

Yoga Fun



Last week our Residents enjoyed a yoga session with Jayne Boylan - all were both relaxed and energised after the session. Yoga has been noted one of the best forms of exercise for older adults. Over time it can improve flexibility and balance, enhance strength and boost your mood.

St Brigid's Day



Our Activities Coordinator, Fiona, gave a masterclass on making St. Brigid's Crosses to our College View Nursing Home Residents who were very attentive students. We think they did a great job!!

Talented Crafters



Love was definitely in the air here in College View Nursing Home as our 'crafters' made lovely Heart Decorations for Valentines Day 2023. We think they did a fabulous job - well done to the talented ladies.

Valentine's Day Party



We had a wonderful time at our Valentine's Day Party in College View. Love was in the air, it was just wonderful and our Residents and Staff had a great time. No 'Valentine's Party' would be complete without a fabulous entertainer, Billy, who sang all the old greats as well as many 'love songs'. It was a wonderful party with lots of new special memories made for our Residents and Staff.



Sensory Morning



This week the Residents in our Lansdowne Manor here in College View Nursing Home had a 'Sensory Morning' and they enjoyed it very much. Sensory stimulation is the activation of one or more of the senses such as taste, smell, vision, hearing and touch and benefits our Residents.

Betty's Birthday Celebrations



The wonderful Betty had her birthday and we celebrated it in style here in College View Nursing Home. There were party hats, party games, much singing of happy birthday, and of course a scrumptious birthday cake. Happy Birthday Betty from all of us here at College View Nursing Home.

Donal's Birthday Celebrations



We had another birthday boy at College View Nursing home - Donal who was delighted when Linda presented him with his cake. Happy birthday Donal from us all here in College View Nursing Home.

Resident **Bakers**



Our College View Bakers were busy baking soda bread & treacle to be enjoyed at our St. Patrick's Day Party. Between weighing the ingredients, mixing and kneading the dough and preparing it for the oven, it was a team effort. Well done to our industrious Residents.

St Patrick's **Weekend**



Between St. Patrick's Weekend and Mothers Day, our Residents were partied out here in College View Nursing Home. Our fun residents did not hesitate to put on the shamrock to mark the occasion and as usual, our Chef and the team in hospitality pulled out all the stops to prepare some fabulous treats including a delicious St. Patrick's Day cake.

Students of St. Bricin's **College**



The Residents and Staff welcomed twins Alina & Elina Aleksieieva, students of St. Bricin's College who came in to College View Nursing Home to sing for our Residents and Staff. They were just fabulous and we all enjoyed the singing very much.



All **Glammed Up**



Our hairdressing salon in College View Nursing Home was in full swing in the run up to the Bank Holiday weekend as our Residents got dolled up. We think they look just fabulous.

Easter Decorations



What do you think of our fabulous Easter Decorations made by our artistic College View Nursing Home Residents. We think these cute bunny rabbits are just lovely and are extra special because they are hand-made with love. They were displayed around our home in advance of Easter 2023. Well done to all involved.



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PLEASE ASK THEM TO CONTACT MICHELLE ON 01-4968744**

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