

Friday Ballroom Dance



The Team in Tara Winthrop Private Clinic have started a new activity – ‘Friday Ballroom Dance’ and our Residents loved the first week. The idea is to stimulate Residents through the movement, use of costumes and props while listening to different styles of music. The first class was a big success. We can’t wait for the next one.

Ice-Cream Garden Party



We love to make the most of good weather here in Tara Winthrop Private Clinic. For ‘Creativity Week’, we threw an ‘ice cream garden party’ with a ‘little surprise’ to celebrate the warm and beautiful sunny day. Some of the staff decided to dress as ‘Ice Maidens’ and brought our Residents for a little waltz on the grass. It was a very cheerful and happy afternoon. Our Residents were delighted and could not stop talking about it all evening afterwards.

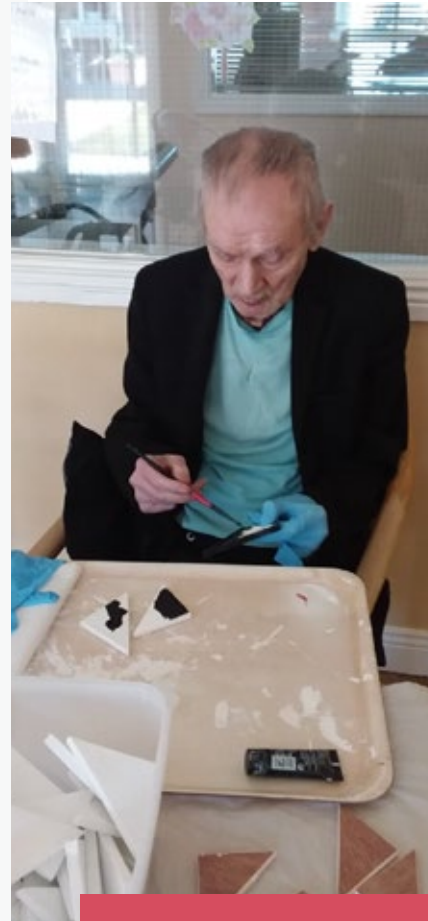
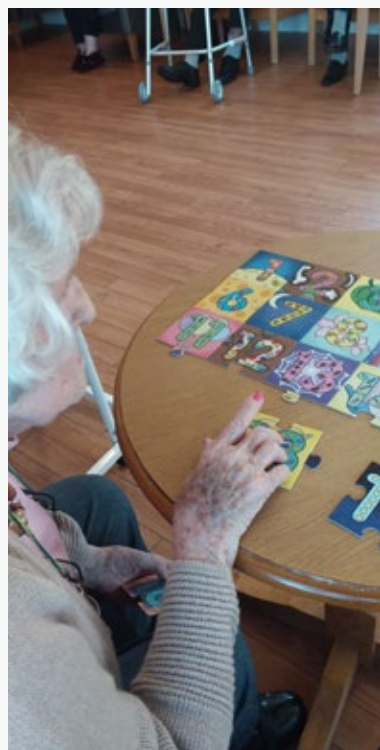
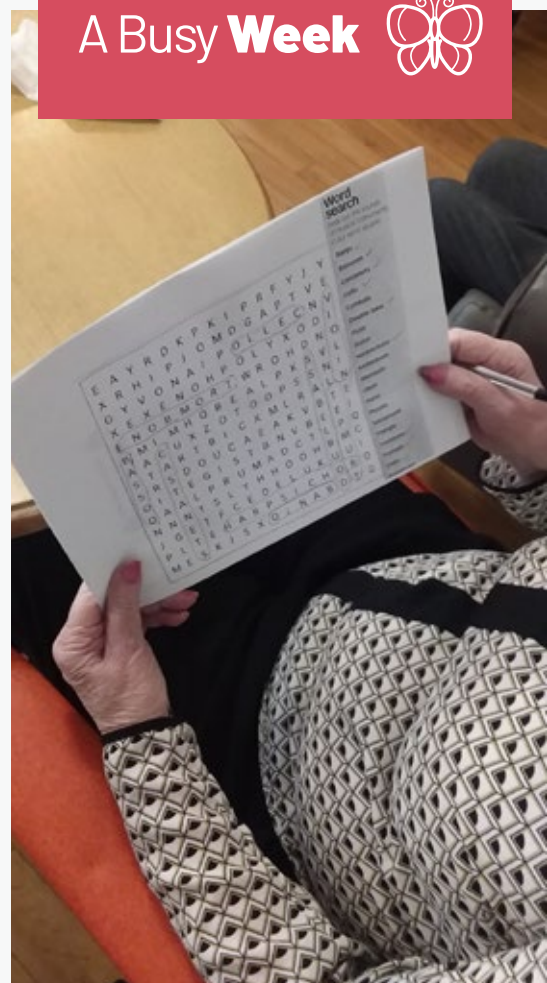


Happy Birthday **John**

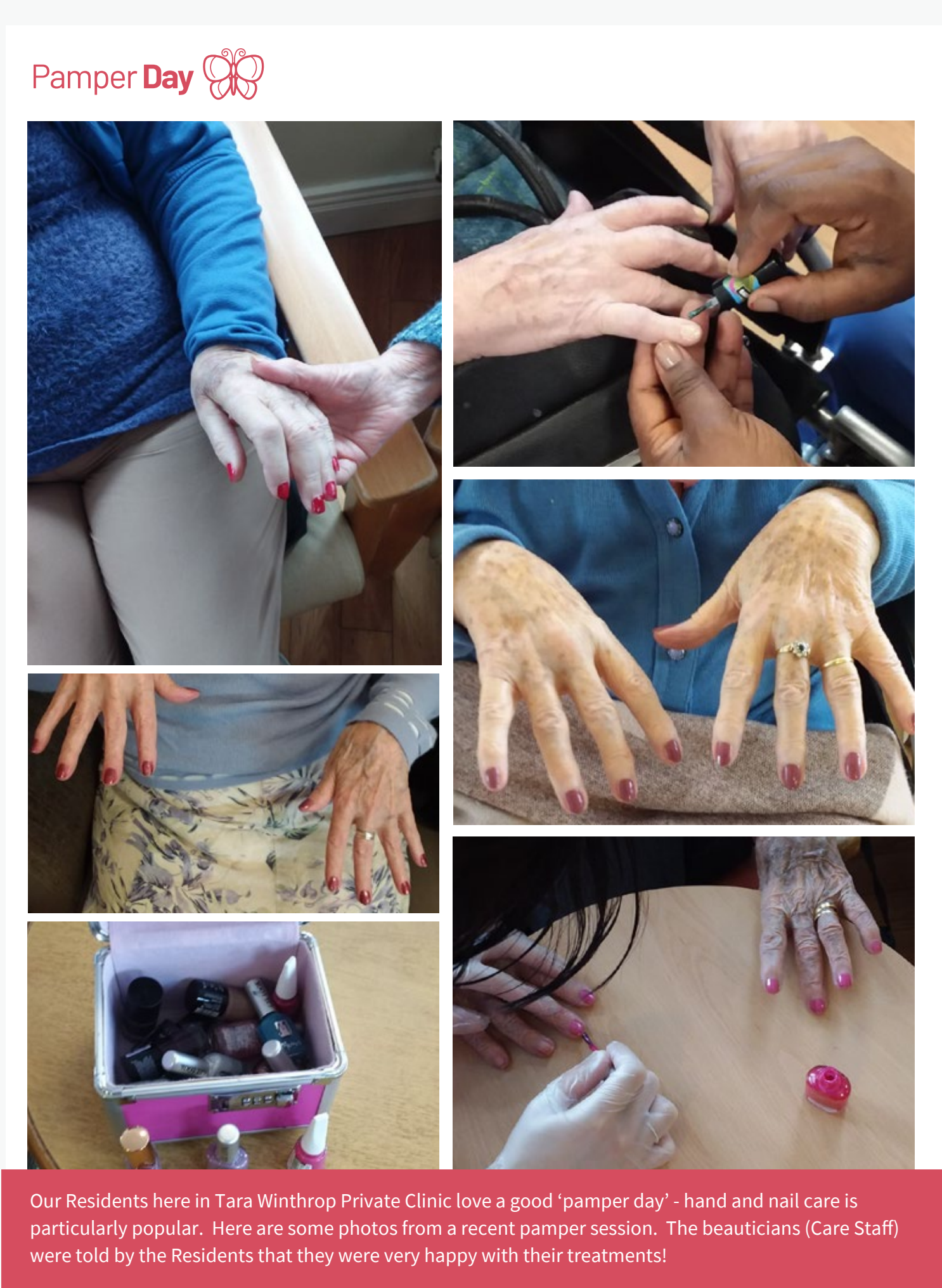


Earlier this month we celebrated our Resident Artist John’s birthday. He finished this fabulous image of an electric bass guitar just in time for the celebrations. Happy Birthday John from all of us here in Tara Winthrop Private Clinic.

A Busy Week



We had a busy week last week here in Tara Winthrop Private Clinic - lots of work done on our Bird Houses, as well time for reading and board games & puzzles - all as part of our Activities Programme to keep the mind and body energised and active.



April

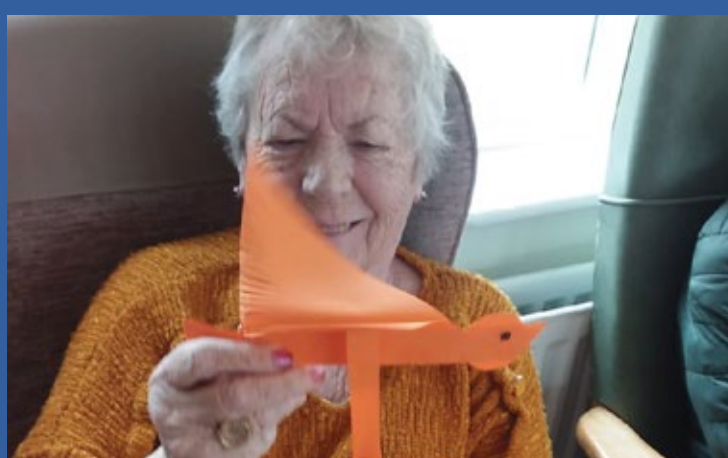
Easter Fun



We like nothing better than a party here in Tara Winthrop Private Clinic with lots of sweet treats, chats, singing and fun - which was the order of the entire Easter week here.



Earth Day



It was a busy week in Tara Winthrop Private Clinic. For Earth Day we finished our bird Sanctuary in the garden and hung up our bird boxes which we painted last week. We also made some paper birds.

Bird Sanctuary



Now that we have our bird table out in the garden - the feeding has started - Our Residents here in Tara Winthrop Private Clinic love to get out there, whenever the weather permits, to feed the birds and just watch the activity in our Bird Sanctuary.

Soaking up the Sun



With the fabulous weather our Residents were delighted to get the opportunity to go outside and enjoy our lovely gardens with the bird houses and the new flowers - it was wonderful to get out for some fresh air and soak up the sunshine.



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