

## Phyllis's 85th Birthday 🎂



The fabulous Phyllis celebrated her 85th birthday today here in Nephin Nursing Home with a beautiful cake that was sent in by Phyllis's family, as well as a second cake made by our Nephin Nursing Home chef. Phyllis had a lovely day and was pampered and spoiled by the team here. Happy birthday Phyllis from your friends here in Nephin.

## Vera's Birthday Celebrations 🎂



Another birthday celebration in Nephin Nursing Home - the wonderful Vera, who had a fabulous day and received gorgeous flowers and gifts from family and friends. Lots of singing Happy Birthday and blowing out candles was the order of the day. Happy birthday Vera from all at Nephin Nursing Home.

## Brian's Birthday Celebrations 🎂



Another birthday here in Nephin Nursing Home – this time the fabulous Brian celebrated his birthday. It was a great day spent celebrating with cake, tea and lots of singing. Happy Birthday Brian from all in Nephin Nursing Home.



## Bowling at Nephin



We had so much fun in Nephin Nursing home this week with our inflatable bowling pins - it was great craic and fabulous exercise too. Everyone loves to join in even if it is just to cheer the bowlers on.

## Valentine's Preparations



Love is in the air at Nephin Nursing home. We have been busy making hearts in preparation for Valentine's day, which is just around the corner. We just love how they brighten up our Home.





Our wonderful Residents Phyllis and Maura got creative in Arts & Crafts this week. With the help of Egle, one of our Activities Coordinators, they created a fabulous 3D picture of a Violin. Lots of cutting out and scissor work required plenty of concentration. We think the finished product is very striking and is now hung on the wall in our home for all to admire! Well done ladies!!

## A Lovely Gesture



Flowers give us all so much joy and we were thrilled when we received a fabulous gift of flowers from the family of Teresa, one of our Residents in Nephin Nursing Home. Thank you so much for the lovely gesture - our Residents are enjoying the flowers and the colour it brings to our home.

## Bingo Fun



Congratulations to this week's Bingo Winner, Brian - pulling his best model pose - he was thrilled with his win!!



## Spring Flower Project



Our residents at Nephin Nursing Home love getting creative as part of our Arts and Crafts programme. We have been working on a Spring Flower Project and have created a Spring Wreath to brighten up our home.

## St Brigid's Day



With St. Brigid's Day approaching on 1st February, this week's arts & crafts project was to create a cloak for St. Brigid. We coloured in some lovely patterns before sticking on some sparkly jewels, and finally we put it all together on a board so we could display it on the wall here in Nephin Nursing Home. We think our Residents did a fabulous job - it is a lovely tribute to St. Brigid and marks the start of Spring which we are all looking forward to.



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