# SEPTEMBER



# Mary's Birthday Celebrations







We had a fabulous birthday celebration in St Glady's Nursing Home for our wonderful Resident Mary, pictured here celebrating the occasion with her family and our Residents & Staff.

#### An Afternoon of Music







Music is great for the body and soul, and this week our St Glady's Nursing Home Residents had a great knees up and sing song when Music Man Mikey arrived to entertain us. It was a lovely afternoon enjoyed by our Residents & Staff alike.

#### A Visit from **Duke**







Over the weekend we had DUKE the wonderful therapy dog come to visit our Residents here in St Glady's Nursing Home. Olive, Ann and Aideen had a ball with Duke and are already looking forward to his next visit.

# The St Glady's Ship





We were delighted to present our 'Feeling Touching Sailing Ship' - a lovely wall hanging created by our wonderful Residents during our Art Programme. We decided to call the ship 'The St Glady's'. Pictured here are our proud Residents showcasing their masterpiece.

#### **A Musical Treat**





Our St. Glady's Nursing Home Residents love live music and this week enjoyed some harp music from Aisling, who was back with us to give a mini concert. Our residents really enjoyed listening to the beautiful melodies. Thank you Aisling from all your fans in St Glady's Nursing Home.

# International Literacy Day

















On International Literacy Day 2021 in St Gladys' Nursing Home our Residents made a poetry journal in the form of a scroll and we did lots of painting and colouring to mark the occasion.

# A Celebration of Friendships





We had a lovely weekend here in St Gladys' Nursing Home and wanted to share the wonderful friendships that our Residents have formed. Pals Olive and Aideen love chatting on the bench, while Stephen and George like a stroll in the garden.

#### **Back** to **Back** Exercise







This week in St Gladys Nursing Home we had a 'Back to Back' exercise where our Residents shared their life experiences with each other. It was a great way to get to know each other and make new friends.

# Flower Arranging %









Our St Glady's Nursing Home Residents just love the scent of fresh flowers and this week we had a 'flower arranging session' as part of our Activities Programme. We think the finished arrangement is just fabulous. Our photo includes our Residents Margaret and Maureen inspecting the work!!

#### **Mount Argus Church**







For the first time in almost two years, some of our St Glady's Nursing Home Residents were able to get out to Mount Argus Church to attend mass. They received a very warm welcome from Fr Aiden who gave all

#### Garden Fun



We made the most of the good weather this week in St Glady's Nursing Home and our Residents were delighted to be out in the garden for a wee picnic. We had great fun playing handball with balloons as well as singing and dancing. Included in the photos are Tom, Margaret, Mary, Marie, George, Jen & Rosaleen who all thoroughly enjoyed the afternoon

### Pampering Fun



This week in St. Gladys' some of our ladies decided they needed to have some pampering and spent the afternoon having their nails manicured and painted. We think they look just fab!!

### **Sports** Day









We had a fun sport's day in the St Gladys' Nursing Home garden over the weekend as the weather was lovely. Everyone loved the parachute and bean bag games and were delighted to get outside to enjoy the last of summer season.

# Snapchat Fun

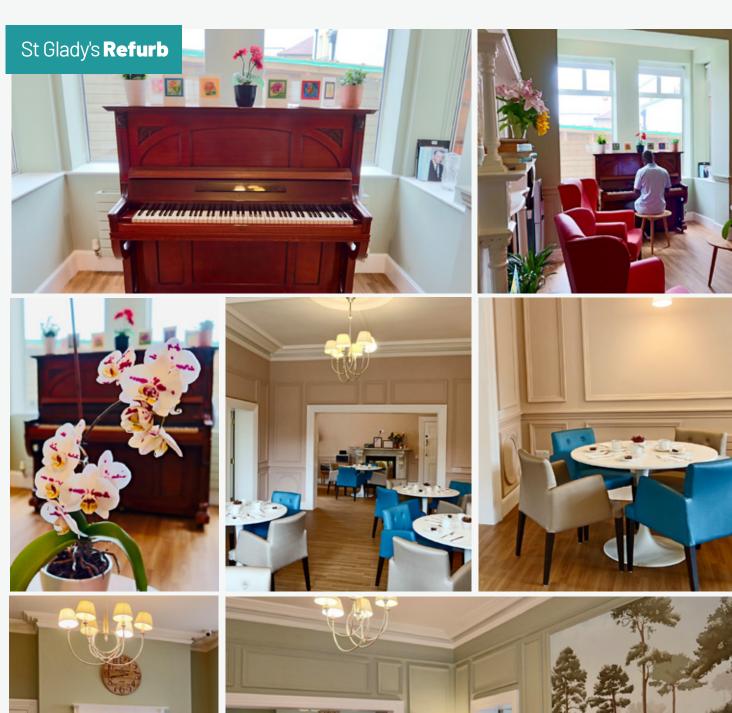








Our wonderful St Glady's Nursing Home Residents were embracing the technology of Snapchat this week. They had such a laugh with how their photos could be altered. Taking part were Rose, Dorothy Anne, Jean, Marie and James. Great craic all round!!





We recently refurbished our dining room and living room in St. Glady's Nursing Home and we are just thrilled with how it turned it out.



**IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE,** PLEASE ASK THEM TO CONTACT MICHELLE ON **083-4487451** 

