



Tara Winthrop  
Private Clinic

STORIES  
FROM

January

## A New Hair Do



You just can't beat the feeling of having fresh new hair-do!! Pictured here is our lovely Resident Alice enjoying getting her hair done in our Tara Winthrop hair salon. We must say it turned out just fabulous.

## Brain Games



Keeping the brain active is very important for our Residents here in Tara Winthrop Private Clinic and one of our favourite games is 'Scrabble' which is the ultimate crossword game in which every letter counts. Well done to our two Residents who take part.

## Dog Therapy



Our Residents & our Staff just love to see therapy dog 'Luna' arrive with Ana, her owner. Luna is a regular visitor here in Tara Winthrop Private Clinic and is showered with belly rubs and treats every time she visits.



## 'What a Wonderful World'



'What a Wonderful World' was the theme of one of our art workshops as we said goodbye to 2021 and greeted 2022 with optimism and energy! Our Residents, with the help of our Activities Coordinators, studied the map of the world and marked in all the wonderful things we know about various countries. This is now displayed on a board to remind us of the wonderful world we live in.

## Fabulous Fruits



Thank you so much to Caroline Foster & family who kindly gifted these fabulous fruits to our staff. Chef Joseph displayed them and laid them out for all enjoy. A good healthy start to the New Year!!

## Mass at Tara Winthrop



Attending Mass is very important for many of our Residents. Fr. Bibin was here in Tara Winthrop Private Clinic to say mass and offer holy communion to our Residents. It was a lovely service enjoyed by all.



## Games Day



Games day this week included bingo and other fun games that our Tara Winthrop Residents like to play. Always great fun with lots of laughs.

## Arts & Crafts



As we start a new year our Residents continue their Arts & Crafts passion producing some beautiful artwork that is displayed in our home for everybody to admire.

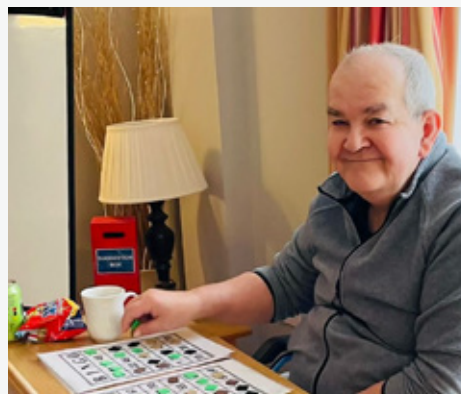
## Keeping up with **Current Affairs**



Our Residents love to keep up to date with the news - Philip is pictured here reading the 'Tara Winthrop Private Clinic Newsletter', while another Resident is reading 'The Sun' newspaper.

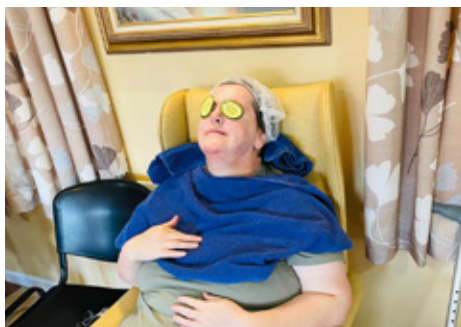


## Bingo Fun



When bingo is 'on the cards' here in Tara Winthrop, our Residents all flock to get their bingo books at the ready. We have some very enthusiastic players here, all keen to secure a winning prize!!

## Pamper Afternoon



There is nothing like a bit of pampering, and that's what we treated ourselves to here in Tara Winthrop Private Clinic for our 'Pampering Afternoon'. Our Residents enjoyed facials & hand massages and had a fabulous relaxing afternoon.



IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE,  
PLEASE ASK THEM TO CONTACT MICHELLE ON **083-4487451**

**G**  
Grace  
Healthcare