

2023

FALL & WINTER

PROGRAM GUIDE

Area Parks
Basketball
Football
Gymnastics
Hometown Christmas Events
Kickball
Kids Triathlon
Performing Arts
Pickleball
Pottery
Recreation Centers
Run 4 Fun & 5K Races
Senior Programs
Sign Language Classes
Soccer
Songs By The Brook Concerts
Special Olympics
Tennis
Volleyball
Yoga
....and more!

PARKSREC.COM



PARKS & REC

Maryville • Alcoa • Blount County





OUR MISSION

To enhance the quality of life by providing diverse recreational and healthy lifestyle opportunities.

POLICY STATEMENT

The Parks and Recreation Commission does not discriminate on the basis of race, color, national origin, sex, religion, age, genetic information or disabling condition in employment opportunities or in the provision of parks and recreation services.

In accordance with the requirements of the Title II of the Americans with Disabilities Act of 1990 ("ADA"), the Recreation and Parks Commission of Maryville-Alcoa-Blount County will not discriminate against qualified individuals with disabilities on the basis of disability in its services, programs, or activities.

COMMISSIONERS

Blount County Representatives

Brad Bowers
Nelson Russell

City of Alcoa Representatives

Frank Cameron
Tracey Cooper

City of Maryville Representatives

Dallas Monroe
Andy White, Chairperson

At Large Representative

Keri Prigmore, Vice-Chairman

STAFF

ADMINISTRATIVE OFFICE

Office Hours: Monday-Friday 8AM-5PM
316 S. Everett High Road, Maryville, TN 37804
Telephone: 865-983-9244

Email Address: info@parksrec.com

Joe Huff, CPRP, Executive Director
Chris Clark, CPRP, Assistant Director
Kelly Forster, CPRP, Superintendent of Recreation
Will Hubbs, Program Coordinator
Missey Wright, Recreation Specialist
Leanna Millard, Business Manager
Connie Ball, Administrative Assistant
Hunter Harmon, Office Assistant
Leann McKenzie, Human Resources

MAINTENANCE DEPARTMENT

614 Evan Circle, Maryville, TN 37804
Telephone: 865-984-6950

Brian Keyl, Maintenance Superintendent
Mike Sellers, Assistant Maintenance Superintendent
Todd Compton
Gary Gregory
Blake Kirby
Waylon Majors
Dylan Moyer
Anthony Pickering
Stacy Walker
Troy Cooper, Louisville Point Park Resident Manager

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After Hours Drop Box and On-Line Registration Available

If you are unable to visit the Parks & Rec Office during regular business hours, you may use our secure drop box located on the side of the building or on-line registration at www.parksrec.com to submit registrations and payments.

Refund Policy for Programs

Refunds may be given up to five (5) working days prior to the beginning of each program. If your cancellation causes the participation number to fall below the required class minimum, the refund will be contingent upon the vacancy being filled. After programs begin, refunds will be made for the following reasons only: 1) Illness or Injury 2) Moving from the Blount County area 3) Cancellation of the program by Parks & Rec. Refunds will be prorated according to the number of classes/activities already held. All refunds are subject to a \$5.00 administrative fee, unless the program has been cancelled by Parks & Rec. Please note that if the program is cancelled or if you choose to withdraw from the activity and you registered on-line, the on-line transaction fee is non-refundable.

Leon Berrong Scholarship Program

Program scholarships are available for children who qualify. The Leon Berrong Scholarship Fund was established in 2005 to allow disadvantaged children to be able to participate in Parks & Rec programs. If you have questions, would like additional information, or would like to make a donation, please contact our office at 865-983-9244.

VISIT OUR WEB SITE AT

WWW.PARKSREC.COM

865-983-9244

316 S. Everett High Rd.
Maryville, TN 37804

Office Hours:
Monday - Friday
8:00 AM - 5:00 PM

FREE SUMMER CONCERT SERIES

www.parksrec.com

AUG

6:00 pm

17



Mt. LeConte Jug Band



Will Kruger



Drift Boat Cowboys

AUG

6:00 pm

31



Angela Easterling



Mic Harrison



The Young Fables

SEPT

6:00 pm

14



Jasper Hollow



Jeff Barbra & Sarah Pirkle



Jeanine Fuller

Sponsors:

Bring your lawn chairs and enjoy music in the park!



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David George - Humana

SPECIAL EVENTS

VISIT OUR WEB SITE AT **WWW.PARKSREC.COM** FOR NEW PROGRAMS AND EVENTS THROUGHOUT THE YEAR



2023 ANNUAL HEALTHY BLOUNT TRIPLE CROWN OF RUNNING

This 24th annual event consists of the Spring Sprint (April 15), the Scholars Run (July 29), and the Reindeer Run (December 3). To be eligible for the Triple Crown cash awards and a special memento, participants must compete in all three races. To be eligible to win door prizes valued at a minimum of \$50.00 each, participation in two races is required. Both runners and walkers at each event are eligible for great door prizes.

Register for Parks & Rec Programs Online!

www.parksrec.com



SCHOLARS RUN 5K ROAD RACE & 1-MILE FUN RUN/WALK

This event is a 5K (3.1-mile) road race and 1-Mile Fun Run/Walk and is the second event of the Healthy Blount Triple Crown of Running. The race begins and ends on the Maryville College campus, with a certified course. Visit our website at <https://www.parksrec.com/special-events/triple-crown-running> for course map. Awards are given to the Overall and Masters winners, and the top three finishers in each age division in the 5K. All Fun Run/Walk participants receive a keepsake. **A portion of the proceeds benefit the Blount County Community Food Connection.**

Date: Saturday, July 29, 2023

Location: Maryville College – Cooper Athletic Center

Time: Day of race check-in: 6:45-7:30 AM

5K Race: 8:00 AM

1-Mile Fun Run/Walk: 8:45 AM

Registration and Cost:

Individuals may register at Parks & Rec at 316 S. Everett High Rd in Maryville or online at <https://runsignup.com/Race/TN/Maryville/ScholarsRun>

Fee includes a T-shirt, add \$2.00 for XXL

\$4.00 Discount for No shirt.

5K Race:

Students: (18 & under): \$22.00 thru 7/24/23
7/25 thru day of race \$28.00

Adults: \$30.00 thru 7/17/23
7/18-7/24 \$35.00
7/25 thru day of race \$38.00

1 Mile Fun Run/Walk:

(Non-chipped time & designated bibs not allowed in 5K)

\$17.00 thru 7/24/23

7/25 thru day of race \$20.00

Day of race registration: 6:45-7:30 AM

Race Packet Pick-up

Thursday, July 27th from 5-7 PM at Dick's Sporting Goods in Alcoa or day of race.

Triple Crown of Running Continued On Next Page

REINDEER RUN 5K ROAD RACE & 1-MILE FUN RUN/WALK

This run, which is the final leg of the Healthy Blount Triple Crown of Running, is a 5K (3.1 mile) road race and 1-Mile Fun Run/Walk. Visit our website at <https://www.parksrec.com/special-events/triple-crown-running> for course map. Awards are given to the Overall and Masters winners and the top three finishers in each age division. All Fun Run/Walk participants receive a keepsake. Prizes will also be given to the best male and female Christmas costume. The Triple Crown of Running awards ceremony will also take place at this event. **A portion of the proceeds from this event will go to the Empty Pantry Fund.**

Date: Sunday, December 3, 2023

“Check-In”

Location: Greenbelt Amphitheater

Time: Day of race check-in: 12:45-1:30 PM
5K Race: 2:00 PM
1-Mile Fun Run/Walk: 2:45 PM

Registration

and Cost: Individuals may register at Parks & Rec at 316 S. Everett High Rd in Maryville or online at <https://runsignup.com/Race/TN/Maryville/ReindeerRun>
Fee includes a T-shirt, add \$2.00 for XXL
\$4.00 Discount for No shirt.

5K Race:

Students: (18 & under): \$22.00 thru 11/27/23
11/28 thru day of race \$28.00

Adults: \$30.00 thru 11/20/23
11/21-11/27 \$35.00
11/28 thru day of race \$38.00

1 Mile Fun Run/Walk:

(Non-chipped time & designated bibs not allowed in 5K)

\$17.00 thru 11/27/23
11/28 thru day of race \$20.00
Day of race registration: 12:45-1:30 PM

Race Packet Pick-up

Thursday, November 30th from 5-7 PM at Dick's Sporting Goods in Alcoa or day of race.



PAWS IN THE POOL

Welcome to the 2nd annual “Paws in the Pool” dog festival at Springbrook Pool. Dogs **MUST** be good swimmers or wear a dog lifejacket if needed (none will be provided). For more detailed information, visit www.parksrec.com.

Date: Sunday, August 6, 2023

Time: 1:00-5:00 PM

Small dog check-in opens at 12:30 PM (under 40 lbs)
Swim Time: 1:00-2:30 PM

Large dog check-in opens at 2:30 PM (over 40 lbs)
Swim Time: 3:00-4:30 PM

Location: Springbrook Pool, 636 Vose Road, Alcoa

Cost: \$5.00 per dog if pre-registered by 4 PM the Friday before the event
\$8.00 per dog day of event

Cost includes dog swimming in chlorinated pool, dog goodies, on-site vendors, fun dog activities, and an event keepsake for dogs.

Follow us 😊



Register for Parks & Rec Programs Online!

SONGS BY THE BROOK CONCERT SERIES

A free summer concert series held during the months of August and September in Springbrook Park. The series will focus on Americana, folk, and blues genres featuring performances by regional and local musicians. Springbrook is a beautiful park in the Alcoa community with trails, playgrounds, tennis courts, and a recreation center. A perfect setting for outdoor summer concerts! You can relax and enjoy the music, then walk around and visit with some of the on-site vendors.

Visit www.parksrec.com for more information.

Dates & Time:

August 17 & 31 and September 14, 2023
from 6:00-9:00 PM

In the event of inclement weather, concerts on August 17 & September 14 will be rescheduled, the August 31st concert will be held indoors at the Springbrook Rec Center.

Location: Springbrook Park

Cost: Admission FREE!

Food vendors will be available on-site for food purchases.



“GOTTA TRI” KIDS TRIATHLON

Bring your “Tiny Tot” (Ages 3-6) or “True Trooper” (Ages 7-9) for a fun afternoon of kid-friendly triathlon activities! Event course is modified for age group levels, with each group having their own course. Participants will run, bike, and get wet as they make their way to the finish line where everyone receives a medal. This unique event is recreational (not competitive) and encourages young kids to get out and get active! Bring a bicycle or tricycle (with helmet) and wear tennis shoes and



comfortable athletic clothing that can get wet at the end. A family member must assist each 3-6 yr. old as they make their way through the course. Parents should wear comfortable athletic clothing as well. No swimming will take place, but participants will get wet as they make their way towards the finish line.

Date: Sunday, September 10, 2023
(Inclement Weather Date: September 17)

Check-in Times: **For Ages 3-6** Between 1:30-2:30 PM as you arrive.
For Ages 7-9 Between 2:30-3:15 PM as you arrive.
No early check-ins due to 3-6 yr. old event.

Event Times: **For Ages 3-6** 2:00-3:00 PM (Groups start every 5 minutes on a first come/first serve basis). Course closes promptly at 3 PM.
For Ages 7-9 3:00-3:45 PM (Groups start every 5 minutes on a first come/first serve basis). Course closes promptly at 3:45 PM.

Location: Springbrook Pool/Alcoa Duck Pond area
Cost: \$12.00 if pre-registered at Parks & Rec or on-line by **Friday, Sept. 8 at Noon**
\$17.00 day of event
Cost includes a t-shirt and medal.
*T-shirts guaranteed for pre-registered, while supplies last for day-of registrants.



A SPOOKTACULAR EXTRAVAGANZA HALLOWEEN FUN EVENT FOR FAMILIES AND DOGS IN COSTUME

Join us for some fun Halloween activities on West Broadway in downtown Maryville. Activities will include trick or treating at downtown businesses, a dog costume contest, a dance party in the street, carnival games, and more. Visit our website at <http://parksrec.com/halloween.html> for more information closer to the event date. Some activities will move under cover to the Maryville Municipal Parking Garage or be modified if rain is forecasted.

- Date:** Friday, October 27, 2023
- Location:** Downtown Maryville (West Broadway Avenue)
- Time:** 5:00-8:00 PM for most activities
(with scheduled times for certain activities)
- Cost:** Free for trick or treating, games, and contest viewings
Other Charges: \$5.00 for pet contest entry

Register for Parks & Rec Programs Online!
www.parksrec.com



**Special Olympics
Blount County**

Blount County Special Olympics Program is open to Blount County citizens Age 8 years & older. The ultimate goal of this program is to help individuals with intellectual disabilities participate as productive and respected members of society at large, by offering them fair opportunities to develop and demonstrate their skills and talents through sports training and competition, and by increasing public awareness of their capabilities and needs.

Schools and centers throughout Blount County participate in these events. However, any person whose school or center does not participate OR any adult who does not attend a school or center is eligible to compete as an independent athlete.

Annual Events include:*

Bowling – September 12-14, 2023 – Crest Bowling Lanes

Winter Games – Late January 2024 – Ober Gatlinburg

Basketball – February 2024 – Heritage High School

Track & Field – April 2024 – Heritage High School

***All dates are tentatively set. Please call one month prior to event to confirm 983-9244.**

Special Olympics Volunteers

Volunteers are always needed to provide many types of assistance during Special Olympic events. Potential volunteers should keep in mind that all competitions are held during regular school/work hours. If you would like more information regarding confirmed event dates or ways you can contribute your time or financial resources, please contact Will Hubbs at 865-983-9244 or will@parksrec.com.



HOMETOWN
CHRISTMAS EVENTS

City of Alcoa Tree Lighting

Join us at the Springbrook Corporate Center to celebrate the lighting of the City of Alcoa Christmas Tree. The ceremony will take place at the pedestrian bridge next to the center. Following the ceremony, there will be special music, refreshments, and visits with Santa Claus. Event is free.

Date: November 27, 2023 Rain Date: November 28
Time: 6:15 PM
Location: Pedestrian bridge at the Springbrook Corporate Center, 223 Associates Boulevard, Alcoa

Blount County Festival of Trees

The Blount County Courthouse lawn will be illuminated by live Christmas trees of all sizes, colors, and themes. This unique month-long event allows the community to enjoy the festival by driving by or walking through for a closer look. The Festival opening will take place on the Courthouse lawn and will include entertainment, refreshments, and visits with Santa Claus. For information on entering a tree in the festival, please contact the Parks & Rec Office at 865-983-9244. Deadline to submit applications is November 8th.

Date: November 30, 2023
Time: Tree lighting 6:30 PM
Location: Blount County Courthouse



H.O.M.E. For The Holidays

H.O.M.E. (Hall-Oldfield-Maryville Empowerment) and the Martin Luther King, Jr. Community Center partner for this annual community celebration to kick-off the Christmas holidays. Join us for family fun and light refreshments. If you choose to put a tree in the lower field, please do so prior to the event with the last day being November 30th.

Date: December 2, 2023
Time: 5:00-8:00 PM Tree Lighting: 6:00 PM
Location: MLK Community Center

City of Maryville Tree Lighting

Come and enjoy the City of Maryville Tree Lighting ceremony hosted by the City of Maryville. This annual event features community entertainment, refreshments, and Santa Claus. Event is free.

Date: To be announced.
Time: To be announced.
Location: Maryville Parking Garage on Broadway

Santa Calls

Children Ages 3-6 in Blount County can enjoy a very special telephone call from Santa Claus free of charge thanks to the continued support of volunteers from the Maryville-Alcoa Civitan Club who provide special phone lines from the North Pole.

Date: Thursday, December 7, 2023
Time: All calls are made between the hours of 5-9 PM.
Registration: Applications may be obtained on-line at www.parksrec.com under Special Events, Hometown Christmas or at the Parks & Rec office after November 21.
Registration deadline: December 4.

JUST FOR KIDS

VISIT OUR WEB SITE AT **WWW.PARKSREC.COM** FOR NEW PROGRAMS AND EVENTS THROUGHOUT THE YEAR

PRE-REGISTRATION IS REQUIRED FOR MOST PROGRAMS!

TACKLE FOOTBALL

Grasshoppers - Ages 6 ½ - 8

PeeWees - Ages 8-10

Midgets - Ages 10-12

- Registration is taken in late January and mid-June depending on availability (teams can take up to 35 players). Please watch for team advertisements regarding registration in the Sports Section of The Daily Times.
- Spring practice is held February through April.
- Fall practice begins mid-July.
- The Jamboree is scheduled for August 5th with the season beginning the following week. The Super Bowl, which concludes the season, is scheduled for September 30th.
- Visit our web site, <https://www.parksrec.com/recreation-program/sports/youth-football>, for information regarding teams in your area.

FLAG FOOTBALL

This program is available for boys and girls Ages 6-12.

Registration: July 3 – August 4, 2023

Cost: \$93.00 includes game jersey

An optional picture package is available for \$18.00 extra if purchased at time of registration, \$20.00 if purchased day of pictures.

- Games will be played on Sunday afternoons at the Everett Athletic Complex beginning September 10 and will continue for 7 weeks. We are tentatively planning to take off October 1st for Fall Break.
- Children will begin practicing two weeks prior to the start of the season and will practice 2 times per week. Once the season begins, only 1 practice will be held per week on Sundays prior to games.
- Children are placed on teams according to an evaluation and their age as of September 1. Ages 9-12 are drafted.
- Age groups are subject to change due to enrollment. Age groups are tentatively set as 6-8 and 9-12.
- **Mouth guards and shorts with no pockets are required.**



T-BALL, BASEBALL AND SOFTBALL

Parks & Rec does not offer T-ball or baseball for youth, these sports are offered through area little leagues. Contacts and phone numbers for those organizations are listed below. Please watch for advertisements regarding registration in the Sports Section of The Daily Times.

- **Alcoa Youth Baseball for Boys and Girls Ages 4-12.** For more information, contact Dyran Bledsoe at 865-806-7091 or visit their web site at <https://www.alcoayouthsports.com/>
- **Maryville Little League for Boys and Girls Ages 4-16.** For more information, visit their web site at <http://www.maryvillelittleleague.com/>

- **Outward Baseball and Softball for Boys and Girls Ages 4-13.** Visit Mount Lebanon Baptist Church's website at <http://www.mlbcn.org/content.cfm?id=3106> for more information or call 865-982-4960 (day) or 984-9712 (evening).

Register for Parks & Rec Programs Online!
www.parksrec.com

POLICY FOR RESERVING PRACTICE FIELDS

This policy pertains to Little League teams and all other teams not participating in the Parks & Rec Adult Softball League. Please visit the Parks & Rec website for Parks & Rec teams’ policy.

Reservations for practice fields are taken every Thursday, beginning mid-March through late August. Otherwise, fields are first come, first served unless being used by Parks & Rec programs such as football and soccer. Teams should call 865-983-9244 at 10:00 AM so that everyone has the same opportunity. If you call before 10:00 AM, you will be asked to call back, so please synchronize your watch with Parks & Rec’s! Please note that field reservations are taken by phone only. No walk-ins please. Our phone lines will be very busy, so if you don’t get through, please try again. When you call on Thursday, you will be reserving times for the following week (beginning the next day Friday through the following Thursday). Teams can reserve 1 field per week for 1 1/2 hours (M-F) or 2 hours (Sat & Sun) according to availability. Reservations are taken for the following fields: two at Everett Park, three at Sandy Springs Park (one being a small baseball field for Ages 12 & under only), one at Springbrook Park, two at Pearson Springs Park (available week-ends only for Ages 12 & under), and two at Amerine Park. Teams are encouraged to pick-up a Field Permit from the Parks & Rec Admin. Office to take with you to practice that shows you have the field reserved. Without your permit, you have no proof you have the field reserved!

YOUTH SOCCER

Parks & Rec offers two youth soccer seasons each year; in the spring and fall for boys and girls Ages 4-16. Two programs are offered: Soccer for Fun for 4 year-olds and Youth Soccer for Ages 5-16 (please see additional information regarding each league below).

Soccer for Fun for 4 Year-Olds

Soccer for Fun is a fundamental, non-competitive approach to the game of soccer and a great way to introduce your child to this popular sport. Children are randomly divided into groups, and will be involved in drills in addition to playing small-sided scrimmage games for one hour one day per week for 6 weeks. Shin guards are required. Limited space available!

Registration

Dates: **Fall** Season: July 3 – August 4, 2023
(first-come/first-served until full)
Spring Season: January 22 – February 23, 2024
(first-come/first-served until full)

Beginning

Dates: Fall season is tentatively scheduled to begin September 16.

Time: 9:00-10:00 AM on Saturdays
Location: Everett Athletic Complex
Cost: \$78.00 includes game jersey
+ \$18.00 for pictures which is totally optional,
\$20.00 if purchased the day of pictures
****Late registration is \$5.00 extra and on a space available basis****
Instructor: Geoff Hamm

Soccer for Ages 5-16

Be a part of the world’s most popular sport! Youth soccer is an excellent way to develop motor skills. Each participant will play in every game.

Registration

Dates: **Fall** Season: July 3 – August 4, 2023
(first-come/first-served until full)
Spring Season: January 22 – February 23, 2024
(first-come/first-served until full)

Beginning

Dates: Fall season is tentatively scheduled to begin September 9 and will continue for 8 weeks.

Spring season is tentatively scheduled to begin April 6 and will continue for 6 weeks.

Time: Game times will vary from early morning to mid afternoon.

Location: Everett Athletic Complex and Pearson Springs Park

Cost: \$78.00 includes game jersey
+ \$18.00 for pictures which is totally optional,
\$20.00 if purchased the day of pictures
****Late registration is \$5.00 extra and on a space available basis****

- Children will practice 1-2 times per week, which begins several weeks prior to the season at an area park.
- Children are placed on teams according to their age (as of April 1 in the spring and as of September 1 in the fall) and their school.
- Children Ages 5-12 will be placed on an all-boys/all-girls team. Ages 13-16 play co-ed.
- Ages 5-6 will play “small-sided” soccer.
- **Shin guards are required.**

BASKETBALL

Basketball for Fun for 5 Year-Olds

Basketball for Fun is a low-key, non-competitive approach to the game of basketball. Available to boys and girls 5 years old, this is a great introductory approach to learn the fundamentals of the game. The program meets for one hour on Saturdays for 6 weeks.

Registration: October 2-27, 2023
(first come/first served until full)

Start Date & Season: Program is tentatively scheduled to begin January 6, 2024 and is 6 weeks long.

Location: Everett Recreation Center

Time: 9:00-10:00 AM

Costs: \$78.00 includes game jersey
+ \$18.00 for pictures which is totally optional,
\$20.00 if purchased the day of pictures

Program Director: Geoff Hamm

Basketball for Ages 6-16

Every effort is made to educate participants in the game of basketball while having fun. Each participant will play in every game.

Registration: October 2-27, 2023 (first come/first served until full)

Start Date & Season: Season is tentatively scheduled to begin January 6, 2024 and will continue for 8 weeks.

Location: Everett and Springbrook Recreation Centers, and area schools

Time: Game times vary from early morning to mid-afternoon.

Costs: \$78.00 includes game jersey
+ \$18.00 for pictures which is totally optional,
\$20.00 if purchased the day of pictures

- Teams will play a 7-game season with games being played on Saturdays.
- Children will practice 1 time per week, which tentatively begins several weeks prior to the season.
- Children are placed on teams through a draft.
- Children Ages 6-12 will be placed on an all-boys/all-girls team. Ages 13-16 play co-ed. Children are placed in age groups based on age as of September 1.



CHECK OUT "ADULT PROGRAMS" FOR MORE PROGRAMS AVAILABLE FOR AGES 12 & UP.

TENNIS INSTRUCTION

For Ages 6-17

Items needed for all tennis classes: Tennis racquet, athletic attire, water bottle, tennis shoes

Classes at John Sevier Park

Dates: **Session 1:** Mondays & Wednesdays, September 11-25, 2023 (Rain Date: Sept. 27)

Session 2: Mondays & Wednesdays, October 9-23, 2023 (Rain Date: Oct. 25)

Times: 4:00-5:00 PM Ages 6-10 (Beginner)
5:00-6:00 PM Ages 11-14 (Beginner & Intermediate)

Cost: \$80.00 for 5-hour session

Instructor: LuAnne Zelasko

Classes at Springbrook Park* Note change in location!

Children are grouped according to skill level.

Dates: **Session 1:** Mondays & Wednesdays, October 9-18, 2023 (Rain Date: Fri., Oct. 20)

Session 2: Mondays & Wednesdays, October 23 – November 1, 2023 (Rain Date: Mon., Nov. 6)

Time: 4:00-5:30 PM Ages 7-17

Cost: \$90.00 for 6-hour session

Instructors: Maryville College Tennis Coach Doug Corbett and Staff

GYMNASTICS MOVEMENT, MUSIC & MORE

For Ages 3-5

Children will learn gross motor skills needed for Kindergarten readiness and beginner gymnastics skills. Gymnastic skills are taught in proper progressions on bright, colorful preschool equipment, with all equipment designed and sized for young hands and feet. Participants will learn beginner through intermediate skills on bars, beams, trampolines, and vaulting.

Dates: **Session 1:** Mondays, August 14 – September 25, 2023
(No class Sept. 4)
Session 1B: Tuesdays, August 15 – September 26, 2023
(No class Sept. 5)
Session 2: Mondays, October 16 – November 20, 2023
Session 2B: Tuesdays, October 17 – November 21, 2023

Time: 4:00-4:30 PM

Location: Everett Recreation Center

Cost: \$75.00 per 6-week session

Instructor: Micah McCarter

TUMBLING GYMNASTICS

For Ages 5-10

This class will teach and enhance skills involving handstands, cartwheels, one-arm cartwheels and bridges for both the very beginner and intermediate student. Intermediate students will also work on round-offs, back bend kick-overs, and front and back handsprings. Classes are taught with proper skill progression for the safety of the child and with enthusiasm and motivation - never intimidation. Children that are 5 years old must have started Kindergarten.

Dates: **Session 1:** Mondays, August 14 – September 25, 2023
(No class Sept. 4)
Session 1B: Tuesdays, August 15 – September 26, 2023
(No class Sept. 5)
Session 2: Mondays, October 16 – November 20, 2023
Session 2B: Tuesdays, October 17 – November 21, 2023

Times: 5:00-5:45 PM
6:00-6:45 PM

Location: Everett Recreation Center

Cost: \$85.00 per 6-week session

Instructor: Micah McCarter



ADVANCED TUMBLING/ BACK HANDSPRINGS

For Ages 6-12

This class is designed to teach the more advanced skills of the back handspring, round-off back handsprings, and standing back tuck. Students in this class should have a good round-off and be able to do a back walk-over with a spot. Drills such as handstands, bridge kick-overs and jump backs will be repeated in this class to help students become a stronger tumbler.

Dates: **Session 1:** Mondays, August 14 – September 25, 2023
(No class Sept. 4)
Session 1B: Tuesdays, August 15 – September 26, 2023
(No class Sept. 5)
Session 2: Mondays, October 16 – November 20, 2023
Session 2B: Tuesdays, October 17 – November 21, 2023

Time: 7:00-7:45 PM

Location: Everett Recreation Center

Cost: \$85.00 per 6-week session

Instructor: Micah McCarter

DANCE STARS

By Stretch-n-Grow
For Ages 3-6

With Dance Stars, our dancers learn the fundamentals of ballet, jazz, and hip-hop while developing grace, coordination, balance, and poise. By inspiring a passion for dance, our imaginative and engaging classes will create twirling, self-expressive machines!

This is a great program to not only teach children dance, but to also help them continue to gain their confidence in a group setting with other children their age for 30 minutes while parents are not far away. It is also a great way for them to enhance their listening skills and to learn more about following instructions in a class setting. Parents will drop off children for the class time, then they are welcome to sit in the gym, walk the trail that is on-site, or relax in their car while the children are in class.

Dates, Times & Cost:

MORNING CLASSES

- Session 1: Tuesdays, August 22 – September 26, 2023
- Session 2: Tuesdays, October 10 –November 14, 2023
11:00-11:30 AM
\$85.00 per 6-week session

EVENING CLASSES

- Session 1: Wednesdays, August 23 – November 29, 2023
(No class Oct. 4 and Nov. 22) (13 weeks)
5:15-5:45 PM
\$185.00 for 13-week session with recital
+\$85.00 recital fee due later in the session for costume, venue & other recital expenses
- Session 2: Wednesdays, August 23 – September 27, 2023
(6 weeks)
- Session 3: Wednesdays, October 11 – November 15, 2023
(6 weeks)
6:00-6:30 PM
\$85.00 per 6-week session
- Location: Everett Recreation Center
- Instructor: Christa Black
- Attire: Leotard or comfortable athletic clothing, and ballet shoes*

*Optional purchase of shoes from the dance program is available.



KARATE INSTRUCTION

Parks & Rec has partnered with Maryville Isshin-Ryu Karate School to offer the following classes to both youth and adults. MIKS was established in 1967 and is the oldest martial arts school in Blount County. It is accredited by the International Isshin-Ryu Karate Association. There are no contracts or hidden fees. Participants will learn effective self-defense, street fighting techniques, traditional kata, and much more. Benefits include great workouts, stress management techniques, increased concentration, boosted confidence, flexibility, balance, discipline, and respect. For more information, visit the school's website at <https://maryvilleisshinryu.com/>

Youth Classes – Ages 7-12

- Dates: Wednesdays - Classes are on-going with new students accepted at anytime.
- Time: 6:00-7:30 PM
- Location: Springbrook Recreation Center, 1537 Dalton St., Alcoa
- Cost: \$60.00 per quarter (3 months)
Family rates available.
- Registration: For more information, call 865-599-0452 or email Pete Simmons at pete.simmons@charter.net
- Instructors: Bruce Guillaume, Mike Lewis, Pete Simmons, Bill McCarter, Adam Budnar

Adult Classes – Ages 12 & Up

- Dates: Mondays & Thursdays - Classes are on-going with new students accepted at anytime.
- Time: 7:00-8:30 PM
- Location: Springbrook Recreation Center, 1537 Dalton St., Alcoa
- Cost: \$120.00 per quarter (3 months)
Family rates available.
- Registration: For more information, call 865-599-0452 or email Pete Simmons at pete.simmons@charter.net
- Instructors: Bruce Guillaume, Mike Lewis, Angie Bragg, Shane Lenoir, Bill McCarter, Pete Simmons, Adam Budnar



KIDS IN CLAY POTTERY CLASSES

For Ages 6-10

Students will create fun projects as well as learn hand-building techniques such as coiling, pinching, and slab work. Each class is unique and small in size. Students receive personal attention from instructor through the step-by-step process of making a pot, decorating, glazing, and firing. Each class is project based and students will make a variety of bowls, dishes, and sculptural art pieces. All work goes through two kiln firings; the second firing will make the pottery safe for food and drink, as well as use in the microwave and dishwasher. We use only health-approved clays and glaze materials. Class includes clay and all firing and glaze materials.

Dates:

Session 1: Mondays, August 28 – September 25, 2023
(No class Sept. 4)

Session 2: Mondays, October 9-30, 2023

Session 3: Mondays, November 6-27, 2023

Session 4: Mondays, February 5-26, 2024

Session 5: Mondays, April 1-22, 2024

Time: 5:00-6:00 PM

Location: Studio 212, 934 East Broadway Avenue, Maryville

Cost: \$75.00 for 4-week session (includes all materials)

Instructor: Leanne Moe McQueen and Staff

Register for Parks & Rec Programs Online!

GET OUT & Enjoy Nature

**Physical & Mental
Health Benefits
Associated With
Outdoor Recreation**

Reduced -

- ▼ disease risk
- ▼ stress
- ▼ depression
- ▼ anxiety
- ▼ anger
- ▼ aches & pains

Enhanced +

- ▲ focus
- ▲ creativity
- ▲ mood
- ▲ sleep quality
- ▲ mobility
- ▲ energy

Sources: USDA Forest Service, Journal of Aging and Health, mentalfloss.com



**Vitamin
D**
"the sunshine
vitamin"

- Promotes bone health
- Protects against disease and depression
- 10-15 minutes of casual exposure to sunlight several days a week on the arms and legs during warm weather should provide adequate amounts of Vitamin D, although many circumstances affect a body's Vitamin D production.
- Remember to use sunscreen when outside for an extended period of time!

Source: Harvard Health Publishing



**of fossil fuel
emissions were
removed by global
forests annually**

Source: U.S. Forest Service 1990 to 2007

**ONE LARGE
TREE =
1 day's supply
of oxygen for up
to 4 people**

Source: North Carolina State University



865-983-9244

316 S. Everett High Rd. • Maryville, TN 37804

Office Hours: Monday - Friday 8:00 AM - 5:00 PM

VISIT OUR WEB SITE AT WWW.PARKSREC.COM

FOR NEW PROGRAMS AND EVENTS THROUGHOUT THE YEAR.

PERFORMING ARTS CLASSES

with Ron & Chris Solomon

Ron Solomon has been a professional actor, director, and children's theater founder in several states before moving to East Tennessee. His wife, Chris, is a retired music specialist and choir director from Texas. Together, they have taught creative and performing arts classes to kids of all ages, and have been popular instructors at our summer Performing Arts Camp.

FAIRY TALE THEATER

For Ages 6-9

Learn how to act and move on stage! Explore becoming different characters, play lots of drama games, and practice several scenes from a fairy tale. Will you be Pooh or Cinderella, or a Pirate?

Dates: Thursdays, October 12 – November 16, 2023

Registration Deadline: Tuesday, October 10

Time: 4:30-5:30 PM

Location: Everett Recreation Center

Cost: \$95.00 for 6-week session

MAKE A SCENE

For Ages 10-12

We will review the basics of acting and use some theater games to loosen up, get our creative juices flowing, and begin to learn how to act as an ensemble. Since children at this age are more comfortable with reading, we will work from actual scenes taken from children's stories like The Lion, the Witch and the Wardrobe and Anne of Green Gables. Some memorization will be necessary. These scenes will be presented for family and friends on the last night of class.

Dates: Thursdays, October 12 – November 16, 2023

Registration Deadline: Tuesday, October 10

Time: 5:40-6:40 PM

Location: Everett Recreation Center

Cost: \$95.00 for 6-week session



BEGINNER GUITAR

For Ages 9-15

Did you get a guitar as a gift and want to learn how to play it, or have always wanted to learn this popular musical instrument? Bring your guitar and join us for this fun class.

Dates: Thursdays, October 12 – November 16, 2023

Registration Deadline: Tuesday, October 10

Time: 5:40-6:40 PM

Location: Everett Recreation Center

Cost: \$95.00 for 6-week session

MUSICAL THEATER

For Ages 12-15

Musical comedies involve singing, acting, and movement. Come learn the basics as we stage several scenes that always end in a song (of course)! You may discover a song you can use in a future audition!

Dates: Thursdays, October 12 – November 16, 2023

Registration Deadline: Tuesday, October 10

Time: 6:45-7:45 PM

Location: Everett Recreation Center

Cost: \$95.00 for 6-week session

Register for Parks & Rec
Programs Online!

www.parksrec.com



ADULT PROGRAMS

VISIT OUR WEB SITE AT **WWW.PARKSREC.COM** FOR NEW PROGRAMS AND EVENTS THROUGHOUT THE YEAR

As always recommended, please consult with your physician before starting any exercise program.

Adult league sports are available for Ages 16 & up. • Registration taken for teams only, not individuals.



CO-ED KICKBALL

For Ages 16 & Up

The game we all loved as kids, we can enjoy again as adults.

The season includes 8 games played at local parks on Tuesday nights.

Registration: July 24 – August 25, 2023

Online registration not available – in-office only

Costs: \$185.00 per team

Season will begin: Tentatively September 5th.

VOLLEYBALL

Leagues available for both men and women Ages 16 & up.

The season includes 12 games played on Monday or Tuesday nights.

Registration: September 25 – October 27, 2023

Online registration not available – in-office only

Season will begin: Tentatively November 6th.

Location: Everett Recreation Center

Cost: \$295.00 per team

BASKETBALL

Leagues available for both men and women Ages 16 & up.

The season includes 12 games.

Registration: September 25 – October 27, 2023

Online registration not available – in-office only

Season will begin: Tentatively November 6th.

Location: Springbrook and Everett Recreation Centers

Costs: \$475.00 per team plus \$3.50 per player



TENNIS INSTRUCTION & LEAGUES

Items needed for all tennis classes: Tennis racquet, athletic attire, water bottle, tennis shoes

TENNIS IN NO TIME

This class is designed for new players. Bring a friend and learn the basics in four classes.

Dates:

Session 1: Mondays & Wednesdays, September 11-20, 2023
(Rain Date: Sept. 25)

Session 2: Mondays & Wednesdays, October 9-18, 2023
(Rain Date: Oct. 23)

Time: 6:00-7:00 PM

Cost: \$70.00 a session

Location: John Sevier Tennis Courts

Instructor: LuAnne Zelasko

Tennis Continued On Next Page

ADULT CO-ED TENNIS GROUP

A group of tennis players meet on Monday, Wednesday and Friday mornings throughout the year. Players are welcome to join in at anytime by showing up at the courts for some fun and relaxed games of tennis. For more information, contact Jerry Tuggle at 865-789-6165 or email at jtug96@gmail.com.

- Dates:** Mondays, Wednesdays and Fridays
Times: 9:00-11:00 AM March-June and September-November
 8:00-10:00 AM July-August
 10:00 AM-Noon December-February
Location: John Sevier Park Tennis Courts
Cost: Free! Just show up.
Player Level: Any level
Equipment Needed: Participants must provide their own racquet and 1 can of balls.
Coordinator: Jerry Tuggle

PICKLEBALL FOR BEGINNERS

For Ages 18 & Up

Have you been wanting to learn more about the game of pickleball? Join us for this 6-week class and learn the game from a certified instructor, practice some drills to improve your skills, then play against others that have signed up for the class.

- Dates:** Tuesdays, October 10 – November 14, 2023
 (Rain Date: Nov. 21)
 Class will be held on Halloween.
 Costumes are welcome to add to the fun!
Time: 6:30-8:00 PM
Cost: \$75.00
Instructor: Norman Weathersby
Location: Pickleball Courts at John Sevier Park
Equipment Needed: Bring your own pickleball paddle and water bottle. Balls will be provided and each person will take a ball home at the end of the session. (If you have no access to a paddle, please contact us).

Register for Parks & Rec
 Programs Online!
www.parksrec.com



POTTERY CLASSES

Introduction to Throwing

This class is a fun and total hands-on foundation course on throwing on the wheel. Students are guided in a step-by-step process and will learn how to center, pull a pot, and trim. Students will learn to throw various shapes leading to successful bowls, mugs, cups, vessels, etc. to take home to their families to enjoy. All work goes through two kiln firings; the second firing will make the pottery safe for food and drink, as well as use in the microwave and dishwasher. We use only health-approved clays and glaze materials. Course fee includes clay and all firing and glaze materials.

- Dates:**
Session 1: Mondays, August 28 – September 25, 2023
 (No class Sept. 4)
Session 2: Mondays, October 9-30, 2023
Session 3: Mondays, November 6-27, 2023
Session 4: Mondays, February 5-26, 2024
Session 5: Mondays, April 1-22, 2024
Time: 6:00-7:30 PM
Location: Studio 212, 934 East Broadway Avenue, Maryville
Cost: \$90.00 per 4-week session (includes all materials)
Instructor: Leanne Moe McQueen and Staff

BEGINNER SIGN
LANGUAGE COURSE

For Ages 15 & Up

Are you interested in learning American Sign Language (ASL) in order to communicate with a friend, family member or colleague who is deaf? If so, this course is for you! American Sign Language is a visual language, incorporating facial grammar, and made up of specific hand shapes and movements. It is the dominant language of the Deaf community, provides meaningful communication between hearing parents and deaf children, and brings people who happen to be hearing and deaf together. This beginner level ASL class will give you the opportunity to learn the manual alphabet, conversational signs, and develop communication skills. You will enjoy this fun and encouraging learning environment as you build your language skills!

This class is also open to those who have taken it before and would like a refresher. You can repeat it as many times as you like. The book we will use for this class is The American Sign Language Phrase Book, by Barbara Bernstein Fant. If you have this book from a previous class, or prefer to get it on your own, you can select that option upon registration.

A minimum enrollment of 8 is required.

Dates: Tuesdays, September 26 – November 7, 2023
(No class Oct. 31)

Registration Deadline: Friday, September 22

Location: Everett Senior Center

Time: 6:00-7:00 PM

Cost: \$88.00 for 6-week session with all course materials included. (If you are repeating the class and/or have the book, cost is \$60)

Instructor: Carol LaCava. Nationally certified interpreter through the Registry of Interpreters for the Deaf (RID)

ADULT KARATE INSTRUCTION

Please see “Just for Kids” section for complete information.

ALPINE TOWER CLIMB

For Ages 10 & Up

Ready for a fun new challenge? Join us and the folks with Maryville College’s Mountain Challenge program and conquer their Alpine Tower! The 60-foot tower provides climbers multiple challenges to overcome as they scale its heights. Come step outside your comfort zone and challenge yourself mentally and physically as you work your way to the top! Visit our website www.parksrec.com in the near future for dates and additional information.

EXPERIENCED BEGINNER &
INTERMEDIATE SMALL GROUP
BOOT CAMP FITNESS TRAINING

For Ages 15 & Up

Need a change of routine, or a workout to take you to the next level? Do you need to squeeze in a high energy class and don’t have a lot of time? This class utilizes a circuit format, coupled with the most progressive, innovative, and creative exercises in fitness. Workouts will include cardiovascular and strength training, speed and agility drills, medicine ball drills, plyometrics, etc. With a little bit of effort and commitment, you will see a toned, leaner body, increased strength, endurance, and self-confidence, a new appreciation for working out, and maybe gain some new friends in fitness. Workouts will be challenging, but fun with high energy. Workouts can be modified, based on individual needs. Participants need to bring their own mat and one set of medium based weights.

Dates: Mondays, September 18 – October 23, 2023
(Rain Date: Mon., Oct. 30)

Time: 5:30-6:30 PM

Location: Greenbelt Pavilion and park area near Amphitheater

Cost: \$70.00 for 6-week session

Instructor: Tammye Wright-Certified Personal Trainer, Masters in Exercise Science

Supplies needed: Comfortable athletic clothing, tennis shoes, water bottle, Yoga/stretching mat, one set of medium weights

PADDLING

With all the beautiful lakes in Blount County and the surrounding areas, what better way to get out and explore these places than on a guided paddling trip led by leaders of the Maryville College Mountain Challenge program. All paddle gear will be provided, so all you need to do is register and show up and our staff will do the rest. These trips are geared for all skill levels. Whether you are interested in a first time trip, are looking for an opportunity to learn new trip locations, or just looking for a group of people to explore with, you will be provided with an enriching and enjoyable experience. These guided trips will give you the chance to get out and explore some of the many beautiful waterways right here in our community. So bring a lunch, and let our guides (with all the gear you’ll need) help you discover the beauty of our area. For Ages 5 & up. Any participant under 18 must be accompanied by a parent also registered for the trip. Visit our website www.parksrec.com in the near future for dates and additional information.

RUN 4 FUN RUNNING PROGRAM

For Ages 18 & up and youth Ages 12 & up are welcome as long as accompanied by a parent or guardian who is also enrolled in the course. Participants should dress weather appropriate and bring a water bottle. Class includes running education, running, core work, stretching, and cooldown.

Beginner Level: This 10-week training program is structured to help you cross the finish line of your first 5K at the Reindeer Run on December 3rd (which is totally optional). The program focuses on beginners, but all levels of walkers and runners are welcome. Along the way, we'll provide you with motivation to keep you moving, guidance and advice, weekly group training runs or walks, and educational clinics on topics such as proper nutrition, choosing the right gear, and avoiding injury. Plus, you'll have the camaraderie of others just like you.

Intermediate Level: This program is designed for graduates of our Beginner program or those who are looking to increase their run pace and/or mileage. This 10-week training program is designed to teach you more advanced running techniques and to help you continue on your running journey in a supportive environment. In Run 4 Fun, we want to help you beat your previous personal records and set new goals for yourself, while providing guidance, motivation, weekly group training runs, and more advanced educational clinics. We'll also cover topics designed to help you improve your 5K time such as proper pacing and good form, as well as building on previous topics like nutrition, choosing the right gear, and injury prevention.

Dates: Tuesdays, September 26 – November 28, 2023
Class will be held on Halloween. Costumes welcome to add to the fun!

Time: 6:30-7:30 PM

Location: Springbrook Park Pavilion and Trail

Cost: \$70.00 for the 10-week session

Each participant receives:

- \$5 Discount off entry fee for the Reindeer Run 5K
- Detailed weekly training schedule
- Weekly email with a focus topic and handouts
- Guidance and advice from an experienced coach
- Shirt
- Great feeling of accomplishment and team spirit

Instructors: Lisa Edwards & Running Coaches

BASIC FLY ROD CASTING

For Ages 12 & Up

This class will include instruction on fly fishing rods and equipment, casting and line management, and casting techniques for the Smoky Mountains area. Fly rods provided.

Dates:

Session 1: Saturday, September 30, 2023

Session 2: Saturday, October 14, 2023

Session 3: Saturday, November 18, 2023

Session 4: Saturday, December 2, 2023

Time: 9:00 AM – Noon

Location: Greenbelt Amphitheater located on Lamar Alexander Parkway/ U.S. Hwy 321 near the Blount County Courthouse

Cost: \$10.00 per session

Instructors: Members from the Little River Chapter of Trout Unlimited



MOUNTAIN MAGIC CAMP

at Young Mountain Farm

- ✓ Learn AMAZING Magic Tricks
- ✓ Ride Horses
- ✓ Swim
- ✓ Hike
- ✓ Make Arts & Crafts
- ✓ Play OUTRAGEOUS Games ...and MORE!

For more information:
MountainMagicCamp.com
or Text
865-363-3861

Register for Parks & Rec
Programs Online!
www.parksrec.com



ADULT PROGRAMS

YOGA CLASSES

A series of on-going Vinyasa style Yoga classes for Ages 12 & up are offered with emphasis on poses designed to increase strength, flexibility, and balance. Attention is also placed on breathing and how to better use our lungs as well as creating a mental calmness, and cultivating a quiet and peaceful mind.

Supplies needed for all Yoga classes:

Yoga mat, blanket, comfortable clothing that does not restrict movement

Certified Yoga Instructor: Tammy Lindsay

Gentle Flow for All Levels

- Dates:
- Session: Wednesdays, August 9 – September 13, 2023
- Session: Wednesdays, September 20 – November 1, 2023 (No class Sept. 27)
- Session: Wednesdays, November 8 – December 13, 2023
- Session: Wednesdays, December 20, 2023 – February 7, 2024 (No class Dec. 27 & Jan. 3)
- Session: Wednesdays, February 14 – March 20, 2024

- Time: 6:00-7:00 PM
- Location: Everett Senior Center
- Costs: \$60.00 for 6-week session
\$110.00 for 6-week session if combined with Get Fit class

Get Fit Yoga

This class combines the basic aspects of beginner-advanced yoga and adds strength training through core exercise and more.

- Dates:
- Session: Mondays, August 7 – September 11, 2023
- Session: Mondays, September 18 – October 30, 2023 (No class Sept. 25)
- Session: Mondays, November 6 – December 11, 2023
- Session: Mondays, December 18, 2023 – February 5, 2024 (No class Dec. 25 & Jan. 1)
- Session: Mondays, February 12 – March 18, 2024
- Time: 6:00-7:00 PM
- Location: Everett Senior Center
- Cost: \$60.00 for 6-week session
\$110.00 for 6-week session if combined with Gentle Flow class

New participants may join class at any time during a session - cost prorated.

SENIOR ADULT RECREATION

VISIT OUR WEB SITE AT WWW.PARKSREC.COM FOR NEW PROGRAMS AND EVENTS THROUGHOUT THE YEAR

EVERETT SENIOR CENTER

Office Hours: Monday-Friday 8AM-4PM

702 Burchfield Street, Maryville, TN 37804

Telephone: 865-983-9422

Email Address: escadmin@parksrec.com

Stacy Homeyer, Center Director

Greg Pitner, Administrative Assistant

The Everett Senior Center is a multi-purpose recreation center for adults over Age 50. Membership fees are \$15.00 per year for an individual or \$25.00 per couple, which includes a monthly newsletter via email and numerous programs and activities (see below).

Membership Benefits:

- Monthly Newsletter Email
- 10% Facility Rental Discount
- Program/Activity Discounts
- Free Member Appreciation Luncheons

Rentals

The Senior Center is available to rent during non-programmed hours. A contract, two-week notice, and \$100.00 cash deposit are required for all rentals. Please call 865-983-9422 for availability and additional information.

Rooms available for rent:

- Large Multi-Purpose Room
- 1-50 people – \$50.00 per hour (3-hr. minimum/\$150.00)
- 51-75 people – \$75.00 per hour (3-hr. minimum/\$225.00)
- 76-100 people – \$100.00 per hour (3-hr. minimum/\$300.00)
- Additional hours: \$50.00 per hour (Maximum rental time: 7 hours)

*Rental time includes set-up and clean-up. Example: A 3-hour event will need to be a 4-hour rental to include 30 minute set-up time and 30 minute clean-up time.

Everett Senior Center Continued On Next Page

Recreational Activities

- **Work on your own Scrapbooking and Paper Craft Projects** – Mondays and Fridays, 9:00 AM – 2:00 PM.
- **Quilt/Knit/Crochet** Group meets every Tuesday & Thursday at 10:00 AM. Bring your project and join the fun.
- **Oil Painting** classes with Barbara Goddard – Wednesdays, 9:30 AM – Noon. Cost: \$75.00/Members, \$80.00/Non-members for 6-week session. Contact the Center at 983-9422 for class dates.
- **Watercolor** classes with Penny Reasor – Mondays, 9:30 AM – Noon. Cost: \$75.00/Members, \$80.00/Non-members for 6-week session. Contact the Center at 983-9422 for class dates.
- **Drawing** classes with Yichen Reneau – Wednesdays, 9:00 AM – Noon. Cost: \$75.00/Members, \$80.00/Non-members for 6-week session. Contact the Center at 983-9422 for class dates.
- **Tai Chi – Beginner** Classes held Tuesdays & Thursdays from 9:00-9:45 AM, **Intermediate** from 9:45-10:30 AM, and **Advanced** from 10:30-11:15 AM. Participants can expect to improve their balance, flexibility, strength, coordination, and concentration, all while enjoying a pain free, calming, relaxing activity. Instructors: Mary Pope and Yichen Reneau Cost: \$5.00 per class paid directly to instructor
- Musicians and Singers are here, AUDIENCE welcomed! Join us for **“Mid-Week Music”** every second and fourth Wednesday of the month. Enjoy a free musical showcase of singers and musicians with acoustic instruments featuring local hidden talent from right here in East Tennessee! Refreshments provided. Check-in at 9:30 AM with performances from 10:00-11:30 AM.
- **Walking Club** – Tuesdays and Thursdays from 9:00-10:00 AM, weather permitting. Meet at the flag pole near the entrance of the center for a ½ mile to 1 mile walk. Free.

Dancing

- **Ballroom Dancing** meets every Wednesday – Free group lesson from 1:00-2:00 PM, with more dancing after lesson to CD music from 2:00-3:00 PM (partner not required - casual dress).
- **Live Band! Ballroom Dances** are held the first and third Saturdays of each month 7:00-9:00 PM. Cost: \$8.00/Members, \$10.00/Non-members (pay at side door)



www.parksrec.com

Cards and Miscellaneous Games

- **Hand and Foot** every Tuesday and Thursday at 9:00 AM
- **Party Bridge** every Tuesday at 9:00 AM
- **Duplicate Bridge** – Mondays, Wednesdays and Fridays beginning at 10:00 AM, **must have partner**, call 983-9422 for more information.
- **Rummikub** every Thursday, 1:00-3:30 PM – a tile game for 2, 3 or 4 players at a time.
- **Mahjong** every first, third and fifth Thursday of the month, 12:00-3:45 PM – a solitaire matching game that uses a set of mahjong tiles rather than cards.
- **Scrabble** every Wednesday from 12:00-3:30 PM
- **Mexican Train & Chicken Foot Dominoes** every Friday from 9:30 AM – 3:45 PM.
- **Billiards Room** open Monday through Friday 8:00 AM – 4:00 PM.
- **Ping Pong** every Monday, Thursday and Friday from 2:00-3:45 PM
- **Corn Hole** every Monday from 10:00 AM – Noon.
- **Chair Volleyball** every Friday and every first, third and fifth Wednesday of the month, 10:00 AM – Noon Volleyball played with a beach ball while seated. Exercise combined with loads of fun. Come join us!



/ A Better World for Future Generations /

From advanced safety systems for automated driving to hybrid and electric vehicle components - we're researching, developing and crafting the core technologies of modern mobility.

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COMMUNITY RECREATION CENTERS

MARTIN LUTHER KING, JR. COMMUNITY CENTER

**Normal Office Hours: Monday, Tuesday, Thursday,
Friday 10 AM-6 PM, Wednesday 10 AM-5 PM**

*Center may close early on occasion due to rentals.

209 E. Franklin Street, Alcoa, TN 37701

Telephone: 865-983-1954

Email Address: mlkcenter@parksrec.com

Lilli Brown, Center Director

Derek Williams, Assistant Director

Donna Lindsey, Program Assistant

Octavia Lenior, Program Assistant

This multi-purpose center has a meeting room, kitchen facilities, and a computer lab with controlled internet access and Wi-Fi. There is also an outdoor playground, volleyball net, soccer goals, gaga ball pit, basketball courts adjacent to the facility, and a Wi-Fi table all for public use.

Rental Fees for MLK Center:

Large Meeting Room Up to 50 People

\$40.00 per hour + \$25 food fee with a 2 hour minimum

Over 50 People Additional \$25/hour

Kitchen Use \$25.00 extra

- Renters must visit the center in person, pay a \$50 deposit and sign a rental agreement to secure rentals.
- A 2-hour minimum is required for most rentals.
- Center Capacity: 125
- Rules apply for decorations and heavy kitchen use, an additional \$25 cleaning fee may apply based on type of rental.

Upcoming programs and events being held at the Center:

MLK LIVING THE DREAM ENRICHMENT AND AFTERSCHOOL TUTORING PROGRAM

Monday, Tuesday, Thursday & Friday 3:00-6:00 PM

Wednesday 3:00-5:00 PM

This program is available for Kindergarten through Grade 12 and assists students with homework, reading comprehension, and school projects. Girls, Inc. also meets at the center every Thursday from 4-5 PM. Snacks provided.

SENIOR PROGRAM

Monday through Friday 10:30 AM – 1:30 PM

Recreational activities for seniors Age 55 & older including line dancing, yoga, Tai Chi, chair exercises, sports activities, educational classes and more.

FALL FESTIVAL AT THE MLK CENTER

October 14, 2023 2:00-6:00 PM

Activities will include vendors, games, food and much more.
Come join the fun!

Continued On Next Column

H.O.M.E. FOR THE HOLIDAYS

December 2, 2023 5:00-8:00 PM

H.O.M.E. (Hall-Oldfield-Maryville Empowerment) and the Martin Luther King, Jr. Community Center partner for this annual community celebration to kick-off the Christmas holidays. Join us for family fun and light refreshments. If you choose to put a tree in the lower field, please do so prior to the event with the last day being November 30th. Tree lighting at 6:00 PM.

For more information regarding Center activities and events or rentals, please visit our web site at www.parksrec.com or call 983-1954.

Follow us 😊



www.parksrec.com

ARTISTIC DANCE - UNLIMITED -



**Come dance with us this
summer at ADU!**

Teddy Bears and Tutus Camp
June 5 - 9, 2023
Princess Dance Camp
June 12 - 16, 2023
Camp ages 3 - 4 & 5 - 7

**4 Week summer dance
session July 6 - Aug. 1, 2023:**

*Ballet · Jazz · Lyrical
· Tap · Hip Hop
· Contemporary · Acrobatics*

Online registration begins May 1st for summer camps/classes and our 2023-24 dance season.

adudance.com or call the studio for more information



Follow us
on Instagram

314 Gill St., Alcoa TN • 865-982-1993



Follow us on
Facebook

Members of Dance Educators of America, Dance Masters of America, and Blount County Chamber

EVERETT RECREATION CENTER

Normal Office Hours: Monday-Friday 8 AM - 5 PM

OPEN GYM HOURS: Monday-Friday 3-5 PM

Closing times vary according to scheduled programs.

318 S. Everett High Road, Maryville, TN 37804

Telephone: 865-983-6264

Brook Hemphill, CPRP, Center Director

This center offers basketball and volleyball courts and a variety of programs for children. Meeting rooms and a gymnasium are available for rental. See rental information below. For rentals and reservation inquiries, please call the Center at 983-6264.

Rental fees for Everett Recreation Center:

Meeting Room 202	\$30.00 per hour (2 hr. minimum)
Meeting Room 206	30.00 per hour (2 hr. minimum)
Meeting Room 205	40.00 per hour (2 hr. minimum)
Half of Gymnasium	40.00 per hour
Whole Gymnasium	65.00 per hour
Entire Facility	125.00 per hour

Special Party Rate: \$115.00 for 2-hr. rental includes use of half of gymnasium and half of balcony or Room 205.

SPRINGBROOK RECREATION CENTER

OPEN GYM HOURS: Monday-Friday 3-5 PM

1537 Dalton Street, Alcoa, TN 37701

Telephone: 865-984-5612

Email Address: springbrookrecctr@parksrec.com

Phil Eakins, Center Director

Center Assistant: Earl Anderson

This center located in the Springbrook Park area of Alcoa features a gymnasium, volleyball court, pool tables, and meeting rooms. For rentals and reservation information, please call the Center at 984-5612.

Rental fees for Springbrook Recreation Center:

- Gymnasium use only \$30.00 per hour
- Lower Level (includes gym, Meeting Room 101 and pool tables) 45.00 per hour
- Room 102 (meeting room with microwave and refrigerator) 40.00 per hour
- Room 102 (plus gymnasium) 60.00 per hour
- Room 103 (upstairs)** 60.00 per hour
- Room 103 (plus gymnasium) 75.00 per hour
- Entire facility 110.00 per hour

*An additional fee of \$50-\$75 may apply for heavy decorations, food or cleaning purposes.

**No food or drinks are permitted in Room 103.

Karate classes meet on a regular basis at the Center. See "Just For Kids" section for complete details.



SUMMER CAMPS

YOUTH WORSHIP & CHRISTIAN ROCK CAMP

JULY 17-21, 2023 10 AM - 3 PM

Ages 8-18. \$260 (please register by May 31, 2023 for a \$10 discount).

Everyone will play/sing Christian music, record, perform & worship in a band.



15TH ANNUAL ROCK CAMP

PLAY IN A BAND!

◆ GUITAR/BASS ◆ UKULELE ◆ KEYBOARD/PIANO ◆ DRUMS
◆ VIOLIN/VIOLA ◆ CELLO/BASS ◆ FLUTE ◆ VOCALISTS

June 5 - 9, 2023 10AM - 3 PM

**Beginner to Advanced,
Ages 8-18. \$260
(please register
by April 30, 2023 for
a \$10 discount).**



Beginner Ukulele Camp

Ages 7-Adult. June 13, 14, 15. \$150

Beginner Guitar Camp

Ages 7-Adult. June 13, 14, 15. \$150



Kids Art Camp

Ages 5-12. June 19-23 10 am - 12 pm. \$150

July 10-14 10 am - 12 pm. \$150

FINE ARTS CONNECTION SCHOOL

1922 E. Lamar Alexander Pkwy - Maryville, TN 37804

865-207-5195

email: contact@fineartsconnection.school
online: www.fineartsconnection.school

AREA PARKS AND RECREATION FACILITIES

MARYVILLE

- Amerine Park
- College Hill Park
- Everett Park
- Everett Senior Center
- John Sevier Park, Tennis/Pickleball Courts & Pool
- Pearson Springs Park
- PetSafe Dog Park
- Sandy Springs Park & Tennis Courts

ALCOA

- Alcoa Duck Pond
- Bassel Pickleball Courts
- Claytons Disc Golf Course
- Howe Street Park
- Martin Luther King, Jr. Community Center
- Oldfield Park
- Rock Garden Park
- South Hall Park
- Springbrook Park & Pool
- Springbrook Recreation Center & Tennis Courts

BLOUNT COUNTY

- Eagleton Park
- Everett Athletic Complex & Recreation Center
- Frank Bogle Greenway
- Louisville Point Park
- Richard Williams Park
- Singleton Park

RENTAL OF OUTDOOR PAVILIONS

Parks & Rec rents the following park pavilions for family and group functions. For more information regarding facility accommodations, rental fees, or to reserve, please visit our web site at www.parksrec.com

- Duck Pond Pavilions (3)
- Eagleton Park Pavilion
- Everett Park Picnic Area
- Howe Street Park Pavilion
- John Sevier Park Pavilion
- Louisville Point Park Pavilion
- Pearson Springs Park Pavilion
- Richard Williams Park Pavilion
- Sandy Springs Park Pavilion
- Springbrook Park Pavilion

*To reserve the Greenbelt Pavilion near the Courthouse, call the City of Maryville at 865-273-3407.

Reservations can be made in person at the Parks & Rec Administrative Office located at 316 S. Everett High Road, Maryville, TN 37804 or on-line through our web site at www.parksrec.com. We begin taking reservations in-office on January 2nd of each year (if the 2nd falls on a week-end, we'll begin the following Tuesday). However, you can make them on-line beginning January 1st. Refund Policy: Cancellations or changes in dates must be received at least 30 days prior to the date of the event or fee will be forfeited. If you have any questions, please call Parks & Rec at 865-983-9244 or visit our web site.

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Live and learn inside the national park!

Overnight camps for kids age 4-17

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Girls in Science Camp
Trout Adventure Camp
Great Smokies Experience
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