



Nephin
Nursing Home

Stories from November

2020

Getting in the **Festive Spirit**



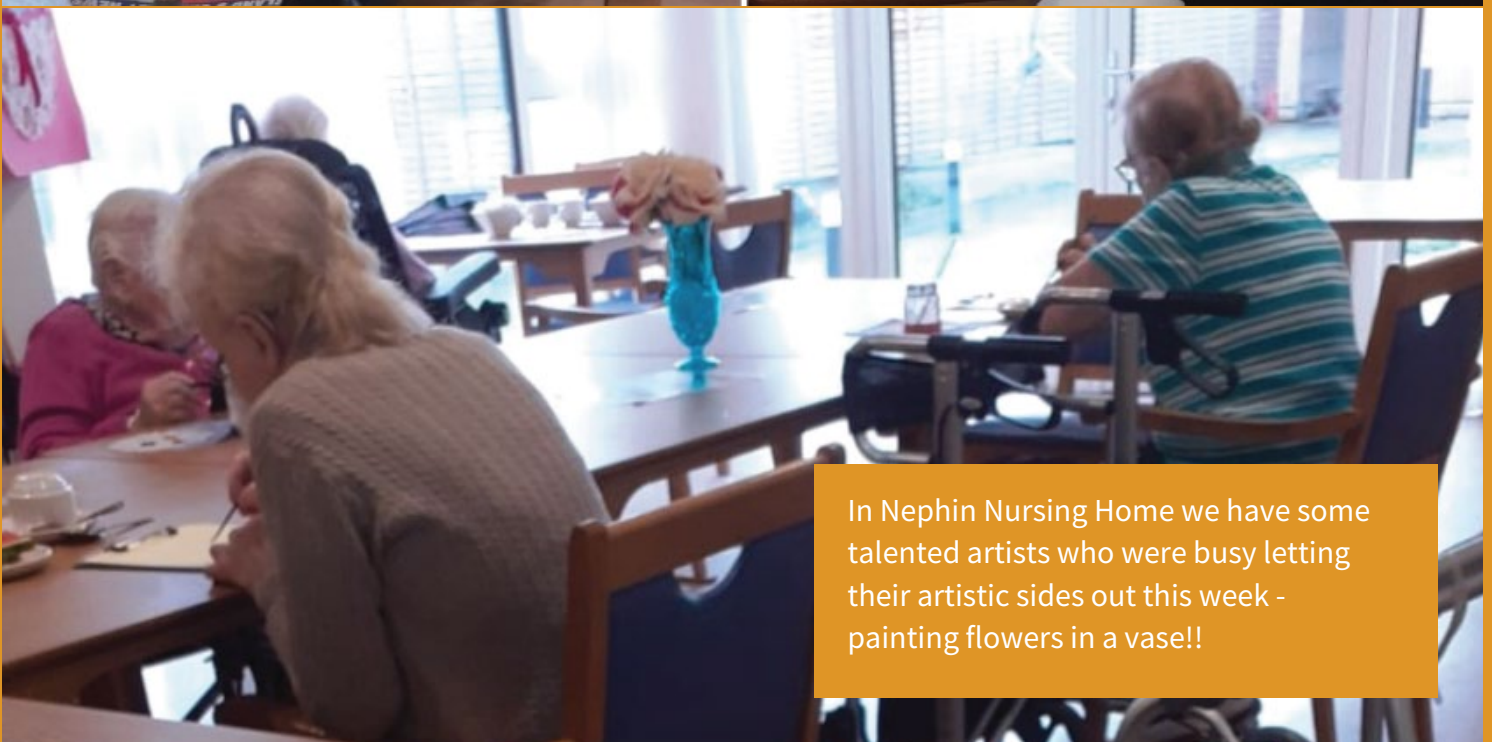
Our lovely residents in Nephin Nursing Home were busy making Christmas Cards for the Local Fire and Ambulance Crews to thank them for all they do!!

Knitting Skills



One of our lovely Nephin Nursing Home residents, Sylvia, has been knitting cardigans to donate to the local children's hospital. We are so proud of her efforts!!

Arts & **Crafts**



In Nephin Nursing Home we have some talented artists who were busy letting their artistic sides out this week - painting flowers in a vase!!

Birthday **Celebrations**



We celebrated another birthday in Nephin this week - Ray-Ray - Happy birthday from all the staff and residents in Nephin.

And we hope you loved the cake!!





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November We Remember



November is traditionally the month in which we remember our family and friends who have passed away. This year our Residents created a Tree of Hearts. This is very special tree as when a resident passes we write their name on a heart to remember them. We also painted candles and wrote a little message to our loved ones who are no longer with us.

Keeping Fit



Our Residents love to keep fit and take part in the group physio sessions at Nephin Nursing Home – a great way to keep in shape and also good fun!!

Pen Pals

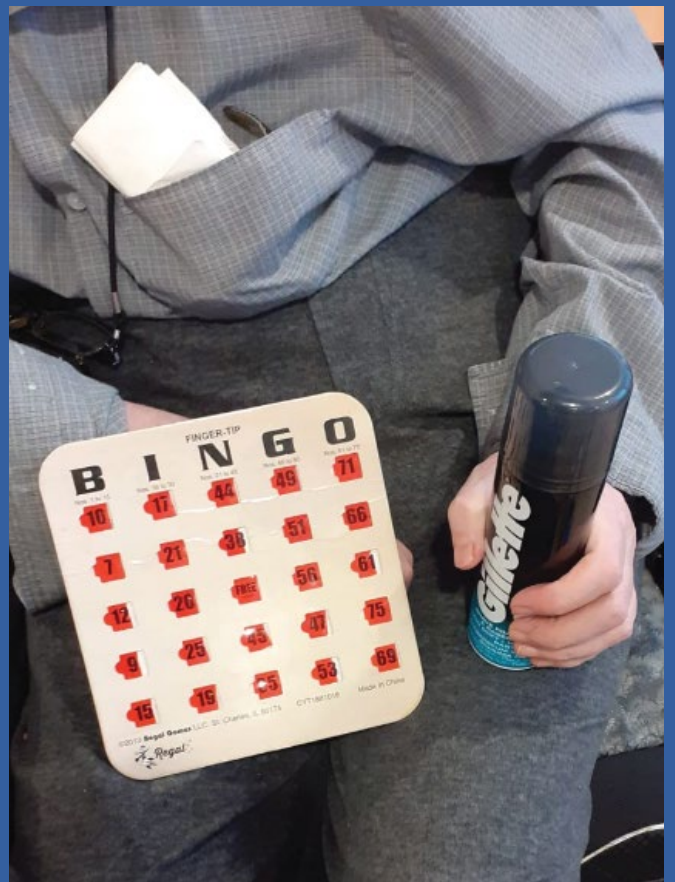


This is Esther, one of our lovely Residents in Nephin Nursing Home engrossed in reading a letter from a lady called Mairead, who contacted us to see if she could write to our residents - a sort of Pen Pal.

As a group, the Residents wrote back to Mairead to tell her how much her letter was enjoyed.

Thank you Mairead!!

Lucky Friday 13th



Friday 13th was lucky for our Nephin Nursing Home Resident, Pat Byrne - he WON the Bingo and choose some toiletries from our Prize Table!!



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Fun filled **Friday**



Friday is always fun filled day in Nephin Nursing Home, our Residents were busy baking in the morning, playing bingo followed by a music session in the afternoon , before finishing off the day enjoying our delicious homemade scones with jam!

Painting **Poppies**



We had a very busy week of Arts & Crafts here in Nephin Nursing Home where our Residents were getting creative and painting poppies - all very industrious!!