



College View
Nursing Home

stories from

July
and
August

Arts & Crafts



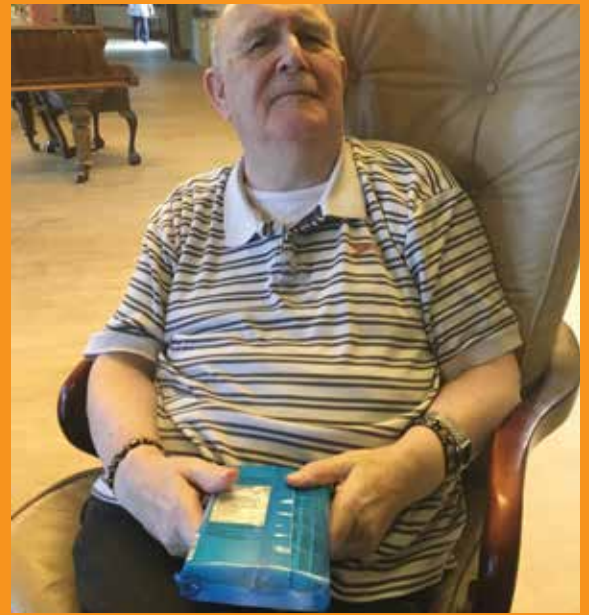
Our Arts & Crafts activities programme is enjoyed very much by our College View Nursing Home Residents and some recent work included creating an art piece using buttons and colours - entitled 'Tea Time' and painting 'An Irish Cottage' and 'Flowers' - the finished pieces were just lovely and are displayed for all to enjoy here in our home. Well done to our talented artists!!

Fun in the Sun



Mary and Eleanor were having a ball out in the sunshine at College View Nursing Home!!

Bingo Fun



We had a great game of Bingo in College View Nursing Home over the weekend and our winners were Danny, Eleanor, Kitty S & Mary Mc. We love Bingo here in College View and everyone is very competitive!!

Green Fingers 🌸

Trade was in a blaze this week in College View Nursing Home as our green fingered Residents and Staff did some gardening and planting. There was lots of discussion and suggestions as the gardeners planted some pansies in the sensory garden. It was a beautiful sunny day which added to the enjoyment for the Gardeners. Our residents love this little space and, when the weather allows it, visit the Sensory Garden to relax and chat with their friends. Those who are not able to get outdoors were also involved potting plants that are for indoor use and can be enjoyed in their bedroom.



Parachute Game



Our Residents & Staff had some craic recently playing the Parachute Game here in College View Nursing Home. As well as having lots of fun playing this game, it helps to strengthen the shoulder, arm and hand muscles. So it is a win win for everybody!!

Sun Hats



The sun hats our Residents made recently are getting plenty of use this weekend. We hope you are enjoying the lovely weather as much as we are!!

Picnic in the Park

Who doesn't love a nice picnic? This week our Residents headed to the local park with some of our team and had a picnic to make the most the nice weather. All had great fun and really enjoyed the experience.



Summer BBQ Party



Our annual BBQ/Summer Party was a roaring success. Our Residents had a wonderful day with their loved ones. A big thank you to the Chef & Kitchen Team of Eileen, Linda, Joann, Maureen & Justyna for treating us to fabulous treats and refreshments for the party.

A Fun Challenge 🥰



There is nothing our Residents like more than a challenge and that is what our Activities Coordinators set them last week. After creating a board that had lots of knots and locks our Residents were tasked with opening them - and they tackled the task with gusto. They had the locks and knots open in no time at all. As well as working the brain, this task also helps with dexterity of the hands. Well done all.

Pamper Day 🌸



There is nothing like a bit of pampering and that is what our College View Nursing Home Residents were treated to this week with a 'spa and nailcare afternoon'. Helen & Mary got her nails painted while others opted for a manicure, all while reminiscing about good times gone by. A lovely afternoon all round!!

Crafty Skills ☀️



Our Bridget is a great knitter and recently finished a lovely cosy scarf that she will wear during the colder months. She put it on this week to model it and let us see what it looked like on, and it was just lovely. Well done Bridget!!

Resident Artists



Art and Colouring has lots of benefits that include help with dexterity, concentration and problem-solving skills and it also helps engage the mind in a creative and natural way. So that is what our creative and artistic Residents did - they took out their colouring brushes and colours and did some painting & colouring-in - and enjoyed it very much. Of course there was lots of chats and a few laughs too.

Playing Games



Playing games is always great fun and a lovely way to spend an hour or so. That is what our Residents did recently: Mary opted for a game of 25 while Eleanor played a 'Memory Card Game'. Playing games, especially card games, is great to keep the brain active and mind sharp - and its good fun too. Well done ladies!!



**IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE,
PLEASE ASK THEM TO CONTACT MICHELLE ON **083-4487451****

