



Tara Winthrop  
Private Clinic

# Stories from November

2020

## Swords Educate Together National School



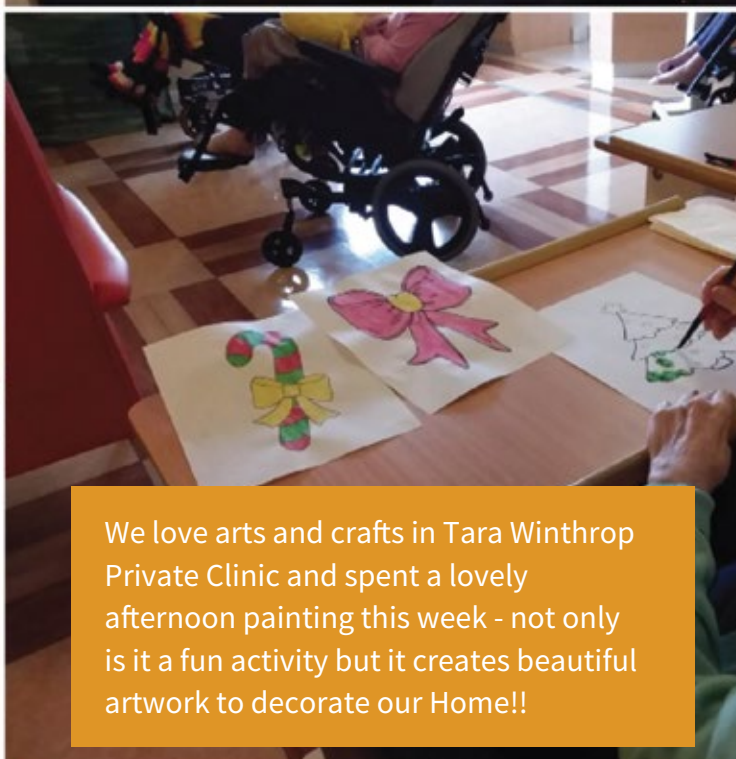
Our Residents were delighted to receive letters from the second class students of Swords Educate Together National School. Thank you so much to all the children - the letters really cheered our residents up and put smiles on their faces. It took us a while but each of those letters got a response from our Residents.

## Memory Games



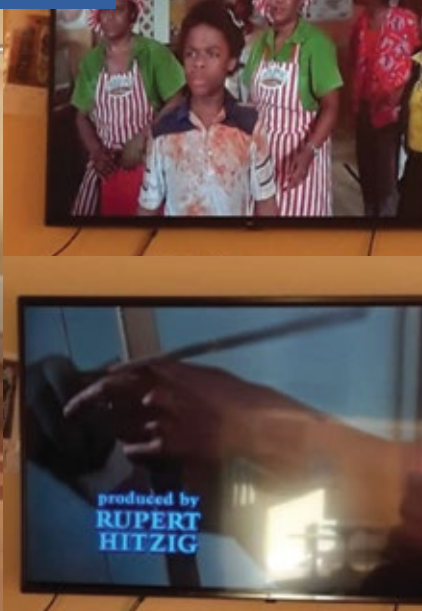
This week our Residents enjoyed playing memory games on their tablets - a great way to keep our brains exercised.

## Arts & Crafts



We love arts and crafts in Tara Winthrop Private Clinic and spent a lovely afternoon painting this week - not only is it a fun activity but it creates beautiful artwork to decorate our Home!!

## Afternoon at the Pictures



We had an "Afternoon at the Pictures" with popcorn in Tara Winthrop Private Clinic. We watched The last Dragon, from 1985. A good old film with a great story and nice music from the 80's. Our Residents enjoyed it very much!!







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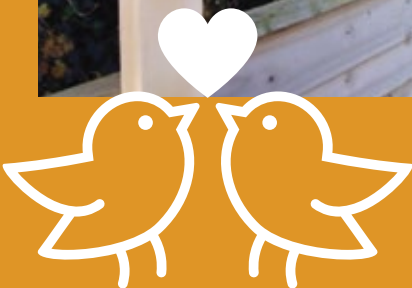
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## Baking Club



Our Baking club at Tara Winthrop were busy making Mary Berry's Foods. We might be beginners but we're learning fast!!

## Bird House Project



This week we finished part of our Bird House Project - made during our Men's Shed activities. We hope that our bird houses will be put to good use by the birds from Swords and surrounding areas!!

## Remembrance Mass



A special Remembrance mass was held in Brackenstown Parish Swords - celebrated by Fr Paul Thornton on behalf of all the Grace Healthcare Nursing Homes including Tara Winthrop Private Clinic

## Indoor Gardening



This week in Tara Winthrop Private Clinic we spent some time taking care of our indoor plants. They need TLC just like us. Activities like these are good for our minds and our body as well as for the plants.



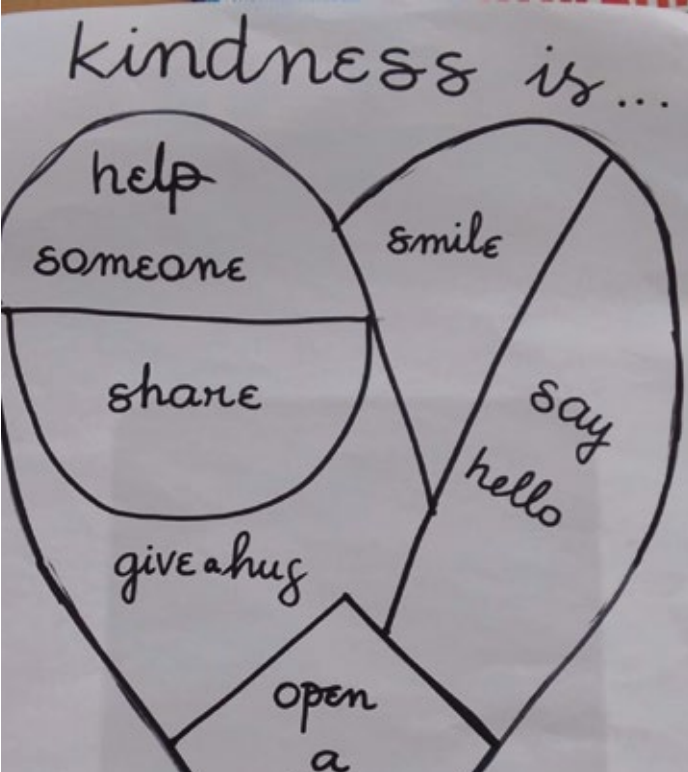


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## World Kindness Day



Our Residents in Tara Winthrop Private Clinic celebrated World Kindness Day, which was the theme for our Arts & Crafts programme. This year there were no hugs sadly - but we had fun - bumping elbows. We had a lovely day talking about kindness and of course there were lots of cups of tea drank, with mouth-watering pastries made by our wonderful chefs.