

# Clinical department

### Who we serve

Here at Broadstep we serve children, adults, and families living with developmental, intellectual, mental health, and behavioral challenges from a person-centered approach and an integrated dual disorder treatment model that is designed to promote self-determination and maximize the desired outcome for life.

## Clinical model



At Broadstep, the clinical model is established to provide commitment to the individual and their loved ones in offering "top notch" and "quality" services. These three components are high quality clinical expertise, comprehensive therapeutic services, and a positive therapeutic experience through a personcentered approach.

Broadstep believes that the individual's journey to recovery is a collaborative process, which means the whole therapeutic experience is based on the individual being an active participant in their treatment, promote self-determination, engage the individual's informal and formal supports, display dignity, respect, and empathy, and have individually tailored treatment. The program is a blend of evidence-based practices, self-exploration, and experiential group activities. Broadstep believes these services are the steppingstones of the path the individuals travels, from first contact to final discharge.

# Our clinical model begins with the service delivery framework

#### **Access**

to clinical, medical, and community services and support they need

#### Integration

service delivering that is unified and coordinated to align all programs and funding sources

#### Choice

including where they live and what provided services are needed

#### Value

demonstrating to individuals and funding sources. This includes having comprehensive data collection and quality outcome measurements

#### **Outcomes**

having systems that support achieving outcomes

Broadstep recognizes that this framework is the guideline for our team to be successful in working with individuals on their path to recovery from first contact to discharge.

Our clinical model begins with a comprehensive biopsychosocial assessment designed to identify individual's strengths, needs, abilities, and preferences. This process is instrumental in formulating a strength-based treatment plan that is driven by a collaborative effort with the individual, the clinical team, and their circle of supports. Upon the identification of the individual's clinical needs and goals, Broadstep has an array of clinical services that can be offered to the individual.

These clinical services are tailored from an integrated dual disorder treatment model which incorporates comprehensive and gender-responsive programming/ curricula that adequately assists our individuals in their recovery. In addition, Broadstep has integrated an array of additional ancillary services that are part of overall behavioral health services. These ancillary services include intensive case management & coordination, medication management & psychopharmacology, day & vocational, educational, family system, and physical/medical services. Broadstep is well recognized as a company who services individuals of all ages and offers a whole spectrum of evidence-based and experience-based services. Each program develops a structured therapy schedule with individualized activities designed to help the individual reach their personal treatment goals. The treatment team offers experiences to assist in understanding the individual's story and promoting their personal strengths. This will sharpen skills and competence, and ultimately celebrates the achievements of our valued individuals.

# Philosophy of care

Here at Broadstep, we understand that the individuals we serve come to us with hope and desire to have a healthier life. Therefore, we embrace the idea that establishing a philosophy of care for our individuals is essential to the steps they will embark on during their journey to their personal recovery. Broadstep has established the following guiding principles when caring for individuals within our programs:

#### "Whole-person health"

Incorporating best-practice and evidence-based interventions

#### Integrity and excellence

We instill compassionate delivery of effective and accountable programs that uphold the highest national and state ethical standards of care

#### Visionary leadership

We promote system-wide, trauma-informed, dual-integrated, data-driven, and positive behavioral approach to care

#### **Equity and collaboration**

Ensuring respectful and meaningful treatment services, healthy family engagement, and community connection

Broadstep's philosophy of care aspires our clinical team to ensure we provide resources with the goal of stabilization, reduction in symptomatology, and attainment of personal recovery. Our programs and highly qualified staff are passionate in enhancing independence, increasing healthy family dynamics, and improving the quality of life.

Please contact Dr. Scott Huntington by email by clicking <u>here</u>.