

Food Industry Recommended Protocols When Employee/Visitor/Customer Tests Positive for COVID-19

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I. Background

Food production facilities, distributors, retailers and wholesalers are part of our nation's "critical infrastructure" and must remain operational to feed the country. Inconsistent approaches to reacting to an individual, particularly manufacturing personnel, who test positive for COVID-19, have the potential to jeopardize our food system. This document recommends a consistent approach in how a company can continue operations in the event an individual has tested positive or is potentially exposed, given the global COVID-19 pandemic and high transmissibility of this respiratory virus from person to person. This guidance is not intended to replace or supersede federal, state, or local guidance or authority. It highlights key recommendations from the Centers for Disease Control and Prevention (CDC) and the Occupational Safety and Health Administration (OSHA) on:

- Steps to be taken when an employee tests positive for COVID-19 or has symptoms (cough, fever, sore throat, shortness of breath) associated with COVID-19 (presumptive or suspected case); and
- Steps to be taken when an employee/facility visitor/customer has been exposed (in close contact) to an individual who is positive for COVID-19

Note: CDC and OSHA guidance may be changing, and rapidly, as more is learned, and that the most up-to-date information is available at the CDC COVID-19 website:

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>; and OSHA Guidance on

Preparing Workplaces for COVID-19 website:

<https://www.osha.gov/Publications/OSHA3990.pdf>

II. Steps To Be Taken When An Employee Tests Positive For COVID-19 Or Is Presumed Positive Based on Symptoms Associated With COVID-19

Food manufacturing facilities, distribution centers, wholesale and retail outlets should consider the following as they prepare for the potential that an employee may test positive for COVID-19 or is presumed positive based on disease symptoms.

- For an individual who has symptoms associated with COVID-19 (i.e., fever, cough, and/or shortness of breath) or has tested positive for COVID-19:
 - If the employee is onsite at the facility, **send the employee home immediately;**
 - If the employee is at home, do not permit the employee to come to work
- Employees who have **not been tested but show symptoms** of acute respiratory illness are recommended to stay home and be excluded from work until they are free of fever (100.4° F [38.0° C] or greater using an oral thermometer), and any other related symptoms (i.e., cough and/or shortness of breath) for at least 3 days (72 hours), without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants) AND at least 7 days have passed since symptoms first appeared.
 - Employees should notify their supervisor
 - Encourage the employee to contact their local health department and seek medical attention upon initial appearance of symptoms
- Employees **with a COVID-19 positive test* who have stayed home (home isolated)** may be able to return to work under the following conditions:
 - **If employee will not have a test** to determine if they are still contagious, they may be able to return to work after these three things have happened:
 - no fever for at least 72 hours since recovery (that is three full days of no fever without the use medicine that reduces fevers)
AND
 - other symptoms have improved (for example, when cough or shortness of breath have improved)
AND
 - at least 7 days have passed since symptoms first appeared
 - **If employee will be tested** to determine if they are still contagious, they may be able to return to work after these three things have happened:
 - no longer have a fever (without the use medicine that reduces fevers)
AND

- other symptoms have improved (for example, when cough or shortness of breath have improved)
AND
- received two negative tests in a row, 24 hours apart. Doctor should follow [CDC guidelines](#)

***For the most current CDC recommendations, see:**

[CDC's What To Do if You are Sick](#)

- Contact other relevant third parties who may have been exposed
- Make an OSHA record/report if required. OSHA's recent guidance says such a report is required if:
 - There is a confirmed (tested positive) case of COVID-19;
 - It is contracted due to employee performing work-related duties; and,
 - It meets other standards for OSHA reporting (for example, more than one day away from work, or medical treatment beyond first aid)
- Clean and disinfect surfaces to limit employee exposure. (see Cleaning and Disinfection Guidelines section below)
- A facility/location does not need to shut down as a result of an employee, visitor, or other individual testing positive for COVID-19 if the steps above are followed and the ill and potentially exposed individuals are appropriately addressed

III. Steps To Be Taken When An Employee/Visitor/Customer Is Exposed (In Close Contact) With An Individual Who Is Positive For COVID-19

- Try to identify if employees have been exposed or potentially exposed to infected individuals. Unless advised by local authorities, other individuals in the facility should not be considered high risk for infection, do not require special treatment, and may continue working as normal (after surfaces are cleaned and disinfected, as described below).
 - Exposure/Close contact is defined by CDC as:
 - within approximately 6 feet (2 meters) of a confirmed or suspected COVID-19 positive individual for a prolonged period, including within the 48 hours prior to symptom onset; close contact can occur while caring for, living with, visiting, or sharing a healthcare waiting area or room with a COVID-19 case;
OR,
 - having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on)
 - Short term exposure, such as walking past someone, is not "close contact"

- In accordance with Health Insurance Portability and Accountability Act (HIPAA) requirements, inform individuals of potential exposure
- Working with local authorities and the individuals' health care providers, consider if it is appropriate to take the following actions for employees who have been exposed to individuals with COVID-19 but are not showing symptoms:
 - CDC recommends that employers pre-screen these employees by measuring temperature and monitoring symptoms (e.g., cough, sore throat, shortness of breath and/or fever of 100.4° F [38.0° C] or greater using an oral thermometer) associated with COVID-19, prior to entering the facility (<https://www.cdc.gov/coronavirus/2019-ncov/downloads/critical-workers-implementing-safety-practices.pdf>).
 - CDC recommends regular monitoring of temperature using an infrared thermometer. When taking temperatures, employers should keep as much distance from employees as possible, wash their hands with soap and water before and after taking temperatures, and use gloves, if available. CDC provides some guidance on conducting [temperature screening](#) in homeless shelters, which can also be used in food manufacturing facilities. For additional information about screening employees for COVID-19 symptoms, see [guidance](#) from the Food and Beverage Issue Alliance.
 - These employees should wear a [face mask/covering](#) at all times while in the workplace for 14 days since the time they might have been exposed or come in close contact with an infected individual. In addition the employee should practice [physical \(social\) distancing](#) as work duties permit, and continue to self-monitor for symptoms.
 - If symptoms arise, the employee should be sent home immediately and surfaces in their workspace should be cleaned and disinfected. Employees should also contact their local health department and physician to determine next steps.
- Clean and disinfect surfaces to limit employee/visitor/customer exposure. (see Cleaning and Disinfection Guidelines section below)

***The following can be helpful in assessing risk:**

- Estimation of the asymptomatic ratio of novel coronavirus infections. March 2020. International Journal of Infectious Diseases - [https://www.ijidonline.com/article/S1201-9712\(20\)30139-9/pdf](https://www.ijidonline.com/article/S1201-9712(20)30139-9/pdf)

- CDC COVID-19 Symptoms (<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>)
- Interim U.S. guidance for Risk Assessment and Public Health Management of Persons with Potential COVID-19 (<https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html>)

In the CDC Risk Assessment "[Interim US Guidance for Risk Assessment and Public Health Management of Persons with Potential Coronavirus Disease 2019 \(COVID-19\) Exposures: Geographic Risk and Contacts of Laboratory-Confirmed Cases](#)" the CDC notes "some personnel fill essential (critical) infrastructure roles within communities. The Department of Homeland Security identifies Essential Critical Infrastructure Workforce at <https://www.cisa.gov/publication/guidance-essential-critical-infrastructure-workforce>. Based on the needs of individual jurisdictions, **and at the discretion of state or local health authorities, these personnel may be permitted to continue work following potential exposure to SARS-CoV-2 (either travel-associated or close contact to an individual who has tested positive for COVID-19)**, provided they remain asymptomatic. Personnel who are permitted to work following an exposure should self-monitor under the supervision of their employer's occupational health program including taking their temperature before each work shift to ensure they remain afebrile. On days these individuals are scheduled to work, the employer's occupational health program could consider measuring temperature and assessing symptoms prior to their starting work. Exposed healthcare personnel who are considered part of critical infrastructure should follow existing CDC guidance."

IV. Cleaning and Disinfection Guidelines

- As soon as an employee is identified that has tested positive for COVID-19 or has symptoms associated with this virus, clean and sanitize the facility according to CDC guidance at <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>
- Existing sanitation standard operating procedures (SSOPs) including cleaning and disinfection processes for food contact surfaces and processing equipment should serve to mitigate the SARS-CoV-2 hazard and the potential spread of SARS-CoV-2. With that said, other surfaces in the facility environment that are not routinely targeted in SSOPs may need to be targeted if the infected individual is known to have or could have come in close contact with them
- EPA registered disinfectants should be used

- There is a list of EPA-registered “disinfectant” products for COVID-19 on the [Disinfectants for Use Against SARS-CoV-2 list](#) that have qualified under EPA’s [emerging viral pathogen program](#) for use against SARS-CoV-2, the coronavirus that causes COVID-19
- **IMPORTANT:** Check the product label guidelines for if and where these disinfectant products are safe and recommended for use in food manufacturing areas or food establishments
- Special attention should be paid to high contact surfaces such as: doorknobs, touch screens, control panels, time clocks, tabletops, breakroom/cafeteria facilities, handrails, handwashing stations, and restroom facilities
- CDC also recommends that facilities consider improving their engineering controls using the building ventilation system to:
 - Increase ventilation rates
 - Increase the percentage of outdoor air that circulates into the system (<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>)

V. Disposition of Food

- There is currently no evidence to support that the SARS-CoV-2 virus can be transmitted to humans through food or food packaging materials
- If practical, however, any packaging that has been in close contact with an individual who has symptoms associated with COVID-19 or has tested positive for COVID-19, could be wiped down with sanitizer
- The FDA does not anticipate that food will need to be held, recalled or withdrawn from the market due to possible exposure to SARS-CoV-2 through a person that has tested positive for the COVID-19 virus that works a food facility
<https://www.fda.gov/food/food-safety-during-emergencies/food-safety-and-coronavirus-disease-2019-covid-19>

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