

# Soaking up the Rays 📙





We had a great weekend here in St Glady's Nursing Home. Making the most of the sunny weather, Frank, Noel, Olive, Aideen and Margaret decided to go out and play some ball in the garden with our Activities Coordinator Ebby. They had many laughs and all thanked god for the lovely bright sunny day.

### Mickey the Music Man O







Our Residents here in St Glady's Nursing Home just LOVE a good sing-song and are delighted when 'Mikey the Music Man' comes to entertain us. Lots of singing together with some solo performances was the order of the day. Well done to all our singers and of course to Mikey.

#### **Healing Hands**









This week in St Glady's Nursing Home the residents enjoyed a massage with Maeve. Pictured here are Mairin, James, Kay, and Elizabeth all enjoying a relaxing massage thanks to Maeve and her healing hands.

## Fun Weekends in St Glady's Nursing Home









Our Residents love to relax at the weekends here in St Glady's Nursing Home and do an activity that they enjoy. Here are some photos of our Residents doing jigsaw puzzles, colouring, lining up spellings, and throwing the magnetic ball in the circle. As always there are lots of chats and cups of tea too of course!



Our Director of Nursing, Alyn joy, put together some photos from our activity sessions here in St Glady's Nursing Home and had them framed for our Residents and visitors to enjoy. We think they are a fantastic addition to our Home and our Residents just love to spend time looking at them.

#### Sensory Exercise Session



We had a lovely sensory exercise session in St Glady's Nursing Home which involved cutting, separating, scrunching, and sorting the beautiful springtime coloured paper. We had great fun mixing them all up at the end and scrunching them in our hands and then letting them fall again. Our residents Aideen, Mairin, Olive and Margaret loved all the bright spring colours.

### Easter Arts & Crafts OO



















IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE, PLEASE ASK THEM TO CONTACT MICHELLE ON 083-4487451

