## Memory Care

## **Assisted Living for Early Stages of Memory Loss**

At Arkansas City Presbyterian Manor, we understand that living with the early stages of Alzheimer's or another form of dementia doesn't always require a structured or supervised environment. In our Memory Care neighborhood, we are now offering Behavior-Based Ergonomic Therapy. This award-winning therapy is proven to reduce the use of medications and falls in memory care residents with Alzheimer's disease and related forms of dementia.

The BBET program uses neuroscience and ergonomics to address boredom and emotional disconnection, the root causes of behavior issues in people with Alzheimer's and other forms of dementia. Since its inception in 2010, the BBET program has spread to more than 14 senior living communities specializing in memory care in three states.

The BBET program consists of four categories of therapies customized to your loved one's interests and capabilities that complement group activities. The therapies include 60 music CDs, 60 videos, 30 stimulating therapy activities and a memory prop box you help create with items that represent your loved one's family, favorite pastimes and memories.

Preferences are documented to create a prescription for therapy based on your loved one's likes and dislikes. Because these therapies are portable and individualized, they are available 24 hours a day.

## **Specialized Residences and Services**

As the only community in Cowley County offering an assisted living memory care option, our suites and studio apartments offer privacy, security and a sense of community important to those experiencing the early stages of memory loss. Because residents are unique, services are tailored to their needs and delivered by our experienced, specialized staff.

## **Covered Services for Memory Care include:**

- Three meals per day with family-style dining
- Individualized service plans
- Medication management
- Weekly and as-needed housekeeping and laundry
- All utilities, except telephone
- Specialized therapeutic activities for physical and mental stimulation
- No additional charges, except some supplies

- Private rooms, custom-designed for dementia residents
- 24-hour nursing and specially trained staff
- 24-hour secure neighborhood
- Monthly support groups co-hosted with the Alzheimer's Association
- Common areas for lounging and visiting



