

## Ladies **Word Cup**



Our Tara Winthrop Private Clinic Residents and Staff were cheering on the Ireland Women's Football team in their first match of the World Cup. Although they did not win, our football pundits here felt they played very well and couldn't wait for their next game.

## Mass with **Fr Joseph**



Being able to attend mass and receive holy communion is very important to many of the people that live in our care here at Tara Winthrop Private Clinic. It is lovely to be able to have regular mass in our home and Fr. Joseph always does beautiful ceremonies.

## Outdoor Activities



Our Residents decided to make the most of the nice weather and headed for the gardens to enjoy some outdoor activities.

## The Galway Races



The theme for our Arts Programme this week was The Galway Races. We think our Artists did a fabulous job on this collage to make a horse's head - Well done to all involved.

## Pop Trivia



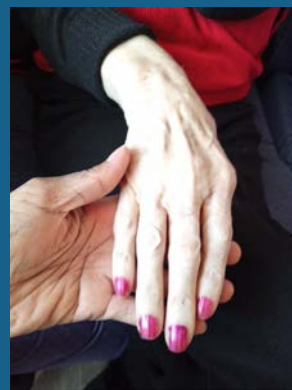
Recently our TWPC Residents had a quiz on the theme 'pop music'. John, Mathew, Brian, Robert, and Paul knew almost everything about pop music from over the years. It was a fun and tightly fought competition enjoyed by all.

## Resident Artists



Our Residents had a busy morning creating some beautiful artwork with the guidance of our guest artist Tracey. More for our Mini Art Gallery here in Tara Winthrop Private Clinic.

## Pamper Day



Our glamorous ladies had a Pamper Day here in TWPC in preparation for the weekend. They enjoyed a lovely manicure and had great fun choosing which colour to go for.

## Residents **Choir Group** 🎵



We love our choir here in TWPC and anyone who likes to sing can join in. Pictured are some of our regular choir members who are a very talented bunch who love to perform on special occasions and at Mass.

## Sharp Minds



General knowledge quizzes and card games like Pontoon are great to keep the mind sharp and the banter flowing. Pictured here are some of our Residents who enjoyed an afternoon of fun and games.

## An Afternoon of Music



We had a wonderful concert here in TWPC with entertainer Paddy McQuile - and as usual, our Residents got into the swing of things very fast - singing along, clapping hands and some even took to the dance floor. It was just great with lots of lovely new memories made for our Residents and Staff.

## A Visit from **Rex**



What a treat for us all here in TWPC when REX, the therapy dog from 'Animal Therapy Ireland' comes to visit. Rex loves to socialise with all our Residents and brings a smile to everybody's face.



As always our Residents had great laughs at Bingo at our weekly session in Tara Winthrop Private Clinic with lots of prizes to be won.

## Fun and Games



This week's game of choice for some of our Residents was an old classic - Dominos. It can be quite competitive here with our Residents all trying hard to win, but it is always a great laugh.

## Staying **Active**



Staying active is important for our Tara Winthrop Residents and for the past number of weeks we have welcomed the team from Siel Bleu who provide a programme of exercises for older adults. Our Residents loved the programme as the team made exercise lots of fun.

## Lavender **Bags**



Here in Tara Winthrop we had an art class with Tracey our Art Teacher. We made some fragrant lavender bags for our wardrobes, which keep the clothes fresh and with a wonderful lavender smell. Our Residents had great fun making them and the scents were amazing.

# Summer BBQ



What a fabulous weekend we had here in Tara Winthrop Private Clinic for our Annual Summer BBQ Party. Our Residents and their families were the 'guests of honour' and our Staff did a great job in entertaining and hosting. There was a carnival atmosphere with lots to choose from. We had music, a delicious BBQ, entertainment for the children in our 'Kids Corner' and much more. Thank you so much to our Activities Coordinators for coordinating, to our Chefs and Kitchen Team for the fabulous food and to all our staff for putting in a huge effort to make the day perfect for our Residents and their families/friends.



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PLEASE ASK THEM TO CONTACT MICHELLE ON 01-4968744**

