

EXPRESSIONS DANCE ACADEMY COVID 19 GUIDELINES



We look forward to welcoming our dancers back to the studio!

Expressions Dance is committed to the safety of each and every student, parent and instructor that comes through our doors. Although these are extraordinary times which require extra diligence, and additional layers of safety and sanitation, we are thrilled to be back in person. The extra efforts are worth every minute of being together! As we begin to transition back to normalcy it is important that we follow the safest possible sanitary guidelines.

Please note our guidelines are subject to change as we receive updates from the CDC.

Listed below are a few changes we've made. Thank you in advance for working together with us in creating this new and temporary environment.

UPON ARRIVAL AT STUDIO

- Masks are to be worn when entering the studio and while in the waiting room.
- Please arrive early and wait in your car until the start of your class time to enter the building as we will be sending out the previous class 2-3 minutes early.
- If you have been at home, please arrive dressed and ready to begin class.
- If you are coming from school you may enter the building early to change. Please contact me in advance to set this up.
- Only dancers are allowed into the building. If you have a little one who is nervous about coming in alone, you are more than welcome to bring them in.
- We have purchased a wall unit that dancers can simply walk under for temperature checks. We hope this makes class transitions go smoother.
- Any students exhibiting a temperature of 100 or more, or showing any signs of illness, including coughing or any flu-like symptoms should stay home and will not be allowed to dance.
- We will sanitize their hands upon entering the building.
- Dance shoes are not to be worn outside, but we would greatly appreciate if dancers in Primary and Secondary could put tap shoes on in the car. Parents could carry them to the door and/or put big socks over their shoes?
- Chairs will be socially distanced inside the waiting room and cubbies will be available for students who only have one class.
- Dancers Lounge will only be used for changing.
- If your dancer has a break between classes, they are more than welcome to stay in the waiting room and socially distance from others. We will have movies running on the TV for them to enjoy.
- It is imperative you are on-time for class and not late picking up your dancer.

DURING CLASS

- We want to ensure all our students' safety and provide a comfortable stress-free classroom experience.
- The floors have been taped in order to keep the dancers 6 feet apart allowing for students to social distance while in class.
- Hair should always be worn up for every class.

- Our instructors will be teaching in a no contact fashion using verbal & demonstrative instruction.
- Masks not required when dancing as students are to maintain 6 feet apart.
- As we know, warm weather and constantly circulating outside air is a deterrent to the spread of Covid-19. We will be circulating fresh air through open doors, windows and ceiling fans.

INSTRUCTORS

- Instructors must immediately and thoroughly wash their hands upon entering the building.
- Instructors will be wearing masks at all times.
- All our instructors have been informed that they must call ahead if they are showing any symptoms and they will not be able to teach until they have been cleared by a doctor to return.
- We are committed to ensuring all our Instructors understand the virus, how it is transmitted and how they can protect themselves and our students.
- As new information comes available, our Instructors will be immediately informed and kept up to date with any changes that must be made in regards to sanitation practices, policies or procedures.

CLEANING SCHEDULE

- Floors & surfaces are cleaned daily.
- Barres, mats and props are wiped down after each use.
- Bathrooms are properly sanitized and deep-cleaned daily.
- Studio is deep cleaned professionally once a week.

INSTRUCTORS & STUDENTS

During the time dancers are enrolled or employed at Expressions Dance, we expect them to quarantine for 10 days if they have been at a gathering of 20 or more people. If you decide to attend a large gathering, we ask that you wait out the time period to protect the safety of our entire dance studio and dance season! Thank you!

PRIVATE LESSONS

Available if you are not comfortable coming into the studio. Please call or email to set this up. These can be done in-person during off studio hours with one instructor or online. ~30 Minutes - \$83 per month ~1 hour - \$140 per month

At Expressions, we are committed to providing the safest possible environment for our students, instructors and the community. If we work together and follow a few simple steps we can look forward to another great dance season. We appreciate and value our dance family and your assistance in helping to keep our community safe.