

## Summer Treats



We have the perfect way to cool down on these hot days in Tara Winthrop Private Clinic. This weather screams “ice cream” - a great way to stay hydrated and enjoy the hot weather, and the perfect treat on a summer’s afternoon.

## Flowers in a Vase



In Art class in Tara Winthrop this week we created ‘Flowers in a Vase’. Pictured enjoying their art class are Pauline, Jennie, Nuala, Marie and Kitty who helped create this lovely piece of artwork together.



## Nursing Homes Week



This week In Tara Winthrop Private Clinic we are celebrating Nursing Homes Week in conjunction with Nursing Homes Ireland. We started a bit early on Saturday with a wonderful BBQ as the weather was so lovely. Everyone had a wonderful time and it was a nice way to celebrate the theme of 'Coming Together'. Celebrations will mark the friendship and togetherness encompassed within our nursing homes.

## All Glammed Up

Our beautiful Resident Pauline got all glammed up with her hair and makeup done as she was attending her friends 90th birthday party. Doesn't she look just beautiful?! Well done to our team in Tara Winthrop Private Clinic for the 'make-over'.





## Fun & Games



Our Tara Winthrop Residents just love their activities - and this week included darts, skittles and balloon tossing, it's all fun and games but the 'contestants' Residents put on their competitive hats and all wanted to score first. Well done to all involved.

## Tea Party



We had a 'Tea Party' in Tara Winthrop Private Clinic this week which was great fun and enjoyed by all. Thank you to the team for coordinating all and serving the wonderful refreshments.

## Our Homegrown Tomatoes

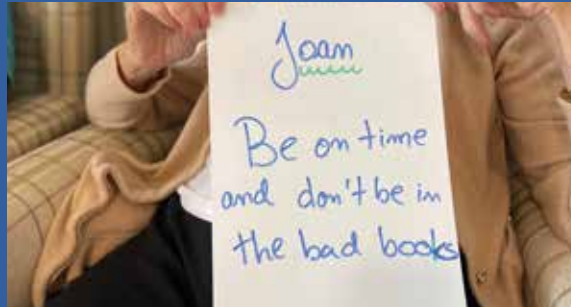
Here in Tara Winthrop Private Clinic we have many avid gardeners who helped, advised, presided over and managed our vegetable garden over the past months.

We now have a wonderful harvest of tomatoes this year. Pictured here is Nora with just some of the tomatoes that are making their way to the Chef in the Kitchen and will be enjoyed by our residents in the lots of tasty dishes.





## Advice for the Younger Generation



With hundreds of years of life experience between them, our Tara Winthrop Private Clinic Residents decided to make a list of advice and tips for the younger generation as they head back to school. We think this is just wonderful advice. Thank you so much to the Residents of Tara Winthrop Private Clinic.

## A Labour of Love



In Tara Winthrop Private Clinic we love to make the most of the nice weather and head for the garden as soon as the sun comes out. Pictured here is Nora, Marie and Paul admiring the flowers and home-grown tomatoes. Our garden has been a labour of love by our staff and residents and it is great to finally be able to get out and enjoy it.



## The Twelve Apostles



For our 'Art Project' this week our Tara Winthrop Private Clinic Residents painted a picture of the 12 Apostles - as part of our Irish heritage week. Well done to our talented artists.

## Arts & Crafts 🍭



Our Arts & Crafts Activities Programme is a favourite of many here in Tara Winthrop Private Clinic. In this week's art class our artists painted 'robins'. Pictured here are Nora, Pauline & Bogdan enjoying painting the colourful little birds.

## Our Resident Sculptors



Our Resident artists were busy this week sculpting frogs with clay and painting them to decorate our garden. We think they look just wonderful.



## Making Music



We had great fun in Choir Practice this week in Tara Winthrop Private Clinic. Singing brings our residents great joy and we just love making music together.

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**IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE,**  
PLEASE ASK THEM TO CONTACT MICHELLE ON **083-4487451**

