

# Sensory Appeal



Our Sensory Room was opened by singer Brendan McCahey in August. This is a great space, appealing to all the senses, and a quiet haven to relax and enjoy.

Sensory stimulation is a very important part of our Activities programme. In conjunction with our Sensory Room we have also been travelling to Carrickmacross library where we have been using their interactive Table and Projector. The Library staff have been very helpful in accommodating our visits before public opening hours.



## Let's Celebrate!



Special Milestone Birthday **Congratulations and Wishes** to one of our chefs Annemarie, and also to Broomfield's Household Co-ordinator Petya. Congratulations also to Rosemarie in the shop, who got married earlier in the Summer. We would also like to wish Mary Quigley the very best in her Retirement, with thanks for all her care.

We had a wonderful afternoon of music over the August Bank Holiday weekend, with music by John Spillane and members of the 'Mobile Music Machine' as they played in each of our houses.



*we care. we live. we love*

# CASTLEROSS TIMES

*'Every leaf speaks bliss to me.  
Fluttering from the Autumn Tree ...'*

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## Harvest Time



## Autumn Fun

At times they wildly fly  
Until they nearly reach the sky.  
Twisting, turning through the air  
'Til all the trees stand  
stark and bare.

The wind is daring, full of fun,  
Laughing in the Autumn sun.  
It tumbles acorns,  
fir cones, leaves,  
To make a carpet under trees.

Harvest time is a lovely time of the year when we embrace the change in the seasons, observing the colours of nature. Using these beautiful Autumnal colours we were busy in each of our houses painting and flower arranging. All this work was then put together for our display, which is now situated at reception. We hope this display gives a warm welcome to all those who come to visit.





## The Castleblayney Show Aug '22



We were delighted to be able to enter this year's Castleblayney Show, which hadn't been running for the last few years due to Covid. We entered a fine collection of work spanning the last three years. This work ranged from painting to knitting to paper crafts, with 42 pieces in total submitted.



It was truly great to be able to showcase the talents of those living in Castleross.

We were very lucky to have achieved the overall prize of the 'Macra na Tuaithe' cup.

**Well done everyone!!**



## Irish Culture Night

Friday 23rd of September was Culture Night across Ireland.

We celebrated in style as we welcomed the very talented McCaul Family to Castleross. Four members of the family played in each of our houses on Friday evening after tea. They played a wonderful selection of Irish tunes on a variety of instruments including accordion, flute, concertina, uilleann pipes and harp. A wonderful, magical experience, enjoyed by all.



## Celebrating Indian Culture



On Thursday 22nd of September, our Indian nurses and carers put on a wonderful traditional Indian afternoon for everyone in the Community Centre. They wore Indian sari, and performed some beautiful Indian dances.

Those who wished, could sample some tasty Indian food; delicious Buttered Chicken, served with fragrant rice and homemade popadums.

There were plenty of fun activities afterwards including 'Pin the Bindi on the Drawing', Tug-o-War and Musical Chairs. Lots of fun, cheered on by many of our residents. Thank you to our Indian Community for a fabulous day.



## NHI Week

NHI (Nursing Home Ireland) week ran from Monday 29th of August. With a theme of coming together, we had a fun-packed week of activity. The weather was beautiful, so we took most of our activities outside. We had Dancing, Monster Bingo, a Fun Quiz, an Afternoon Tea Party, and Live Music by Steadfast Brass Band. What a great week!

