



Halloween Festivities



This is 'Freddie the Pumpkin' who joined the Tara Winthrop Team back in October to celebrate Halloween. Well done to our artistic Resident, John, and our Activities Coordinator, Monika, for creating Freddie!!

Newspaper Club



We have a very active "Newspaper club" here in Tara Winthrop Private Clinic. Some of our members head straight for the Sports pages first while others flick to see what the photos tell us. This encourages lots of comment and conversation and always a few laughs.

Resident **Bakers**



Our fabulous 'Resident Bakers' were busy making the Christmas Puddings. Lots of discussion on recipes, cooking methods, and cooking times, and of course loads of reminiscing on Christmas Pudding making over the years!!

Fun and **Games**



Some photos from our games afternoons in Tara Winthrop - keeping the mind sharp and making sure their hand-eye coordination is spot on!!

Getting Active with **Siel Blue**



We haven't forgotten about our exercises at Tara Winthrop Private clinic - we have to work off all the Christmas Treats somehow!

Carl from Siel Blue was our instructor and the class was light exercises - so they suited all and more importantly, it was fun with lots of laughs.

Thomas the **Therapy Dog** 🐾🐾



Our Residents were delighted to meet Thomas, our new therapy dog on his first visit to Tara Winthrop with his owner Mary.



Positive Vibes **Concert**



We held a "Positive Vibes" concert here in Tara Winthrop in the run up to Christmas. It was another magical day with lots of wonderful new memories made.

A Wonderful **Concert**



We had a wonderful concert with entertainer Pat - and as usual, our Residents got into the swing of things very fast - singing along, clapping hands and some even took to the dance floor!!

Resident Artists



We have a very active Arts & Crafts programme here in Tara Winthrop Private Clinic and we have some very talented artists. Here are some photos from our Arts workshop with our guest Artist, Tracey, who guided our Residents while they painted some lovely Christmas angels. Well done to all!!

Festive Creations



Our Tara Winthrop Residents made some Christmas decorations from egg boxes. It was a wonderful way to recycle and create something pretty for Christmas.



Tara Winthrop **Choir**



We have a choir here in Tara Winthrop Private Clinic and anyone who likes to sing can join. Pictured are some of our regular choir members who like to perform on special occasions.



Turning on the **Christmas Lights**



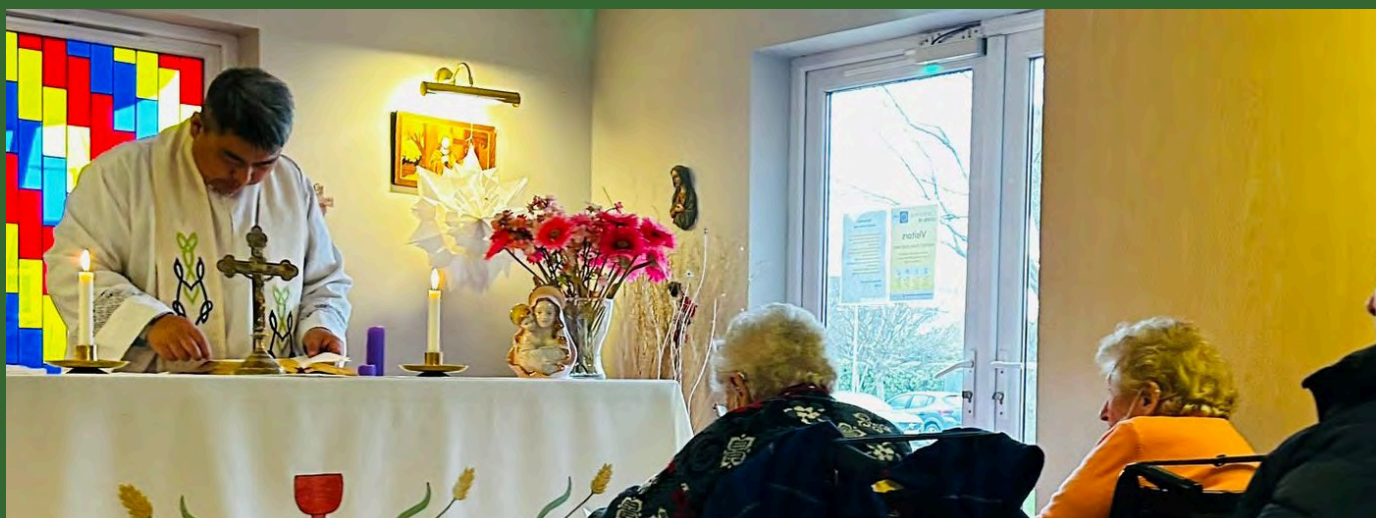
There was great excitement here in Tara Winthrop as we celebrated the official beginning of Christmas with the turning on of the Christmas Tree lights. As is our tradition every year, our Residents and Staff sang carols followed by a mince pie and mulled wine reception.

A Visit from **Santa**



Our very own Santa was a very popular man this Christmas here in Tara Winthrop Private Clinic!!

Mass at Tara Winthrop



A big thank you to Fr. Joseph who said a lovely mass for our Residents here in Tara Winthrop and to our wonderful choir who sang beautifully.



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