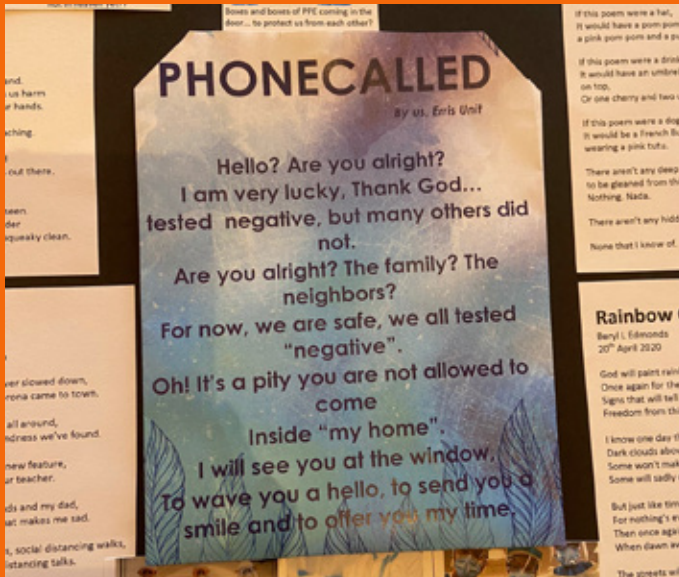




# March

STORIES  
FROM

## Poetry Session



We had a lovely poetry session during our creative writing class and our Residents, together with our Activities Coordinators, wrote a short poem as a group entitled 'Phone Called'.

## Resident Artist



One of our Residents, John, is a great artist and loves to paint. In these photos John is listening to his favourite band Level 42, an English jazz-funk band, while he paints. One picture is finished and he is still working on another one. We might have to have an art exhibition to showcase all the fabulous work of our Residents.

## Out for Coffee ☀️



Out for coffee and enjoying the good weather, John, Bogdan and our Activities Coordinator Iwetta had a lovely afternoon with lots of chatting and of course great coffee to enjoy.



## Arts & Crafts



The Opera was the theme for our Arts & Crafts programme this week with guest artist Tracey. Each Resident did their own piece which culminated in a lovely collage of art that is hung in our home for all to enjoy. Well done to all involved.

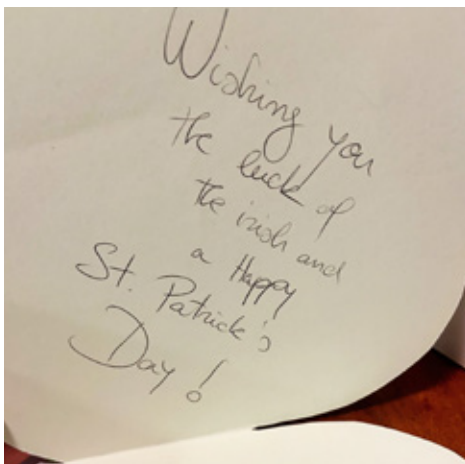
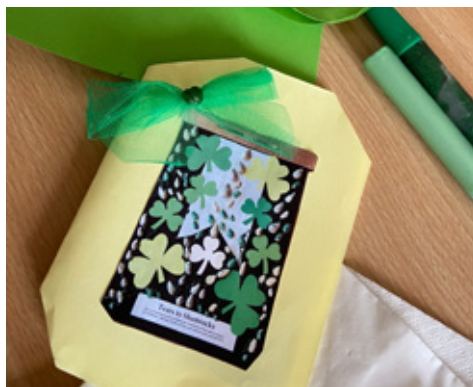
## Outdoor Activities



Making the most of the good weather, Marie and Anne were out in the garden looking after the tomato plants in the Tara Winthrop Private Clinic Garden. Well done girls - we will look forward to tasting the produce later in the year.



## St Patrick's Day Preparations



There was lots of preparing in the run up to St. Patrick's Day here in Tara Winthrop Private Clinic. We made some lovely cards which was a team effort with our Resident Pauline suggesting the image for the front page of the card.

## A Beautiful **Mass**



On Ash Wednesday some of our Residents had a discussion on 'gratitude' and they shared what they are grateful and thankful for. It was a lovely discussion with lots of reminiscing about life and family.

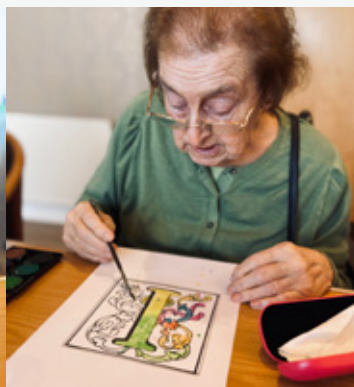


## Reflections



This week during art class we did some Clay sculpting reflecting on Covid and what it meant to us. We formed 'teardrops'. The residents decided to make them various sizes from large tears representing the shock when finding out 'the unexpected' to medium sizes tears for the intervention of a loved one, to small droplets which represented acceptance, acknowledgement and ambition to move on. Yes, Covid caused many tears ... but with the help of Saint Patrick we transformed them into shamrocks!!

Covid **Came**



'Covid Came' is the theme of a 12 week Art Programme that our Residents are currently working on with guest Artist Tracy. We are taking part in the National Arts Nursing home award and we are "writing" our story on how Covid-19 has impacted those who live and work here in Tara Winthrop Private Clinic. We will be using art, poetry, clay sculpting, drama, dance and music.





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## Mother's Day Celebrations



We had a lovely Mother's Day yesterday in Tara Winthrop Private Clinic. We spent the day doing flower arrangements and had a competition. We had two winners. Kitty and Maureen.



## St Patrick's Day Celebrations



We had a fabulous St Patrick's Day here in Tara Winthrop Private Clinic. We all chatted about St. Patrick, the myths & legends, and watched the parade on the tv.



IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE,  
PLEASE ASK THEM TO CONTACT MICHELLE ON **083-4487451**

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