

**Speech Language Pathology**  
**Ear Nose and Throat Associates of Nassau County PC**

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# Speech Language Pathology

*What exactly is speech language pathology?*

Communication includes **speech** (articulation, voice, rate and intonation), **language** (phonology, morphology, syntax, pragmatics and semantics), both receptive and expressive language (including reading and writing) and non verbal communication such as facial expression, posture and gesture. **Swallowing** problems managed under speech therapy are problems in the oral and pharyngeal stages and sometimes the esophageal stages of swallowing.

**What Speech Language Pathology  
services are offered at Ear, Nose and  
Throat Associates of Nassau County PC?**

*FEESST*

*Video stroboscopy*

*Voice Therapy*

*Speech and language Therapy*

*Cognitive Therapy*

# FEESSST

*(flexible endoscopic evaluation of swallowing with sensory testing)*

## What is a FEESSST?

A FEESSST is a non radioactive endoscopic evaluation of swallowing and reflux. A small endoscopic camera is inserted through the patient's nose and observes as food/ liquid (which is prepared with green food coloring) travels down the patient's throat. This exam will assess swallowing problems (dysphagia) and reflux.

## Who may benefit from FEESSST?

Patients with reflux, chronic cough, stroke, Parkinson's Disease and other chronic neurological problems who have developed swallowing problems.

# Videostroboscopy

## *What is a stroboscopy?*

A strobe light is used to light up the voice box allowing the vocal cords to be seen at very slow speeds. This allows for better examination and ultimately a more accurate diagnosis for patients with voice problems.

## *Who will benefit from a stroboscopy?*

Any patients with the following symptoms:

Hoarseness

Painful speech

Polyps, nodules, cysts or lesions

Reflux

Breathiness

Throat clearing

Vocal fatigue

Laryngeal cancer