



Artistic Talents



We have a very talented Artist living here in St. Gladys's Nursing Home, Chris spends many enjoyable hours creating lovely art pieces. This week he decided to draw our fabulous Activities Coordinator, Ebby, who was just delighted with the result and will cherish it. Thank you Chris for making Ebby's day.

A **Sunday** Cardgame



Our Residents enjoyed Sunday Mass here in St Gladys Nursing Home on Sunday morning followed by a game of cards - as well as it being great fun, our Residents find it a very relaxing way to spend a Sunday afternoon.

Pictured are Sidney, Mary and Muriel with our Healthcare Assistant, Claire

Green Ribbon Campaign



Recently in St. Gladys's Nursing Home the staff and residents joined the annual 'See Change Green Ribbon' campaign that aims to spread awareness about all mental health difficulties to help end mental health stigma and discrimination. The Green Ribbon tagline for this year is: There is no shame in having a mental health difficulty.

The Great Outdoors



There is nothing like a cuppa tea and a bit of a chat and a laugh in the garden - and that is what our Residents enjoyed this week while we still had the good weather. You just can't beat the great outdoors!!



At our art class this week with Tracy at St Gladys Nursing Home we made a lovely picture of Agapanthus using our Fingers prints.

George, Aileen, Maureen, Marie, Margaret, Olive, and Muriel were the artists whose colourful fingers created the fabulous picture.

Rose's Birthday Celebrations



The wonderful Rose celebrated her 90th birthday in style here in St. Gladys's Nursing Home. Family visits, lots of singing of 'Happy Birthday' and of course birthday cake and lots of tea were the order of the day. Rose had a great time with new lovely memories made for all. Happy birthday Rose from St. Gladys's Nursing Home family.



We had great fun with a colouring competition here in St Gladys's Nursing Home. Both residents and staff joined in. Pictured here are Residents Bridget, Josephine, Rose, Marie and Elizabeth who all did very well.

Bowling Fun



We had great fun playing bowling as our residents were determined to knock down as much as they could. Pictured below are Frank, Mary, Marie, Noel and Mary, trying their hardest to knock all the pins down.

Halloween Preparations



We had great fun in St Gladys' Nursing Home making Halloween decorations in Art Class using paper plates. We made a Spiders web a Black Cat A witch a pumpkin a Vampire Bat and an owl
Pictured here working hard on their creations were Olive, Shiela Aiden, and Muriel.

Halloween Festivities



Here are some pictures from our Halloween Festivities at St Gladys' Nursing Home. Our hardworking staff members Min and Louis dressed in their best Halloween costumes to celebrate the season . And the place was decorated with lots of spooky decorations. We had a wonderful weekend of Tricks and treats and we hope our family and friends did too.

Resident **Peformers**



This week in St Gladys's Nursing Home we had a singalong and a lot of our residents took turns on the mic. We had Sheila, Jen, Thio and Kay showing off their vocal talents. While James and Noel showed us their dancing skills. Such a fun afternoon of song and laughter.



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