

# STORIES FROM February

## Spring has Sprung



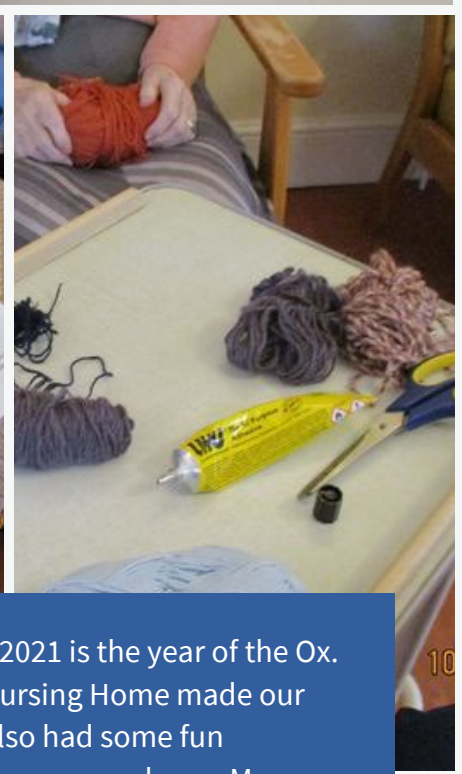
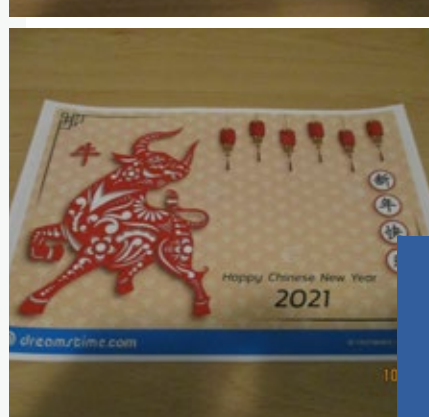
Spring has finally sprung in our garden which we discovered while out enjoying the glorious sunshine, and we received some lovely flowers from our Resident's families to brighten up our dining room.

## Ireland Reads Day



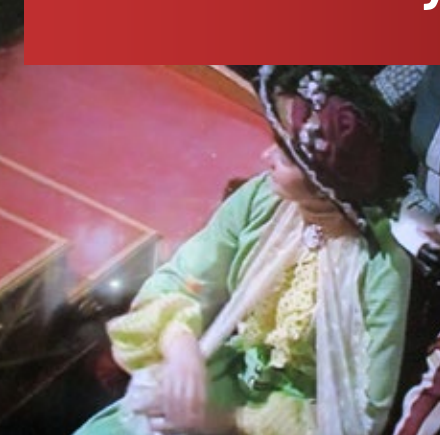
In St Glady's Nursing Home we marked 'Ireland Reads Day' by reading some poetry aloud in a group, which our Residents really enjoyed.

## Chinese New Year



On February 12th it was Chinese New Year - 2021 is the year of the Ox. Our Residents and staff here in St. Glady's Nursing Home made our very own ox to celebrate the occasion. We also had some fun discovering which animal represents the year we were born. More lovely memories being made here in St. Glady's Nursing Home.

## The Good Ole Day



We had another lovely week here in St. Glady's Nursing Home. As well as lots of Arts & Crafts, gentle exercise and discussion - we enjoyed an afternoon of comedy, music, song and dance, watching 'The Good Ole Day' variety show. It was a firm favourite of many of the people who live in our care when it was on the TV years ago - so there was lots of reminiscing.



## Valentine's Celebrations



OHHHH The excitement in St. Gladys Nursing Home as our Residents & Staff prepared for Valentine's Day. Our Activities Programme was a hive of activity, making cards and special decorations. We were all geared up for Valentine's Day with lots of flowers, treats and fun activities to celebrate the occasion!!

## Picture Bingo



We had Bingo with a twist this week in St. Gladys Nursing Home when our Residents enjoyed "Picture Bingo" during our activities programme. Great to keep the mind sharp and the eyes focused on the task.

## Online Mass

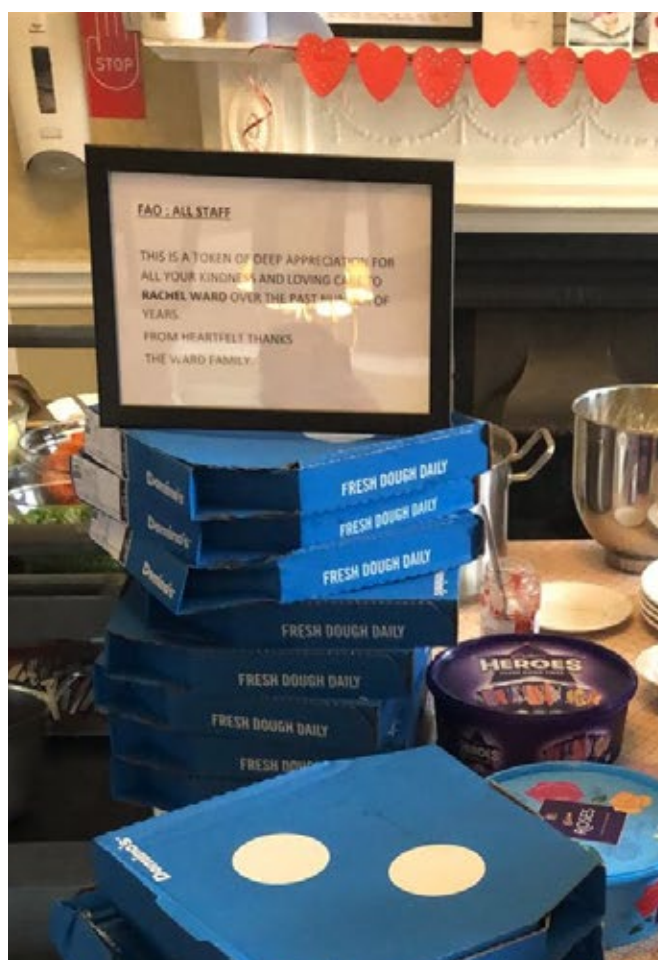


This week we streamed online mass from the Augustinians, John's Lane Church in the Liberties, Dublin.

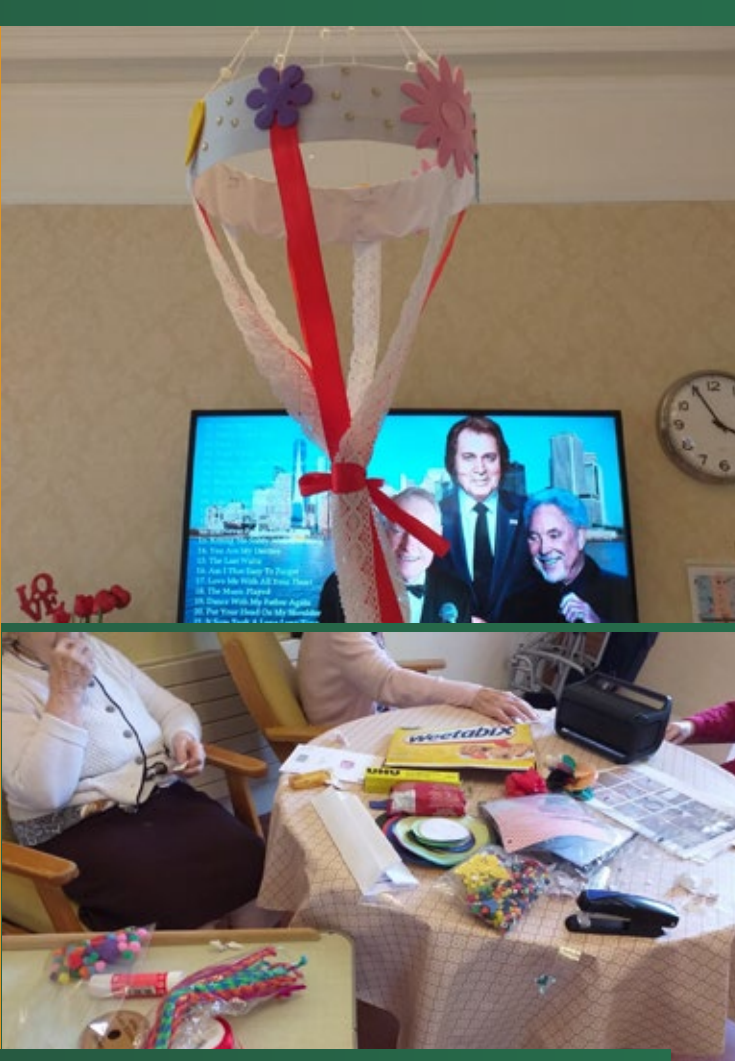
## A Sincere Thank You



We never cease to be amazed and humbled by the generosity of the families of our St. Gladys Nursing Home Residents and the local Community. We want to sincerely thank the family of our dear past Resident, Rachel Ward, who passed away recently, they sent us a beautiful card and message and treated our staff to a Pizza Day - Friday February 5th. Thank you so so much to the Ward Family - you made us feel very special and valued.



## Spring Chandelier



This week in St Gladys Nursing Home our Residents made a beautiful 'Spring Chandelier' to welcome Spring into our Home.



## It's All in the Way You **Move**



17/02/2021



"It's all in the way you move" was the motto in St. Glady's Nursing Home this week when our Activities Programme included 'Movement to Music' to keep our bodies fit and our minds active.



17/02/2021 13:05

## Group Story Time



Our Residents enjoyed a 'Group story time session' earlier this week – it was a lovely way to brighten up a dull February afternoon.

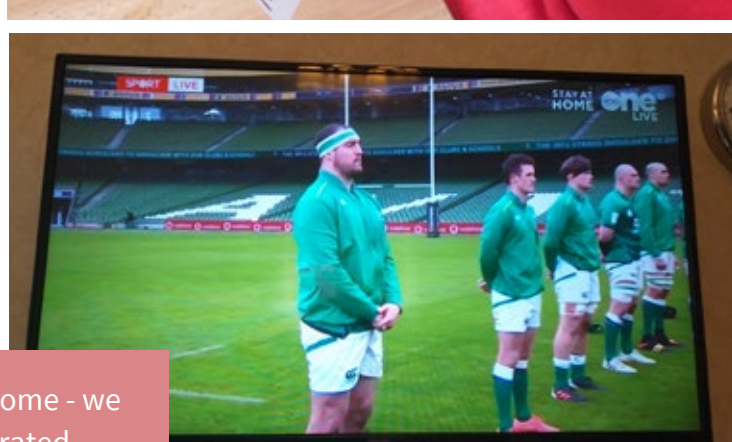
## Music for the **Soul**



Music is very important for many of our Residents here in St. Glady's Nursing Home and they love listening to their favourite songs on the headphones.



## Valentine's **Rugby Celebrations**



Over Valentine's weekend in St. Glady's Nursing Home - we watched Ireland v France playing rugby and celebrated Valentines day by sharing the love



IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE,  
PLEASE ASK THEM TO CONTACT MICHELLE ON 01-4968744