



Our Terenure Nursing Home Residents and our Activities Coordinator, Katie, want to say a huge thank you to the 37th Pius Dublin Scouts for delivering some hand-made cards for our Residents - they were all read thoroughly and very much appreciated very much.

## Rose's 107th Birthday!!!



Our WONDERFUL Resident Rose celebrated her 107th birthday this week in Terenure Nursing Home, Dublin. She did not fancy getting her photo taken and requested a 'rose image' instead. Born in 1914 Rose has survived the Spanish Flu, World Wars, the War of Independence and COVID. Her advice on her 107th birthday; "Read as many books as you can. Enjoy yourself no matter what, try to smile and if possible fall in love" - she also said "try not to worry". Laughing she finished by saying "Sometimes I never took people's advice either" Rose said she is delighted with all the birthday cards and gifts she has received.









Here in Terenure Nursing Home our Residents were treated to a Pamper Day by our Activities Coordinator, Katie. While in 'Katie's Salon' the Residents - both male and female - had manicures while singing along to Dickie Rock and Joe Dolan - it was just fabulous.













As May is the month of Mary, we have been very busy in Terenure Nursing Home painting and creating artwork of Mary using crayons and markers. After the colouring was complete, we cut out our images and stuck them up on our wall.





A huge thank you to the family of our resident Emily for the wonderful gifts, delivered by Emily's niece Ann. The gifts are just fabulous and will be put to good use for bingo prizes and for our Arts & Crafts here in Terenure Nursing Home.





There was a flurry of activity here in Terenure Nursing Home when we saw the sun come out. Our Residents got their watering cans ready to tend to the flower beds. The Factor 50 Sunscreen was administered by the staff before the Residents made their way to the garden with the help of our team led by Activities Coordinator, Katie. As well as soaking up the rays, of course no garden outing would be complete without ice cream, which enjoyed very much by our Residents while sitting in the sun.

### **Arts & Crafts**









The theme for our 'Arts & Crafts' programme was buttons!! With the help of our Activities Coordinator Katie, our Residents drew around their hands with markers, cut out the images and decorated them with buttons - we think they look very artistic and are now hanging in our Terenure Nursing Home mini Art Gallery!

# A Fun-filled Week









The Bealtaine Festival





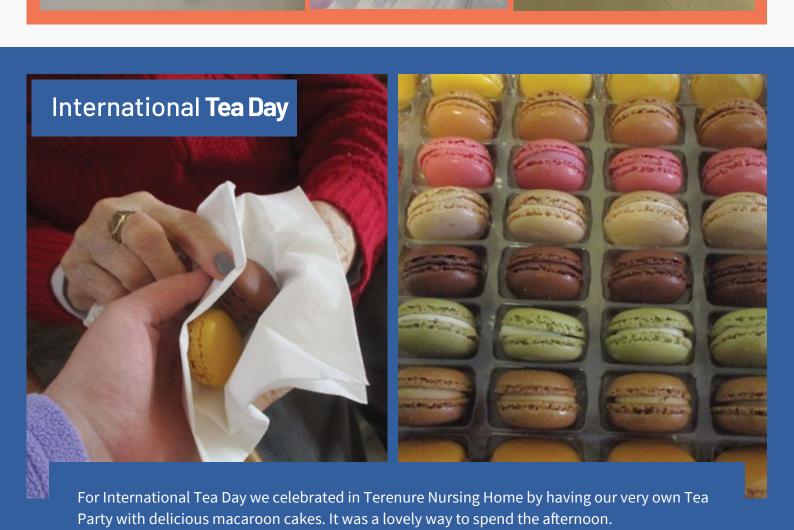




The Bealtaine Festival hosted by Age & Opportunity continued for the full month of May celebrating creativity in older adults in all shapes and forms. The theme of this year's festival is 'Independence and Interdependence'

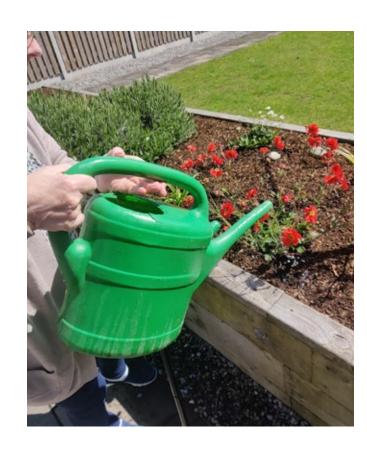






## Gardening in the Sun





It was a lovely day out in the garden at Terenure Nursing Home. We gave the flowers a well-deserved drink while soaking up some sun ourselves.





Our talented Residents in Terenure Nursing Home made these beautiful clay flowers – now they are fully dried and we have painted them so they are lovely and bright and colourful.