

Stories from April, May & June

Our Garden Sanctuary



We love our Garden here in Tara Winthrop Private Clinic. It brings great pleasure to our residents and staff and it is looking fabulous at the moment as Summer arrived in style. Our garden is a wonderful place full of colour - including the Bird Houses that our Residents made and painted. We are all very proud of their work and our Garden and Bird Sanctuary

Maria's Birthday Celebrations



Our wonderful & much-loved Resident, Maria, celebrated her birthday here in Tara Winthrop Private Clinic. Maria has lived here since we opened in 2001. Here are the pictures of Our Residents & staff celebrating with Maria with lots of laughter and song, a special birthday cake, cards, gifts & buckets of love & many hugs. Happy birthday Maria from us all here in Tara Winthrop Private Clinic

Creative Talents



For our Arts & Crafts programme our Residents created beautiful hand painted fans. Our guest artist Tracey was in to help guide the work and the finished fans are just beautiful. All we need now is the hot weather to use them to keep us fanned / cool. Well done to all involved - great artists here in Tara Winthrop Private Clinic

Green Fingers



Our green fingered Residents were delighted to get their hands dirty as they prepared to plant some flowers to add to our beautiful garden. Well done to all and we look forward to watching the 'garden grow'.

Love Letters in the Sand

"Love Letters in The Sand" was the theme of our Art project with Tracy this week where our Residents used sand & glue to create this beautiful wall hanging. Well done to our talented artists!!



All Glammed Up



Our wonderful Tar Winthrop residents enjoyed a Spa Day before getting all dolled up ahead of the Bank Holiday Weekend. Everybody felt, and looked, marvellous and relaxed after their treatment. Thank you to our team of beauty therapists who did a great job.

Fun and Games at **Tara Winthrop**



Pictured here are Marie and Robert enjoying a game of mini soccer. It was an emphatic win for Robert who beat Marie six nil but as always she was gracious in defeat and just enjoyed the game.

Gone **Fishing**



Pictured here are Marie and Paul enjoying the 'Fishing Game' this week. Paul, who used to be a fisherman, was giving Marie expert guidance and advice on how best to catch the fish.

Four in a Row



We love to play games here in Tara Winthrop Private Clinic: "Four in a Row" and "Chequers" are favourites here. Games not only are fun but keep minds active and some are great for hand/eye coordination. And the games are always interesting as our Residents are quite competitive here in Tara Winthrop

A Visit from Rex



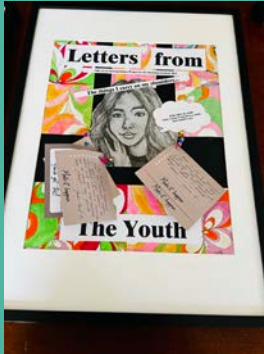
Our Residents & our Staff just love to see therapy dog 'Rex' arrive with Kinga his owner. Rex is a regular visitor here in Tara Winthrop Private Clinic and is getting to know us all - he is so sweet. As well as making our Residents happy - Rex also enjoyed belly rubs from our residents

Resident Artists



Vincent Van Gogh would be proud of our Tara Winthrop Private Clinic Artists. During the week our Artists decided to recreate one of his paintings. They took their work seriously and the result was a number of paintings of the Vincent Van Gogh masterpiece. Well done to all involved.

Tara Winthrop **Art Exhibition**



Our Tara Winthrop Residents were busy putting the finishing touches to their art pieces ahead of our Art Exhibition. There was great excitement and it was a wonderful occasion with family and friends of our Residents attending, as well as our own staff. Thank you to all involved in making our Bealtaine Festival Age & Opportunity Art for Nursing Homes Exhibition 2023 so successful and memorable.

Residents **Choir Group**



We love our choir here in Tara Winthrop Private Clinic and anyone that likes to sing can join in. Pictured are some of our regular choir members who are a very talented bunch. We love to perform on Special Occasions and at Mass.

Bingo **Fun**



Come hail, rain, snow, sun or wind - our Tara Winthrop Private Clinic Residents weekly Bingo is a must!! So it was eyes down as the bingo balls were drawn at this week's game. Lots of winners of prizes from our prize table

Bloomsday Celebrations



June 16th was Bloomsday, a commemoration and celebration of the life of Irish writer James Joyce, observed annually in Dublin and elsewhere on 16 June, the day his 1922 novel *Ulysses* takes place in 1904. To celebrate Bloomsday, our Residents created some artwork of the buildings associated with *Ulysses* and created a wall hanging that was displayed for all to admire and enjoy.



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