Day of race pick-up closes at 1:30 PM. Bibs assigned on-site.

5K Race: 2:00 PM

1-Mile Fun Run/Walk: 2:45 PM

Registration and Cost:

Individuals may register at Parks & Rec at 316 S. Everett High Rd in Maryville or online at https://runsignup.com/Race/TN/ Maryville/ReindeerRun as follows:

Fee includes a T-shirt, add \$2.00 for XXL. \$4.00 Discount for No shirt.

5K Race:

Students (18 & under): \$22.00 thru 12/2/24 12/3 thru day of race \$28.00 Adults: \$30.00 thru 11/25/24 11/26-12/2 \$35.00 12/3 thru day of race \$38.00

1 Mile Fun Run/Walk:

(Non-chipped time & designated bibs not allowed in 5K) \$17.00 thru 12/2/24 12/3 thru day of race \$20.00

Day of race registration and packet pick-up:

12:45-1:30 PM. Day of race pick-up closes at 1:30 PM. Bibs assigned on-site.

Pre-Race Packet Pick-up

Thursday, December 5th from 5-7 PM at Dick's Sporting Goods in Alcoa or day of race. Bibs assigned at pick-up.



DUCK POND FISHING DERBY FOR KIDS

This event for Ages 3-15 is held in sponsorship with TWRA, Wal-Mart, and other area organizations. Trophies are awarded in each age division for the largest fish and the most fish caught. Overall event winner for each category will receive a trophy as well. All participants receive a goody bag and are eligible to win door prizes including a grand prize. A fun and games area will also be available after weigh-in.

Date:

Saturday, June 8, 2024 (Rain Date: June 9 1:00-5:30 PM)





Time: 8:00 AM - 1:00 PM Location: Alcoa Duck Pond

Registration:

Pre-register on-line at www.parksrec. com or at the Parks & Rec office through 3:00 PM Friday before the event.

Registration also taken on-site the day of the event from 7:00-8:00 AM.

Everyone must check-in at the Registration Tent the morning of the

Cost: \$8.00 pre-registration \$12.00 day of the event

SMOKY MOUNTAIN CLASSIC SOFTBALL **TOURNAMENT**

This year's "Smoky" will feature the top-ranked teams in the United States. Comparable to football's Super Bowl, basketball's Final Four, and baseball's World Series, the Smoky Mountain Classic is considered the premier softball tournament in the country. The tournament is sponsored by Louisville Slugger, The Daily Times, Blount Partnership, Red Athlete and DeMarini. To kick-off the tournament, join us for a special event on Thursday prior to the tournament at Sandy Springs Park beginning at 5:30 PM. Visit our website at https://www.parksrec.com/special-events/ smoky-mtn-classic for more information closer to the event.

Dates: July 12, 13 & 14, 2024 Location: Sandy Springs Park

Admission Cost: Friday \$7.00

Saturday \$7.00 Sunday \$5.00

PAWS IN THE POOL

Welcome to the 3rd annual "Paws in the Pool" dog festival at Springbrook Pool. Dogs MUST be good swimmers or wear a dog lifejacket if needed (none will be provided). For more detailed information, visit www.parksrec.com.

Date:

Saturday, August 10, 2024 (Rain Date: August 11 1:00-5:00 PM)

Time: 9:00 AM - 1:00 PM Large dog check-in opens at 8:30 AM

(Over 40 lbs) Available Swim Time: 9:00-10:30 AM

Small dog check-in opens at 10:45 AM (Under 40 lbs) Available Swim Time: 11:15 AM - 12:45 PM

Location:

Springbrook Pool, 636 Vose Road, Alcoa

Cost:

\$5.00 per dog if pre-registered by Noon the Friday before the event

\$8.00 per dog day of event

Cost includes dog swimming in chlorinated pool, dog goodies, on-site vendors, and an event keepsake for dogs.



SONGS BY THE BROOK CONCERT SERIES

A free summer concert series held during the months of August and September in Springbrook Park. The series will focus on Americana, folk, and blues genres featuring performances by regional and local musicians. Springbrook is a beautiful park in the Alcoa community with trails, playgrounds, tennis courts, and a recreation center. A perfect setting for outdoor summer concerts! You can relax and enjoy the music, then walk

around and visit with some of the on-site vendors. Visit www.parksrec.com for more information.

Dates & Time:

August 8 & 22 and September 5, 2024 from 6:00-9:00 PM

Concerts will be rescheduled in the event of inclement weather.

Location: Springbrook Park

Cost: Admission FREE!

Food vendors will be available on-site for food purchases.

BLOUNT COUNTY SPECIAL OLYMPICS

Blount County Special Olympics Program is open to Blount County citizens Age 8 years & older. The ultimate goal of this program is to help persons with intellectual disabilities participate as productive and respected members of society at large, by offering them fair opportunities to develop and demonstrate their skills and talents through sports training and competition, and by increasing public awareness of their capabilities and needs.

Schools and centers throughout Blount County participate in these events. However, any person whose school or center does not participate OR any adult who does not attend a school or center is eligible to compete as an independent athlete.

ANNUAL EVENTS INCLUDE:*

Winter Games - January 28-30, 2024 - Ober Gatlinburg

Basketball - February 21, 2024 -Heritage High School

Track & Field - April 10, 2024 - Heritage High School



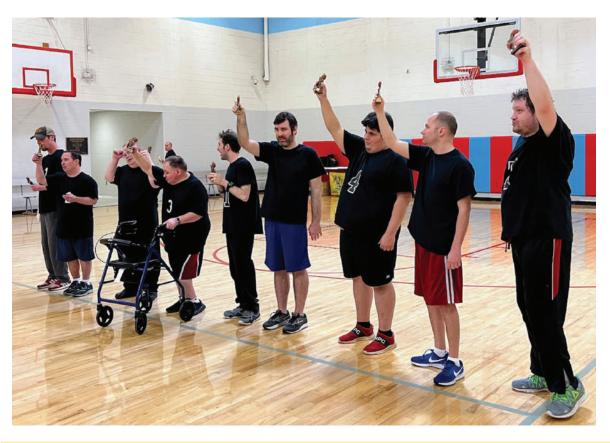
Powerlifting – Date and location to be announced.

*All dates are tentatively set. Please call one month prior to event to confirm 983-9244.

Special Olympics Volunteers

Volunteers are always needed to provide many types of assistance during Special Olympic events. Potential volunteers should keep in mind that all competitions are held during regular school/work hours. If you would like more information regarding confirmed event dates or ways you can contribute your time or financial resources, please contact Will Hubbs at 865-983-9244 or will@parksrec.com.







All instruments June 17-21

(ages 7-18) 9:30 am-12:30 pm

(\$10 discount if pd by April 30, 2024) \$260

Guitar Camp I (ages 7-adult), June 11-13 5-6pm, \$150

Guitar Camp II (ages 7-adult), July 9-11 5-6pm, \$150

\$260 Ukulele Camp I (ages 7-adult), June 11-13 4-5pm, \$150

July 15-19

(ages 7-18)

9:30 am-12:30 pm

(\$10 discount if pd by May 31, 2024)

Ukulele Camp II (ages 7-adult), July 9-11

Art Camp I

June 24-28, 10 am-12pm \$160

Art Camp II July 8-12, 10 am-12pm

\$160



865-207-5195



1922 E. Lamar **Alexander Pkwy.** Maryville, TN 37804

email: contact@fineartsconnection.school online: www.fineartsconnection.school

JUST FOR KIDS

VISIT OUR WEBSITE AT WWW.PARKSREC.COM FOR NEW PROGRAMS AND EVENTS THROUGHOUT THE YEAR

PRE-REGISTRATION IS REQUIRED FOR MOST PROGRAMS!

TACKLE FOOTBALL

Grasshoppers - Ages 6 ½ - 8 PeeWees - Ages 8-10 Midgets - Ages 10-12

- Registration is taken in late January and mid-June depending on availability (teams can take up to 35 players). Please watch for team advertisements regarding registration in the Sports Section of The Daily Times and on social media.
- Spring practice is held February through April.
- Fall practice begins mid-July and continues until the start of the season.
- Jamborees are normally scheduled in early August with the season beginning the following week. The Super Bowl, which concludes the season, is held in early October.
- Visit our web site, https://www. parksrec.com/recreation-program/sports/ youth-football, for information regarding teams in your area.

FLAG FOOTBALL

This program is available for boys and girls Ages 6-12.

Registration: July 8 - August 2, 2024

Cost: \$93.00 includes game jersey
An optional picture package is available for \$18.00 extra if purchased at time of registration, \$20.00 if purchased day of pictures.

- Games will be played on Sunday afternoons at the Everett Athletic Complex beginning September 8th and will continue for 7 weeks. We are tentatively planning to take off October 6th for Fall Break.
- Children will begin practicing two weeks prior to the start of the season and will practice 2 times per week. Once the season begins, only 1 practice will be held per week on Sundays prior to games.
- Children are placed on teams according to an evaluation and their age. Ages 9-12 are drafted.
- Age groups are subject to change due to enrollment. Age groups are tentatively set as 6-8 and 9-12.
- Mouth guards and shorts with no pockets are required.



YOUTH SOCCER

Parks & Rec offers two youth soccer seasons each year; in the spring and fall for boys and girls Ages 4-16. Two programs are offered: Soccer for Fun for 4 year-olds and Youth Soccer for Ages 5-16 (please see additional information regarding each league below).

SOCCER FOR FUN FOR 4 YEAR-OLDS

Soccer for Fun is a fundamental, noncompetitive approach to the game of soccer and a great way to introduce your child to this popular sport. Children are randomly divided into groups, and will be involved in drills in addition to playing small-sided scrimmage games for one hour one day per week for 6 weeks. Shin guards are required. Limited space available!

Registration Dates:

Spring Season:
January 22 – February 23, 2024
(first-come/first-served until full)
Fall Season: July 1 – August 2, 2024
(first-come/first-served until full)

Beginning Dates:

Spring season is tentatively scheduled to begin April 6.

Fall season is tentatively scheduled to begin September 14.

Both seasons are 6 weeks long.

Time: 9:00-10:00 AM on Saturdays

Location: Everett Athletic Complex

Cost: \$78.00 includes game jersey

+ \$18.00 for pictures which is totally optional, \$20.00 if purchased the day of pictures

Late registration is \$5.00 extra and on a space available basis

Instructor: Geoff Hamm

SOCCER FOR AGES 5-16

Be a part of the world's most popular sport! Youth soccer is an excellent way to develop motor skills. Each participant will play in every game.

Registration Dates:

Spring Season: January 22 – February 23, 2024 (first-come/first-served until full)

Fall Season: July 1 – August 2, 2024 (first-come/first-served until full)

Beginning Dates:

Spring season is tentatively scheduled to begin April 6 and will continue for 6 weeks.

Fall season is tentatively scheduled to begin September 7 and will continue for 7 weeks.

Time: Game times will vary from early morning to mid afternoon.

Location:

Everett Athletic Complex and Pearson Springs Park

Cost: \$78.00 includes game jersey

- + \$18.00 for pictures which is totally optional, \$20.00 if purchased the day of pictures
- **Late registration is \$5.00 extra and on a space available basis**
- Children will practice 1-2 times per week, which begins several weeks prior to the season at an area park.
- Children are placed on teams according to their age (as of April 1 in the spring and as of September 1 in the fall) and their school.
- Children Ages 5-12 will be placed on an all-boys/all-girls team. Ages 13-16 play co-ed.
- Ages 5-6 will play "small-sided" soccer.
- Shin guards are required.

T-BALL, BASEBALL **AND SOFTBALL**

Parks & Rec does not offer T-ball or baseball for youth, these sports are offered through area little leagues. Contacts and phone numbers for those organizations are listed below. Please watch for advertisements regarding registration in the Sports Section of The Daily Times and on social media.

- Alcoa Youth Baseball for Boys and Girls Ages 4-12. For more information, visit their web site at https://www. alcoayouthsports.com/
- Maryville Little League for Boys and Girls Ages 4-16. For more information, visit their web site at http://www. maryvillelittleleague.com/
- Outward Baseball and Softball for Boys and Girls Ages 4-13. Visit Mount Lebanon Baptist Church's website at http://www. mlbctn.org/content.cfm?id=3106 for more information or call 865-982-4960 (day) or 984-9712 (evening).

POLICY FOR RESERVING PRACTICE FIELDS

This policy pertains to Little League teams and all other teams not participating in the Parks & Rec Adult Softball League. Please visit the Parks & Rec website for Parks & Rec teams' policy.

Reservations for practice fields are taken every Thursday, beginning March 14th through late August. Otherwise, fields are first come, first served unless being used by Parks & Rec programs such as football and soccer. Teams should call 865-983-9244 at 10:00 AM so that everyone has the same opportunity. If you call before 10:00 AM, you will be asked to call back, so please synchronize your watch with Parks & Rec's! Please note that field reservations are taken by phone only. No walk-ins please. Our phone lines will be very busy, so if you don't get through, please try again. When you call on Thursday, you will be reserving times for the following week (beginning the next day Friday through the following Thursday). Teams can reserve 1 field per week for 1 1/2 hours (M-F) or 2 hours (Sat & Sun) according to availability. Reservations are taken for the following fields: two at Everett Park, three at Sandy Springs Park (one being a small baseball field for Ages 12 & under only), one at Springbrook Park, two at Pearson Springs Park (available week-ends only for Ages 12 & under), and two at Amerine Park. Teams are encouraged to pick-up a Field Permit from the Parks & Rec Admin. Office to take with you to practice that shows you have the field reserved. Without your permit, you have no proof you have the field reserved!

KARATE INSTRUCTION

Parks & Rec has partnered with Maryville Isshin-Ryu Karate School to offer the following classes to both youth and adults. MIKS was established in 1967 and is the oldest martial arts school in Blount County. It is accredited by the International Isshin-Ryu Karate Association. There are no contracts or hidden fees. Participants will learn effective self-defense, street fighting techniques, traditional kata, and much more. Benefits include great workouts, stress management techniques, increased concentration, boosted confidence, flexibility, balance, discipline, and respect. For more information, visit the school's website at https://maryvilleisshinryu.com/

YOUTH CLASSES - AGES 7-12

Dates: Wednesdays - Classes are on-going with new students accepted at anytime.

Time: 6:00-7:30 PM

Location: Springbrook Recreation Center,

1537 Dalton Street, Alcoa

Cost: \$60.00 per quarter

(3 months) - Family rates available.

Registration:

For more information, call 865-599-0452 or email Pete Simmons at pete. simmons@charter.net

Instructors:

Bruce Guillaume. Mike Lewis. Pete Simmons, Bill McCarter, Adam Budnar

ADULT CLASSES - AGES 12 & UP

Dates: Mondays & Thursdays Classes are on-going with new students accepted at anytime.

Time: 7:00-8:30 PM

Location: Springbrook Recreation Center, 1537 Dalton Street, Alcoa

Cost: \$120.00 per quarter (3 months) Family rates available.

Registration:

For more information, call 865-599-0452 or email Pete Simmons at pete. simmons@charter.net

Instructors:

Bruce Guillaume, Mike Lewis, Angie Bragg, Shane Lenoir, Bill McCarter, Pete Simmons, Adam Budnar

KIDS IN CLAY **POTTERY CLASSES**

FOR AGES 6-10

Students will create fun projects as well as learn hand-building techniques such as coiling, pinching, and slab work. Each class is unique and small in size. Students receive personal attention from instructor through the step-by-step process of making a pot, decorating, glazing, and firing. Each class is project based and students will make a variety of bowls, dishes, and sculptural art pieces. All work goes through two kiln firings; the second firing will make the pottery safe for food and drink, as well as use in the microwave and dishwasher. We use only health-approved clays and glaze materials. Class includes clay and all firing and glaze materials.

Dates: Mondays, April 1-22, 2024

Time: 5:00-6:00 PM Location: Studio 212

934 East Broadway Avenue, Maryville

Cost: \$75.00 for 4-week session (includes all materials)

Instructor:

Leanne Moe McQueen and Staff

PERFORMING **ARTS CLASSES**

WITH RON & CHRIS SOLOMON

Ron Solomon has been a professional actor, director, and children's theater founder in several states before moving to East Tennessee. His wife, Chris, is a retired music specialist and choir director from Texas. Together, they have taught creative and performing arts classes to kids of all ages, and have been popular instructors at our summer Performing Arts Camp.

FAIRY TALE THEATER

FOR AGES 6-9

Learn how to act and move on stage! Explore becoming different characters. Play lots of drama games and practice several scenes from a fairy tale. Will you be Pooh or Cinderella, or a Pirate?

Dates:

Thursdays, March 21 - May 2, 2024 (No class April 4)

Registration Deadline: March 18

Time: 4:30-5:30 PM

Location: Everett Recreation Center

Cost: \$100.00 for 6-week session



MUSICAL THEATER

FOR AGES 12-15

Musical comedies involve singing, acting, and movement. Come learn the basics as we stage several scenes that always end in a song (of course)! You may discover a song you can use in a future audition!

Dates:

Thursdays, March 21 - May 2, 2024

(No class April 4)

Registration Deadline: March 18

Time: 6:45-7:45 PM

Location: Everett Recreation Center Cost: \$100.00 for 6-week session

MAKE A SCENE

FOR AGES 10-12

We will review the basics of acting and use some theater games to loosen up, get our creative juices flowing, and begin to learn how to act as an ensemble. Since children at this age are more comfortable with reading, we will work from actual scenes taken from children's stories like The Lion, the Witch and the Wardrobe and Anne of Green Gables. Some memorization will be necessary. These scenes will be presented for family and friends on the last night of class.

Dates:

Thursdays, March 21 - May 2, 2024

(No class April 4)

Registration Deadline: March 18

Time: 5:40-6:40 PM

Location: Everett Recreation Center

Cost: \$100.00 for 6-week session



BEGINNING GUITAR

FOR AGES 9-15

Did you get a guitar as a gift and want to learn how to play it, or have always wanted to learn this popular musical instrument? Bring your guitar and join us for this fun class.

Dates:

Thursdays, March 21 - May 2, 2024

(No class April 4)

Registration Deadline: March 18

Time: 5:40-6:40 PM

Location: Everett Recreation Center

Cost: \$100.00 for 6-week session

DANCE STARS

BY STRETCH-N-GROW FOR AGES 3-10

With Dance Stars, our dancers learn the fundamentals of ballet, jazz, and hiphop while developing grace, coordination, balance, and poise. By inspiring a passion for dance, our imaginative and engaging classes will create twirling, self-expressive machines!

This is a great program to not only teach children dance, but to also help

them continue to gain their confidence in a group setting with other children their age for 30 minutes while parents are not far away. It is also a great way for them to enhance their listening skills and to learn more about following instructions in a class setting. Parents will drop off children for the class time, then they are welcome to sit in the gym, walk the trail that is on-site, or relax in their car while the children are in class.

Dates & Times:

MORNING CLASSES FOR AGES 3-6

Tuesdays, March 19 - April 23, 2024 9:15-9:45 AM

EVENING CLASSES FOR AGES 3-10

Wednesdays, March 20 - April 24, 2024 5:15-5:45 PM for Ages 3-6 6:45-7:15 PM for Ages 7-10

Cost: \$85.00 for 6-week session

Location: Everett Recreation Center

Instructor: Christa Black

Attire:

Leotard or comfortable athletic clothing, and ballet shoes*

*Optional purchase of shoes from the dance program is available.





MOVEMENT, **MUSIC & MORE**

FOR AGES 3-5

In this class, children will learn gross motor skills needed for Kindergarten readiness and beginner gymnastics skills. Gymnastic skills are taught in proper progressions on bright, colorful preschool equipment, with all equipment designed and sized for young hands and feet. Participants will learn beginner through intermediate skills on bars, beams, trampolines, and vaulting.

Dates:

Tuesdays, March 19 - April 23, 2024

Time: 4:00-4:30 PM

Location: Everett Recreation Center

Cost: \$75.00 for 6-week session

Instructor: Micah McCarter

TUMBLING GYMNASTICS

FOR AGES 5-10

This class will teach and enhance skills involving handstands, cartwheels, onearm cartwheels, and bridges for both the very beginner and intermediate student. Intermediate students will also work on round-offs, back bend kick-overs, and front and back handsprings. Classes are taught with proper skill progression for the safety of the child and with enthusiasm and

motivation - never intimidation. Children that are 5 years old must have started Kindergarten.

Dates:

Tuesdays, March 19 - April 23, 2024

Times: 5:00-5:45 PM 6:00-6:45 PM

Location: Everett Recreation Center

Cost: \$85.00 for 6-week session **Instructor:** Micah McCarter

ADVANCED TUMBLING/BACK HANDSPRINGS

FOR AGES 6-12

This class is designed to teach the more advanced skills of the back handspring, round-off back handsprings, and standing back tuck. Students in this class should have a good round-off and be able to do a back walk-over with a spot. Drills such as handstands, bridge kick-overs, and jump backs will be repeated in this class to help students become a stronger tumbler.

Dates:

Tuesdays, March 19 - April 23, 2024

Time: 7:00-7:45 PM

Location: Everett Recreation Center

Cost: \$85.00 for 6-week session

Instructor: Micah McCarter

TENNIS INSTRUCTION

FOR AGES 6-17

Items needed for all tennis classes: Tennis racquet, athletic attire, water bottle, tennis shoes

SPACE IS LIMITED FOR ALL CLASSES!

These programs provide instruction on skills that students will learn the life-long sport of tennis. Players will learn how to keep score and the basic strokes of forehand, backhand, volley, and serve. We learn to rally with one another as our skills improve and learn strategy. Games are part of our program for the players to learn while having fun. We modify the game according to the age of the student so all players should feel success while learning. For Ages 7-17 at Sandy Springs, groups will be split based on age and/or ability. Come have fun with us!

CLASSES AT JOHN SEVIER PARK

Dates:

Session 1: Mondays & Wednesdays, May 6-20, 2024 (Rain Date: May 22)

Session 2: Mondays & Wednesdays, June 3-17, 2024 (Rain Date: June 19)

Session 3: Mondays & Wednesdays, July 8-22, 2024 (Rain Date: July 24)

MAY Session Times:

4:00-5:00 PM Ages 6-10 (Beginner) 5:00-6:00 PM Ages 11-14 (Beginner & Intermediate)

JUNE & JULY Session Times:

9:00-10:00 AM Ages 6-10 (Beginner) 10:00-11:00 AM Ages 11-14

(Beginner & Intermediate)

Cost: \$80.00 per 5-hour session Instructor: LuAnne Zelasko

CLASSES AT SANDY SPRINGS PARK

Dates:

Session 1: Mondays & Wednesdays, April 8-17, 2024 (Rain Date: April 24)

Session 2A: Mondays & Wednesdays,

April 29 - May 8, 2024 (Rain Date: May 13)

Session 2B: Tuesdays & Thursdays,

April 30 - May 9, 2024 (Rain Date: May 14)



Times:

Session 1 6:30-8:00 PM For Ages 7-17

Session 2A

4:30-6:00 PM For Ages 7-12

Session 2B

4:30-6:00 PM For Ages 13-17

Cost: \$90.00 per 6-hour session

Instructors:

Marvville College Tennis Coach Doug Corbett and Assistant Jonathan Sabo and **Experienced Players**

SUMMER JUNIOR INTERCLUB TENNIS PROGRAM

Parks & Rec is offering a summer interclub tennis program for Ages 8-18. Summer Interclub offers opportunities for all levels of kids to play. Even newer players have opportunities as an experienced beginner and can later work towards possibly moving up to intermediate and even advanced levels with daily practice at clinics and weekly matches during the week. Parental input to Coach Corbett is encouraged to maximize each child's experience and growth. Teams will be organized according to age and ability levels. Players may be able to play on

more than one team. Practices and home matches will be held at Springbrook Park Tennis Courts in Alcoa. Away matches will be held in the GKTA area against other participating teams. Matches are generally held one time per week per team on Tuesdays/Thursdays early afternoons. The State Tournament weekend is in July, and is a great opportunity for many, if players qualify to participate. There is an additional cost for the state tournament. Maryville College tennis staff and players, as well as current/former interclub players and other experienced players assist Coach Corbett with instruction to maximize individual attention for participants. Interclub registration fee includes GKTA membership fees, a team shirt for matches, balls, league fees, coaching and league administration fees, and an end of season pool party. There are ADDITIONAL charges for optional weekly PRACTICE clinics. All participants must be a USTA member for the year as well by visiting www.usta.com BEFORE match play begins. Anticipated teams are as follows: 10 & Under Beginner, 12 & Under Beginner, 14 & Under Intermediate, 18 & Under Intermediate, 18 & Under Advanced.

Registration Deadline:

Wednesday, May 8, 2024 Deadline is a must to meet regulations!

League Play Dates: June & July

NEW! Location:

Springbrook Park Tennis Courts

Cost: \$165.00 Does not include cost of coached practice time clinics - See next page.

Instructors:

Maryville College Tennis Coach Doug Corbett and Assistant Jonathan Sabo and **Experienced Players**

Continued on next page

REGISTER FOR **PARKS & REC** PROGRAMS ONLINE!







SUMMER **TENNIS CLINICS**

For Interclub or Any Experienced Player

Clinics are designed to improve the level of play for experienced beginners to advanced tennis players. Those in interclub or those who just want to improve their game are welcome to sign-up. Summer clinics offer opportunities for all levels of kids to play. Even newer tennis players have opportunities as experienced beginners to work towards possibly moving up to intermediate and even advanced levels over time with daily practice at clinics.

Clinics are held Monday through Thursday with Fridays being a make-up date in the event of rain.

Dates:

Week 1: May 20-23, 2024 Week 2: May 28-31, 2024

(Tues-Fri due to Memorial Day)

Week 3: June 3-6, 2024

Week 4: June 10-13, 2024 Week 5: June 17-20, 2024

Week 6: June 24-27, 2024

Times:

9:00-10:30 AM - Ages 12 & Under 10:30 AM - Noon - Ages 13-18

Cost:

\$60.00 per week for 6 hours of instruction or \$310 for all 6 weeks

*Discount for Interclub participants: \$45.00 per week or \$270 for all 6 weeks

Participants MUST be registered for Interclub first BEFORE receiving discount.

Registration Deadline:

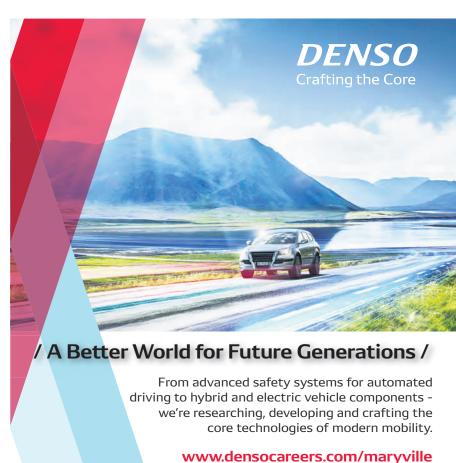
Payment must be received at Parks & Rec or on-line at least one business day before each camp session begins. No payments accepted at courts.

NEW! Location:

Springbrook Park Tennis Courts

Instructors:

Maryville College Tennis Coach Doug Corbett and Assistant Jonathan Sabo and **Experienced Players**



SUMMER DAY CAMPS

PARKS & REC. OFFERS A VARIETY OF DAY CAMPS EACH SUMMER IN JUNE AND JULY

"JUST GET OUTDOORS" NATURE ADVENTURE CAMP

FOR AGES 8-12

This is a fun, outdoor camp that teaches participants about our environmental surroundings in a fun and positive atmosphere. Campers will learn about stream and forest ecology with emphasis on plant and animal biology and animal signs and tracking in a fun camp setting that also includes nature crafts. A snack, lunch, and water bottle should be brought each day. Rain gear and an extra set of clothes should be brought in a bag with the child's name on it the first day and left with the camp director.

Dates:

May 21-24, 2024 (Tues-Fri)

Time: 8:30 AM - 4:30 PM

Campers can be dropped off between 8:15-8:30 AM each morning.

Location:

Harmony Family Center at Montvale (formerly Camp Montvale)

4901 Montyale Road - 15 minutes from downtown Marvville

Cost: \$135.00 includes camp keepsake

Camp Director:

Liz Domingue, Naturalist/Wildlife Biologist and special guests





GIRLS VOLLEYBALL CAMP

FOR RISING 5-9TH GRADERS

This camp, intended for beginner to intermediate levels, is designed to teach and enhance one's volleyball skills and overall performance on the court. The camp will also prepare students for school try-outs. Participants will be grouped according to age if numbers allow. Campers should bring a snack and a water bottle with their name on it each day.

Dates:

May 21-23, 2024 (Tues-Thurs)

Time: 8:30 AM - 12:30 PM

Location: Everett Recreation Center

Cost: \$80.00 includes camp keepsake

Instructors:

Kendra Swafford (high school & club coach) and area coaches/players

Attire: T-shirt & shorts, tennis shoes, knee pads (preferred but optional)

SOCCER CAMP

FOR AGES 5-13

This camp will provide technical and tactical instruction with emphasis being based upon individual ball control and skill development. Shinguards are required. Campers should also bring a soccer ball, water bottle, cleats and tennis shoes, and dress comfortably.

Dates:

June 3-6, 2024 (Mon-Thurs) Rain Date: Friday, June 9

Times:

5:00-6:30 PM for Ages 5-8 6:45-8:15 PM for Ages 9-13

Location: Everett Athletic Complex

Cost: \$50.00 includes camp keepsake

Camp Director: Geoff Hamm

NEW! NINJA WARRIOR FITNESS STARS CAMP

BY STRETCH-N-GROW FOR AGES 3-8

Explore obstacle courses, aymnastics, relays, games, adventure, competitions, crafts, STEM-related programs (science, technology, engineering and math), healthy but "sweet" cooking activities, and more including a Foam Party Finale! Fun for both boys & girls! Campers should bring a snack, lunch, and water bottle (with their name on them).

Dates:

May 20-22, 2024 (Mon-Wed)

Time: 9:30 AM - 12:30 PM

Location: Everett Recreation Center

Cost: \$90.00

Instructor: Christa Black & Staff

Attire:

Wear comfortable athletic clothing and tennis shoes, and wear swim attire under clothes on last day of camp for foam party

NEW! OLYMPIC GAMES FITNESS STARS CAMP

BY STRETCH-N-GROW FOR AGES 3-8

Competitions, sports, rhythmic gymnastics, games, crafts, STEMrelated programs (science, technology, engineering and math), healthy but "sweet" cooking activities, and more including a Foam Party Finale! Fun for both boys & girls! Campers should bring a snack, lunch, and water bottle (with their name on them).

Dates: June 24-26. 2024 (Mon-Wed)

Time: 9:30 AM - 12:30 PM

Location: Everett Recreation Center

Cost: \$90.00

Instructor: Christa Black & Staff

Attire: Wear comfortable athletic clothing and tennis shoes, and wear swim attire under clothes on last day of camp for foam party

NEW! PRINCESS DANCE CAMP

BY STRETCH-N-GROW FOR AGES 3-6

Dress up like your favorite princess everyday (and wear your ballet shoes) while you learn new ballet skills to perform at the end of the camp for your family. Join us for crafts, STEMrelated programs (science, technology, engineering and math), dancing, giggles, healthy but "sweet" cooking activities, and more! Campers should bring a snack, lunch, and water bottle (with their name on them).

Dates: July 8-10, 2024 (Mon-Wed)

Time: 9:30 AM - 12:30 PM

Location: Everett Recreation Center

Cost: \$85.00

Instructor: Christa Black & Staff

Attire: Dance attire or comfortable activewear & ballet shoes



SOFTBALL CAMP

FOR RISING 3RD - 8TH GRADERS

Participants will learn the fundamentals of throwing, fielding, hitting, base running, and sliding. Campers should bring cleats and tennis shoes. glove, softball pants or sweats (for sliding drills), bat, and helmet (optional). Campers should also bring a snack and water bottle each day.

Dates:

May 28-30, 2024 (Tues-Thurs)

Time: 9:00 AM - Noon

Location: Maryville High School field located behind John Sevier Elementary

School

Cost: \$80.00 includes camp

keepsake

Camp Director:

Joe Michelski. MHS Softball Staff

SPORTS & MORE KIDS CAMP

FOR AGES 5-14

Campers of all skill levels can participate in this exciting sports-filled camp. Sports stations will be set-up to give children the opportunity to experience as many different activities as possible. Campers will focus on teamwork, individual achievement, and sportsmanship. Our goal is to give your child the most positive sports experience possible, while keeping it fun! Campers should bring lunch and drinks each day. No food available on site except for snacks, which will be available for a small fee. Note: Registration deadlines are listed below. If space is available after those dates, campers may register at the Parks & Rec Administrative Office only, beginning at 8:00 a.m. on Tuesday with an additional charge of \$5.00 per camper.

Dates:

Week 1: June 4-7, 2024 (Tues-Fri) Registration Deadline: June 3 or until full

Week 2: June 11-14, 2024 (Tues-Fri) Registration Deadline: June 10 or until full

Time: 7:30 AM - 2:00 PM (Drop-off begins at 7:15 AM)

Location: Everett Recreation Center

Cost: \$98.00 per week includes camp keepsake

Late Registration: \$5.00 per camper

Camp Director: Geoff Hamm



WRESTLING FUNDAMENTALS CAMP

FOR AGES 6-14

Participants will learn proper wrestling positions; top, bottom, and neutral, and various techniques such as pinning and combinations. Campers will also participate in drills and a takedown tournament/live wrestling session. Campers should bring a water bottle each day.

Dates: June 10-13, 2024 (Mon-Thurs)

Time: 5:00-8:00 PM

Location: Herman Thompson Gym, 532 Faraday Street, Alcoa

Cost: \$65.00 includes camp keepsake

Instructor: Brian Gossett

MARSH MADNESS BASKETBALL CAMP

FOR BOYS & GIRLS AGES 8-12

Participants will learn valuable skills in their respective positions and basic fundamentals of the game of basketball. Campers should bring lunch & a water bottle or drink each day or may purchase something from the concession stand.

Dates: June 24-27, 2024 (Mon-Thurs)

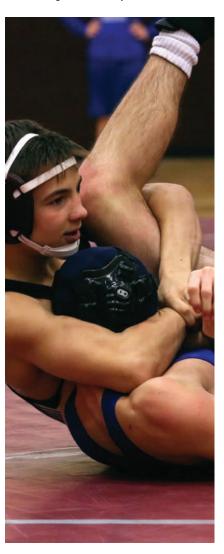
Time: 9:00 AM - 1:00 PM

Location: Herman Thompson Gym.

532 Faraday Street, Alcoa

Cost: \$90.00 includes T-shirt guaranteed for those registered by June 10th.

Camp Directors: Former Lady Vol Dawn Marsh & Micah Marsh. Former Alcoa High School Player and Coach



CAMP CHICKABABA

FOR INDIVIDUALS WITH **DISABILITIES AGES 6 & OLDER**

This camp includes therapeutic and fun activities adapted for those with disabilities. Activities include arts & crafts, indoor and outdoor games, music and more. In-office registration only.

Dates:

Week 1: June 17-21, 2024 (Mon-Fri) Week 2: June 24-28, 2024 (Mon-Fri)

Time: 9:00 AM - 12:30 PM

Location: Springbrook Recreation

Cost: \$95.00 per week

Camp Director: Joseph Hendrick

PERFORMING ARTS CAMP

FOR AGES 8-13

This is a popular camp for the young performing artist! Campers will develop skills that will last a lifetime as they learn a variety of performing arts skills: theater, dance, music, prop making/design, circus skills, and more taught by professionals in each area. Campers will follow a main track, with possible electives in specific areas of focus.

Registration and information on the instructors, staff, and daily schedule will be available early March on our website. Space is limited, so early registration is highly recommended. Campers should bring a snack, lunch, and water bottle each day.

Dates:

June 17-21, 2024 (Mon-Fri) Registration deadline: June 10

Time: 9:00 AM - 2:30 PM

Location: Everett Recreation Center

Cost: \$115.00 includes all materials

and camp keepsake

Camp Director: Tisha Welshan

Instructors:

Professionals in each teaching area.



EAST TENNESSEE QUARTERBACK & RECEIVER SCHOOL

FOR RISING 6-8TH GRADERS

The purpose of this camp is to provide instruction related to passing and receiving the football. The camp will focus on introducing drills and techniques that will help develop skills related to Quarterback and Receiver play. Sports drinks and water will be available to purchase on site. Campers are welcome to bring healthy snacks and/or their own drinks, but breaks will be short. Campers should bring a water bottle, cleats, and tennis shoes for indoor Plyometric training each day. Quarterbacks must provide their own football.

Dates: June 10-12, 2024 (Mon-Wed)

Time: 9:00 AM - Noon

Location: Maryville High School

Cost: \$75.00 includes T-shirt guaranteed for those registered by May 28th.

Instructors:

Maryville High School Football Staff

EAST TENNESSEE FOOTBALL SCHOOL

FOR OFFENSIVE AND **DEFENSIVE LINEMEN** specific instruction related to positions played along the offensive and defensive lines. The camp will focus on introducing drills and techniques that will help develop the necessary skills to be a successful lineman on either side of the ball. Sports drinks and water will be available to purchase on site. Campers are welcome to bring healthy snacks and/or their own drinks, but a water bottle, cleats, and tennis shoes for indoor Plyometric training each day.



June 10-12, 2024 (Mon-Wed)

Time: 9:00 AM - Noon

Location: Maryville High School

Cost: \$75.00 includes T-shirt guaranteed for those registered by May 28th.



FUTURE STARS FOOTBALL SKILLS CAMP

FOR RISING 2ND -5TH GRADERS

The purpose of this camp is to provide basic fundamental instruction for all offensive and defensive positions relating to the game of football. Our goal is that each camper gains a better understanding of the football positions that they are interested in through various skills and drills. There will be a 20-minute break between the defensive and offensive instruction at which time snacks and drinks will be available to purchase. Campers should bring a water bottle, cleats, tennis shoes, and a bag to keep personal belongings in each day. Quarterbacks are encouraged to bring their own league regulation ball if they have one with their name on it.

Dates: June 17-19, 2024 (Mon-Wed)

Time: 9:00 AM - Noon

Location: Alcoa High School Football Field

Cost: \$75.00 includes camp keepsake

Camp Director:

Brian Gossett. AHS Offensive Line Coach

SPEED & **AGILITY CAMP**

FOR RISING 6-9TH GRADERS

Speed is the deciding factor between average and elite performance. Whether you are trying to increase game performance or running a faster combine time to increase your chances of recruitment and a scholarship signing, getting faster is an essential component of athletic development.

At this camp, you will be trained in speed and agility skills by experienced coaches who have had a hand in developing countless Division 1 athletes in multiple sports. You will be exposed to the best and latest technology in sprint laser timing and velocity-based GPS tracking to assess how you can improve both your running speed and agility so that you can perform better on the field.

This camp will be conducted by Alcoa coaches along with current and former Alcoa athletes. No matter what your goals are for the future or what sport you play, this camp will develop your individual skills. Don't get left behind... take your skills to the next level. Campers should bring a water bottle and tennis shoes each day.

Dates: June 17-19, 2024 (Mon-Wed)

Time: 9:00 AM - Noon

Location: Alcoa High School Football Field

Cost: \$65.00 includes camp keepsake

Camp Director:

Brian Nix, AHS Head Football Coach

NEW! GIVE IT A TRI **YOUTH SPRINT** TRIATHLON CAMP

FOR AGES 8-14

Has your child ever wanted to learn more about youth opportunities in multisport? We are hosting a camp where children Ages 8-14 can experience what it is like to do a triathlon. Camp Director is USATriathlon Level 1 Certified Coach Kat Uchman with over 20 years of racing and coaching experience from beginner to elite endurance athletes. Karri LeGault is a former D1 swimmer and has been coaching youth for over 20 years, as well. Athletes will practice all three disciplines (swimming, biking, running) over the 3-hour day and put them together with a mini sprint mock triathlon on the final day. Family and friends are welcome to watch the mock event on Thursday. Participants must be able to swim the length of John Sevier Pool without assistance. Parking lots and noncongested community streets will be used for training therefore a bike and helmet are required. Athletes do not need to be proficient runners to do this camp. For regional area information on future youth triathlons, visit https://personalbestracing. com/kids-triathlons to find upcoming events if interested.

Dates:

June 17-20, 2024 (Mon-Thurs)

Rain date: June 21

Time: 9:00 AM - Noon (Mon-Wed) 10:30 AM - Noon (Thurs - mini mock triathlon)

Location:

John Sevier Pool/Park area Drop-off/Pick-up at John Sevier pavilion.

Cost: \$95.00 includes camp keepsake

Instructors:

Kat Uchman and Karri LeGault

Items needed:

Swimsuit and swim goggles, towel, athletic wear for running/biking, tennis shoes, bike (with chain lock for storing outside pool) and helmet, water bottle



TRACK & FIELD CAMP

FOR BOYS & GIRLS AGES 6-12

The purpose of this camp is to provide instruction related to competing in track and field. The camp will focus on introducing drills and techniques that will help develop speed, proper running form, success in field events (shot put, discus, long jump, high jump, and triple jump), and other important necessities for competing in track and field, and will include instruction for both sprinters and distance competitors. Campers will need

to bring a water bottle or something to drink each day.

Dates: July 8-10, 2024 (Mon-Wed)

Time: 6:00-8:00 PM

Location: Maryville High School Track located at Coulter Grove

Intermediate School

Cost: \$65.00 includes camp keepsake

Instructors: Maryville High School

Track Staff



YOKOHAMA **TOYO TIRES** COOPERTIRES

ADULT PROGRAMS

As always recommended, please consult with your physician before starting any exercise program.

VISIT OUR WERSITE AT WWW.PARKSREC.COM FOR NEW PROGRAMS AND EVENTS THROUGHOUT THE YEAR

Adult league sports are available for Ages 16 & up. Registration taken for teams only, not individuals.

SPRING LEAGUE SOFTBALL

This program includes both men's and women's leagues. The season includes 16 games, which is divided into two halves, played at local parks.

Registration Dates:

February 26 - March 29, 2024 Online registration not available in-office only.

Costs: \$525.00 per team plus \$3.50 per player

Season will begin: Tentatively April 15

SPRING CO-ED LEAGUE

Games will be played on Tuesday nights with a 10-game season.

Registration Dates:

February 26 - March 29, 2024 Online registration not available in-office only.

Costs: \$425.00 per team

plus \$3.50 per player

Season will begin:

Tentatively April 16

SUMMER LEAGUE SOFTBALL

Leagues available for men, women, and co-ed. The season includes 10 games played at local parks.

Registration Dates: July 1-12, 2024

Online registration not available in-office only

Costs: \$425.00 per team plus \$3.50 per player

Season will begin: Tentatively July 22

CO-ED KICKBALL

The game we all loved as kids, we can enjoy again as adults. The season includes 8 games played at local parks.

Registration Dates:

July 22 - August 23, 2024 Online registration not available in-office only

Costs: \$185.00 per team

Season will begin:

Tentatively the week of September 3.

POTTERY CLASSES

INTRODUCTION TO THROWING

This class is a fun and total hands-on foundation course on throwing on the wheel. Students are guided in a stepby-step process and will learn how to center, pull a pot, and trim. Students will learn to throw various shapes leading to successful bowls, mugs, cups, vessels, etc. to take home to their families to enjoy. All work goes through two kiln firings; the second firing will make the pottery safe for food and drink, as well as use in the microwave and dishwasher. We use only health-approved clays and glaze materials. Course fee includes clay and all firing and glaze materials.

Dates: Mondays, April 1-22, 2024

Time: 6:00-7:30 PM **Location:** Studio 212,

934 East Broadway Avenue, Maryville

Cost: \$90.00 per 4-week session

(includes all materials)

Instructor:

Leanne Moe McQueen and Staff







BEGINNER SIGN LANGUAGE COURSE

FOR AGES 15 & UP

Are you interested in learning American Sign Language (ASL) in order to communicate with a friend, family member or colleague who is deaf? If so, this course is for you! American Sign Language is a visual language, incorporating facial grammar, and made up of specific hand shapes and movements. It is the dominant language of the Deaf community, provides meaningful communication between hearing parents and deaf children, and brings people who happen to be hearing and deaf together. This beginner level ASL class will give you the opportunity to learn the manual alphabet, conversational signs, and develop communication skills. You will enjoy this fun and encouraging learning environment as you build your language

This class is also open to those who have taken it before and would like a

refresher. You can repeat it as many times as you like. The book we will use for this class is The American Sign Language Phrase Book, by Barbara Bernstein Fant. If you have this book from a previous class, or prefer to get it on your own, you can select that option upon registration.

A minimum enrollment of 10 is required.

Dates:

Tuesdays, March 5 - April 9, 2024 Registration deadline: March 1

Location: Everett Senior Center

Time: 6:00-7:00 PM

Cost: \$88.00 for 6-week session with all course materials included.

(If you are repeating the class and have the book, cost is \$60.00)

Instructor:

Carol LaCava, Instructor with thirty years of experience teaching ASL and interpreting, at both UT and the community level



WWW.PARKSREC.COM

AQUA AEROBICS

Please see "Aquatics" section for complete information.

NEW! COMMUNITY PILATES

FOR AGES 18 & UP

Join in this FREE Pilates class for Ages 18 & up held on the first Saturday of each month (March through November) with certified instructor, Lara Gill. Beginner to intermediate levels are welcome to attend. You MUST pre-register online no later than 5PM the day before each class in order to participate with limited class space available. Registration opens 1 month prior to each class date.

Dates: First Saturday of each month (March through November)

Time: 9:00-10:00 AM

Location: Everett Recreation Center (March. April. October & November classes) Springbrook Park Pavilion (May through September classes)

Cost: FREE, however you MUST preregister online no later than 5PM the day before each class in order to participate with limited class space available.

Registration opens 1 month prior to each class date.

Instructor: Lara Gill. Certified Pilates Instructor

Items Needed:

Pilates/Yoga mat and a water bottle. Participants should wear athletic clothing and prepare as needed for outdoor conditions for the spring/summer months.

NEW! MARYVILLE COLLEGE WALK IN THE WOODS SERIES

Fit.Green.Happy is now introducing an immersive 3-part woods walk series in Maryville College's 140-acre protected forest with each walk lasting about an hour. All 3 guided sessions will feature a different trail and topic. Read about the details of each walk below. Participants should meet at 2:30 PM at the McArthur Pavilion on Maryville College's campus, entrance to the Maryville College Woods for all 3 walks. Cost is \$15.00 per person (Ages 6 & up) for each walk. Any participant under 18 must be accompanied by a parent also registered for the trip.

Sunday, May 5, 2024

The first session will feature a guided walk and introduction to the college woods led by one of our FGH staff. Learn about the partnerships between the college, RT Lodge, and Mountain Challenge while also getting a feel for the lay of the of the land. Also, learn how FGH/Mountain Challenge has committed to sustainability as a carbon neutral organization integrating environmentalism into its core principles.

Sunday, May 12, 2024

The second walk in the series will emphasize a more scientific exploration of the woods. Learn about East Tennessee's vast biodiversity and unique ecosystems through an introductory lens. We will cover basic ecology topics such as native tree/plant identification

and a discussion of wildlife found in the area. This walk is perfect for those who are interested in learning more about nature but lack the traditional classroom background.

Sunday, May 19, 2024

The last and final walk in the series will focus on practicing mindfulness in nature. Immerse yourself in a relaxing forest environment and learn about the numerous health benefits the woods have to offer. Gain a new appreciation for this wonderful community resource while experiencing how time spent in nature cultivates a happier and healthier you.

ADULT KARATE INSTRUCTION

Please see "Just for Kids" section for complete information regarding Karate for all ages.

BASIC FLY ROD CASTING

FOR AGES 12 & UP

This class will include instruction on fly fishing rods and equipment, casting and line management, and casting techniques for the Smoky Mountains area. Fly rods provided.



Dates:

Session 1: Saturday, March 23, 2024 Session 2: Saturday, April 20, 2024 Session 3: Saturday, May 25, 2024

Time: 9:00 AM - Noon

Location: Greenbelt Amphitheater located on Lamar Alexander Parkway/ U.S. Hwy 321 near the Blount County Courthouse

Cost: \$10.00 per session

Instructors: Members from the Little River Chapter of Trout Unlimited

ALPINE TOWER CLIMB

FOR AGES 10 & UP

Ready for a fun new challenge? Join us and the folks with Maryville College's Mountain Challenge program and conquer their Alpine Tower! The 60-foot tower provides climbers multiple challenges to overcome as they scale its heights. Come step outside your comfort zone and challenge yourself mentally and physically as you work your way to the top!

Dates:

Session 1: Wednesday, March 20, 2024 Session 2: Wednesday, March 27, 2024 Session 3: Wednesday, April 3, 2024 Session 4: Wednesday, April 10, 2024 Session 5: Wednesday, April 17, 2024

Time: 3:30-5:30 PM

Location:

Maryville College Campus Crawford House, 713 Howee Ave, Maryville, TN 37804

Cost: \$10.00 per person per session

PADDLING

With all the beautiful lakes in Blount County and the surrounding areas, what better way to get out and explore these places than on a guided paddling trip led by leaders of the Maryville College Mountain Challenge program. All paddle gear will be provided, so all you need to do is register and show up and our staff will do the rest. These trips are geared for all skill levels. Whether you are interested in a first time trip, are looking for an opportunity to learn new trip locations, or just looking for a group of people to explore with, you will be provided with an enriching and enjoyable experience. These guided trips will give you the chance to get out and explore some of the many beautiful waterways right here in our community. So bring a lunch, and let our guides (with all the gear you'll need) help you discover the beauty of our area. For Ages 5 & up. Any participant under 18 must be accompanied by a parent also registered for the trip.

Date: Sunday, April 28, 2024

Time: 1:00-3:30 PM

Location: Louisville Point Park

Cost: \$30.00 per person



RUN 4 FUN RUNNING PROGRAM

For Ages 18 & up and youth Ages 12 & up are welcome as long as accompanied by a parent or quardian who is also enrolled in the course. Participants should dress weather appropriate and bring a water bottle.

Beginner Level: This 10-week training program is structured to help you cross the finish line of your first 5K at the Scholars Run on July 27th (which is totally optional). This program focuses on beginners, but all levels of walkers and runners are welcome. Along the way, we'll provide you with motivation to keep you moving, guidance and advice, weekly group training runs or walks, and educational clinics on topics such as proper nutrition. choosing the right gear, and avoiding injury. Plus, you'll have the camaraderie of others just like you.

Intermediate Level: This program is designed for graduates of our Beginner program or for those who are able to run 3 miles at a steady pace with limited walking breaks. This 10-week training program is designed to teach you more advanced running techniques and to help you continue on your running journey in a supportive environment. In Run 4 Fun, we want to help you beat your previous personal records and set new goals for yourself, while providing guidance, motivation, weekly group training runs, and more advanced educational clinics. We'll also cover topics designed to help you improve your 5K time such as proper pacing and good form, as well as building on previous topics like nutrition, choosing the right gear, and injury prevention.

Dates: Tuesdays, May 21 - July 23, 2024

Time: 7:00-8:00 PM

Location: Pearson Springs Park Pavilion

and Maryville Greenway

Cost: \$75.00 for the 10-week session Each participant receives:

- \$5 Discount off entry fee for the Scholars Run 5K
- Detailed weekly training schedule
- Weekly email with a focus topic and handouts
- Guidance and advice from an experienced coach
- T-shirt.
- Great feeling of accomplishment and team spirit

Instructor: Lisa Edwards & Running Coaches

SMALL GROUP **BOOT FITNESS** TRAINING

FOR AGES 15 & UP

Need a change of routine, or a workout to take you to the next level? Do you need to squeeze in a high energy class and don't have a lot of time? This class focuses on full body, functional strength, and cardio intervals utilizing a circuit format, coupled with the most progressive, innovative, and creative exercises in fitness. Workouts will include cardiovascular and strength training, speed and agility drills, medicine ball drills, plyometrics, etc. With a little bit of effort and commitment, you will see a toned, leaner body; increased strength, endurance, and self-confidence; gain a

new appreciation for working out; and maybe some new fitness friends. Workouts will be challenging, but fun with high energy. Workouts can be modified, but this class is best suited for intermediate and advanced participants.

Dates:

Mondays, April 8 - May 13, 2024 (Rain Date: May 20)

Time: 5:30-6:30 PM

Location: Greenhelt Pavilion and park area near

Amphitheater

Cost:

\$75.00 for 6-week session

Instructor:

Tammye Wright-Certified Personal Trainer, Masters in Exercise Science

Items needed:

Comfortable athletic clothing and tennis shoes, a water bottle, Yoga/stretching mat, and one set of medium based weights

YOGA CLASSES

A series of on-going Vinyasa-style Yoga classes for Ages 18 & up are offered with emphasis on poses designed to increase strength, flexibility, and balance. Attention is also placed on breathing and how to better use our lungs, as well as creating a mental calmness and cultivating a quiet and peaceful mind.

Items needed for all Yoga classes: Yoga mat, blanket, comfortable clothing that does not restrict movement

Certified Yoga Instructor:

Tammy Lindsay

GENTLE FLOW FOR ALL LEVELS

Dates:

Session: Wednesdays, March 27 - May 1, 2024 Session: Wednesdays, May 8 - June 19, 2024

(No class May 29)

Session: Wednesdays, June 26 - July 31, 2024 Classes continue every 6 weeks.

Time: 6:00-7:00 PM

Location: Everett Senior Center Costs: \$60.00 per 6-week session \$110 per 6-week session if combined with Get Fit class

Continued on next page



We believe ...

abundant parks, well maintained green spaces, and recreational facilities and programs enrich the lives of the citizens of Maryville. We are proud to partner with the **Maryville-Alcoa-Blount County Parks and** Recreation Commission.



GET FIT YOGA

This class combines the basic aspects of beginner-advanced yoga and adds strength training through core exercise and more.

Dates:

Session: Mondays, March 25 – April 29, 2024 Session: Mondays, May 6 – June 17, 2024

(No class May 27)

Session: Mondays, June 24 – July 29, 2024

Classes continue every 6 weeks.

Time: 6:00-7:00 PM

Location: Everett Senior Center

Cost:

\$60.00 per 6-week session \$110 per 6-week session if combined with Gentle Flow class

PHOTOGRAPHY CLASSES FOR BEGINNERS

FOR AGES 15 & UP

DSLR and/or Advanced Digital Cameras

Would you like to take better pictures with your digital camera but don't know where to start? In this class, you'll learn how to get the most out of your camera and take great photos of your favorite people and places.

You'll learn the answers to questions like:

"What are all these buttons and settings on my camera and why should I use them?"

"What is photo composition and why should I care?"

"I took some great pictures! What's the best way to put them online for everyone to see or print them and hang them on my wall?"

Be sure to bring your camera to class. This isn't a "listen to the teacher talk" class. We'll be learning hands on. Class size is limited so sign up quickly!

Dates:

Session 1: Mondays, April 1-22, 2024 Session 2: Tuesdays, April 2-23, 2024

Time: 6:00-7:00 PM

Location: Springbrook Recreation

Center

Cost: \$60.00 for 4-week session

Instructor: Brad Coulter

ADULT TENNIS INSTRUCTION AND LEAGUES

Items needed for all tennis classes: Tennis racquet, comfortable athletic clothing & tennis shoes, water bottle

TENNIS IN NO TIME

This class is designed for new players. Bring a friend and learn the basics of tennis.

Dates:

Session 1: Mondays & Wednesdays, May 6-15, 2024 (Rain Date: May 20)

Session 2: Mondays & Wednesdays, June 5-17, 2024 (Rain Date: June 19)

Session 3: Mondays & Wednesdays, July 8-17, 2024 (Rain Date: July 22)

Time: 6:00-7:00 PM

Location: John Sevier Park

Tennis Courts

Cost: \$70.00 per session **Instructor:** LuAnne Zelasko

ADULT CO-ED TENNIS GROUP

A group of tennis players meet on Monday, Wednesday and Friday mornings throughout the year. Players are welcome to join in at anytime by showing up at the courts for some fun and relaxed games of tennis. For more information, contact Bonnie Mark at 865-209-3087 or email at bkmark0917@aol.com.

Dates:

Mondays, Wednesdays and Fridays

Times:

9:00-11:00 AM March-June and September-November 8:00-10:00 AM July-August

10:00 AM-Noon December-February

Location:

John Sevier Park Tennis Courts

Cost: Free! Just show up.

Player Level: Any level

Equipment Needed:

Participants must provide their own racquet and 1 can of balls.

Coordinator: Bonnie Mark





PICKLEBALL FOR BEGINNERS

FOR AGES 18 & UP

Have you been wanting to learn more about the game of pickleball? Join us for this 6-week class and learn the game from a certified instructor, practice some drills to improve your skills, then play against others that have signed up for the class.

Dates: Tuesdays, March 26 - April 30, 2024

(Rain Date: May 7)

Time: 6:30-8:00 PM

Cost: \$75.00

Instructor:

Norman Weathersby and Avie & Melissa Ownby, Certified Pickleball Instructors

Location:

Pickleball Courts at John Sevier Park

Equipment Needed:

Bring your own pickleball paddle and water bottle. Balls will be provided and each person will take a ball home at the end of the session. (If you have no access to a paddle, please contact us).

Attire: Weather appropriate athletic clothing and tennis shoes.



SENIOR ADULT RECREATION

EVERETT SENIOR CENTER

Office Hours: Monday-Friday 8AM-4PM 702 Burchfield Street Maryville, TN 37804 Telephone: 865-983-9422 Email Address: escadmin@parksrec.com Stacy Homever. Center Director Greg Pitner, Administrative Assistant

The Everett Senior Center is a multipurpose recreation center for adults over Age 50. Membership fees are \$15.00 per year for an individual or \$25.00 per couple, which includes a monthly newsletter via email and numerous programs and activities (see below).

Membership Benefits:

Monthly Newsletter Email 10% Facility Rental Discount Program/Activity Discounts Free Member Appreciation Luncheons

Recreational Activities:

- Work on your own Scrapbooking and Paper Craft Projects - Mondays and Fridays. 9:00 AM - 2:00 PM.
- Quilt/Knit/Crochet Group meets every Tuesday & Thursday at 10:00 AM. Bring your project and join the fun.
- Oil Painting classes with Barbara Goddard - Wednesdays, 9:30 AM - Noon Cost: \$75.00/Members. \$80.00/Nonmembers for 6-week session. Contact the Center at 983-9422 for class dates.
- Watercolor classes with Penny Reasor Mondays, 9:30 AM - Noon

Cost: \$75.00/Members. \$80.00/Nonmembers for 6-week session. Contact the Center at 983-9422 for class dates.

• Drawing classes with Yichen Reneau Wednesdays, 9:00 AM - Noon

Cost: \$75.00/Members, \$80.00/Nonmembers for 6-week session. Contact the Center at 983-9422 for class dates.

• Tai Chi - Beginner Classes held Tuesdays & Thursdays from 9:00-9:45 AM. Intermediate from 9:45-10:30 AM. and Advanced from 10:30-11:15 AM. Participants can expect to improve their balance, flexibility, strength, coordination, and concentration, all while enjoying a pain free, calming, relaxing activity. Instructors: Mary Pope and Yichen Reneau Cost: \$5.00 per class paid directly to instructor

- Musicians and Singers are here, AUDIENCE welcomed! Join us for "Mid-Week Music" every second and fourth Wednesday of the month. Enjoy a free musical showcase of singers and musicians with acoustic instruments featuring local hidden talent from right here in East Tennessee! Refreshments provided. Check-in at 9:30 AM with performances from 10:00-11:30 AM.
- Walking Club Tuesdays and Thursdays from 9:00-10:00 AM, weather permitting. Meet at the flag pole near the entrance of the center for a ½ mile to 1 mile walk. Free.

Dancing:

- Ballroom Dancing meets every Wednesday – Free group lesson from 1:00-2:00 PM, with more dancing after lesson to CD music from 2:00-3:00 PM (partner not required - casual dress).
- Live Band! Ballroom Dances are held the first and third Saturdays of each month 7:00-9:00 PM.

Cost: \$8.00/Members, \$10.00/Nonmembers (pay at side door)

Cards and Miscellaneous Games:

- Hand and Foot every Tuesday and Thursday at 9:00 AM
- Party Bridge every Tuesday at 9:00 AM
- Duplicate Bridge Mondays, Wednesdays and Fridays beginning at 10:00 AM, must have partner, call 983-9422 for more information.
- Rummikub every Thursday, 1:00-3:30 PM a tile game for 2, 3 or 4 players at a time.
- Mahiong every first, third and fifth Thursday of the month, 12:00-3:45 PM a solitaire matching game that uses a set of mahjong tiles rather than cards.
- Scrabble every Wednesday from 12:00-3:30 PM
- Mexican Train & Chicken Foot Dominoes every Friday from 9:30 AM -3:45 PM
- Billiards Room open Monday through Friday 8:00 AM - 4:00 PM
- Ping Pong every Monday, Thursday and Friday from 2:00-3:45 PM
- Corn Hole every Monday from 10:00 AM - Noon

• Chair Volleyball every Friday and every first, third and fifth Wednesday of the month, 10:00 AM - Noon Volleyball played with a beach ball while seated. Exercise combined with loads of fun. Come join us!

Rentals:

The Senior Center is available to rent during non-programmed hours. A contract, two-week notice, and \$100.00 cash deposit are required for all rentals. Please call 865-983-9422 for availability and additional information.

Rooms available for rent:

Large Multi-Purpose Room

1-50 people - \$50.00 per hour (3-hr. minimum/\$150.00)

51-75 people - \$75.00 per hour (3-hr. minimum/\$225.00)

76-100 people - \$100.00 per hour (3-hr. minimum/\$300.00)

Additional hours: \$50.00 per hour (Maximum rental time: 7 hours)

*Rental time includes set-up and cleanup. Example: A 3-hour event will need to be a 4-hour rental to include 30 minute set-up time and 30 minute clean-up time.



COMMUNITY RECREATION CENTERS

EVERETT RECREATION CENTER

Normal Office Hours: Monday-Friday 8AM-5PM **OPEN GYM HOURS:**

Monday-Friday 3-5 PM, Closing times vary according to scheduled programs.

> 318 S. Everett High Road Maryville, TN 37804 Telephone: 865-983-6264

Brook Hemphill, CPRP, Center Director

This center offers basketball and volleyball courts and a variety of programs for children. Meeting rooms and a gymnasium are available for rental. See rental information below. For rentals and reservation inquiries, please call the Center at 983-6264.

Rental fees for Everett **Recreation Center:**

Meeting Room 202 - \$30.00 per hour (2 hr. minimum)

Meeting Room 206 - \$30.00 per hour (2 hr. minimum)

Meeting Room 205 - \$45.00 per hour (2 hr. minimum)

Half of Gymnasium - \$40.00 per hour Whole Gymnasium - \$75.00 per hour

Entire Facility - \$130.00 per hour

Special Party Rate: \$125.00 for 2-hour rental includes use of half of gymnasium and half of balcony or Room 205.

MARTIN LUTHER KING, JR. **COMMUNITY CENTER**

Normal Office Hours: Monday, Tuesday, Thursday, Friday 10AM-6PM Wednesday 10AM-5PM

Center may close early on occasion due to rentals.

209 E. Franklin Street. Alcoa. TN 37701 Telephone: 865-983-1954

Email Address: lilli@parksrec.com

Lilli Brown, Center Director Derek Williams, Assistant Director Donna Lindsey, Program Assistant

This multi-purpose center has two meeting rooms, kitchen facilities, a computer lab with controlled internet access and Wi-Fi. A small meeting room also serves as a library with a variety of

children's books. There is also an outdoor playground, volleyball net, soccer goals, gaga ball pit, and basketball courts adjacent to the facility.

Rental Fees for MLK Center:

Large Meeting Room Up to 50 People: \$45.00 per hour - 2 hr. minimum Over 50 People: Additional \$25/hour Kitchen Use: \$25.00 extra

Renters must visit the center in person, pay a \$45 deposit and sign a rental agreement to secure rentals.

*A 2-hour minimum is required for most rentals.

*Center Capacity: 125

*Rules apply for decorations and heavy kitchen use, an additional \$25 cleaning fee may apply based on type of rental.

UPCOMING PROGRAMS AND EVENTS BEING HELD AT THE CENTER:

MLK Living the Dream Enrichment and Afterschool Tutoring Program

THE PROGRAM IS CURRENTLY FULL FOR THE 2023-2024

Monday, Tuesday, Thursday & Friday 3:00-6:00 PM Wednesday 3:00-5:00 PM

This program is available for Kindergarten through Grade 12 students.

Activities include tutoring, assistance with homework and school projects, and recreational games.

Students MUST be registered before attending the program. Snacks provided.

Senior Program

Monday through Friday 10:30 AM - 1:30 PM Recreational activities for seniors Age 55 & older including line dancing, yoga, arts & crafts, walking club, chair exercises, sports activities, educational classes, and more.

Girls, Inc. Outreach Program for Girls Ages 6-18

This program offers STEM-related programs (science, technology, engineering and math), a reading comprehension program, arts & crafts, and indoor and outdoor recreational activities for girls Grades 5-8th.

MLK Youth Summer Day Camp

May 28 - June 28, 2024

Monday-Friday 9:00 AM - 5:00 PM except for the first week due to the

Summer Day Camps for Ages 5-12. Activities include a Literacy program. computer lab, swimming, field trips, outdoor activities, games, arts & crafts, and more! Breakfast and lunch provided. Children should dress comfortably and bring a water bottle each day.

Cost: \$45.00 per child per week (except for first week \$36.00). Limited space available. Pre-registration and payment are required before the start of each week at the Parks & Rec Administrative Office.

Juneteenth Festival

Wednesday, June 19, 2024

Visit our website www.parksrec.com closer to the date for more information.

For more information regarding Center activities and events or rentals, please visit our web site at www.parksrec.com or call 983-1954.

SPRINGBROOK RECREATION CENTER

OPEN GYM HOURS: Monday-Friday 3-5 PM 1537 Dalton Street, Alcoa, TN 37701 Telephone: 865-984-5612 Email Address: springbrookrecctr@ parksrec.com Phil Eakins. Center Director Center Assistant: Earl Anderson

Program Assistants: Ted Marcum and

Phil Roberts

This center located in the Springbrook Park area of Alcoa features a gymnasium, volleyball court, pool tables, and meeting rooms. For rentals and reservation information, please call the Center at 984-5612.

Rental fees for Springbrook **Recreation Center:**

Gymnasium use only \$30.00 per hour

Lower Level (includes gym, Meeting Room 101 and pool tables) \$50.00 per hour

Room 102 (meeting room with microwave and refrigerator) \$45.00 per hour

Room 102 (plus gymnasium) \$65.00 per hour

Room 103 (upstairs)** \$65.00 per hour

Room 103 (plus gymnasium) \$80.00 per hour

Entire facility \$115.00 per hour

*An additional fee of \$50-\$75 may apply for heavy decorations, food or cleaning purposes.

**No food or drinks are permitted in Room 103.

Karate classes meet on a regular basis at the Center. See "Just For Kids" section for complete details.









AREA PARKS AND RECREATION FACILITIES

MARYVILLE

- Amerine Park
- College Hill Park
- Everett Park
- Everett Senior Center
- John Sevier Park. Tennis/Pickleball Courts & Pool
- Pearson Springs Park
- PetSafe Dog Park
- Sandy Springs Park & Tennis Courts

ALCOA

- Alcoa Duck Pond
- Bassel Basketball & Pickleball Courts
- Claytons **Disc Golf Course**
- Howe Street Park
- Martin Luther King, Jr. **Community Center**
- Oldfield Park
- Rock Garden Park
- South Hall Park
- Springbrook Park & Pool
- Springbrook Recreation Center & **Tennis Courts**

BLOUNT COUNTY

- Eagleton Park
- Everett Athletic Complex & Recreation Center
- Frank Bogle Greenway
- Louisville Point Park
- Richard Williams Park
- Singleton Park

RENTAL OF **OUTDOOR PAVILIONS**

Parks & Rec rents the following park pavilions for family and group functions. For more information regarding facility accommodations, rental fees, or to reserve, please visit our web site at www. parksrec.com

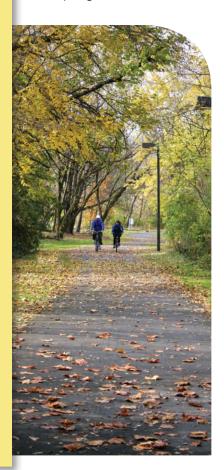
- Duck Pond Pavilions (3)
- Eagleton Park Pavilion
- Everett Park Picnic Area
- Howe Street Park Pavilion
- John Sevier Park Pavilion
- Louisville Point Park Pavilion
- Pearson Springs Park Pavilion
- Richard Williams Park Pavilion
- Sandy Springs Park Pavilion
- Springbrook Park Pavilion



*To reserve the Greenbelt Pavilion near the Courthouse, call the City of Maryville at 865-273-3407.

Reservations can be made in person at the Parks & Rec Administrative Office located at 316 S. Everett High Road, Maryville, TN 37804 or on-line through our web site at www.parksrec.com. We begin taking reservations in-office on January 2nd of each year (if the 2nd falls on a week-end, we'll begin the following Tuesday). However, you can make them on-line beginning January 1st.

Refund Policy: Cancellations or changes in dates must be received at least 30 days prior to the date of the event or fee will be forfeited. If you have any questions, please call Parks & Rec at 865-983-9244 or visit our website.





Come dance with us this summer at ADU!

Princesses & Pixie Dust Dance Camp June 10 - 14, 2024

Teddy Bears & Tutus Dance Camp June 17 - 21, 2024

Artistic Dance Unlimited

4 Week summer dance session July 9 - Aug. 1, 2024:

Ballet • Jazz • Lyrical Tap • Hip Hop • Contemporary • Acrobatics

Online registration begins May 1st for our summer camps, classes and 2024-25 dance season.

adudance.com or call the studio for more information



on Instagram 314 Gill St., Alcoa TN • 865-982-1993



Members of Dance Educators of America, Dance Masters of America, and Blount County Chamber