

# PLAY AT HOME

## #PLAYSAFE



minisport

INTRODUCING...

# Play-at-Home

## WHAT IS THE MINISPORT PLAY AT HOME PROGRAM?

By [joining this week's zoom classes](#), parents will also enjoy a range of videos, documents and Zoom classes that will assist in their children's sporting development. This material will be shared via the email address provided [upon registration](#) for this week's zoom classes.

### ZOOM CLASSES

Our Play-at-Home Zoom classes will run on a daily basis until further notice and aim to keep kids active, happy and stimulated. Due to the limitations of space and equipment, these Zoom classes will focus mainly on locomotive development and some basic ball skills, whilst also continuing to develop our students' ability to follow instructions within a class.

### PARENT VIDEOS

Helping parents understand basic coaching theory - mainly covering basic movement and ball-skill development. These videos contain tips that will greatly improve the quality of home play sessions with children aged 2-6yrs. Videos will be sent via email to those who join the program.

### PLAY AT HOME EQUIPMENT BAGS

Our Play-at-Home bags cost \$650 and provide an optional set of equipment that greatly enhances home play sessions. **We will be running a series of at least 5 free Zoom classes exclusively for children who own these bags in the coming weeks** - drawing on a wider range of skills and games than is possible for the non-equipment based Zoom classes. The exact schedule for these classes will be released shortly. We have a limited number of bags arriving this week, so pre-order yours now to avoid disappointment.



HIGH QUALITY DRAW-STRING BAG



8 x SMALL CONES



2 X CATCHING CLOTHS



8 x TALL CONES



2 X STICKER SHEETS



1 X FOOTBALL & VOLLEY NET

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**FOR 15% OFF**

**OFFER ENDS AUG 7 2020**



1 X BASKETBALL



1 X RUGBY BALL

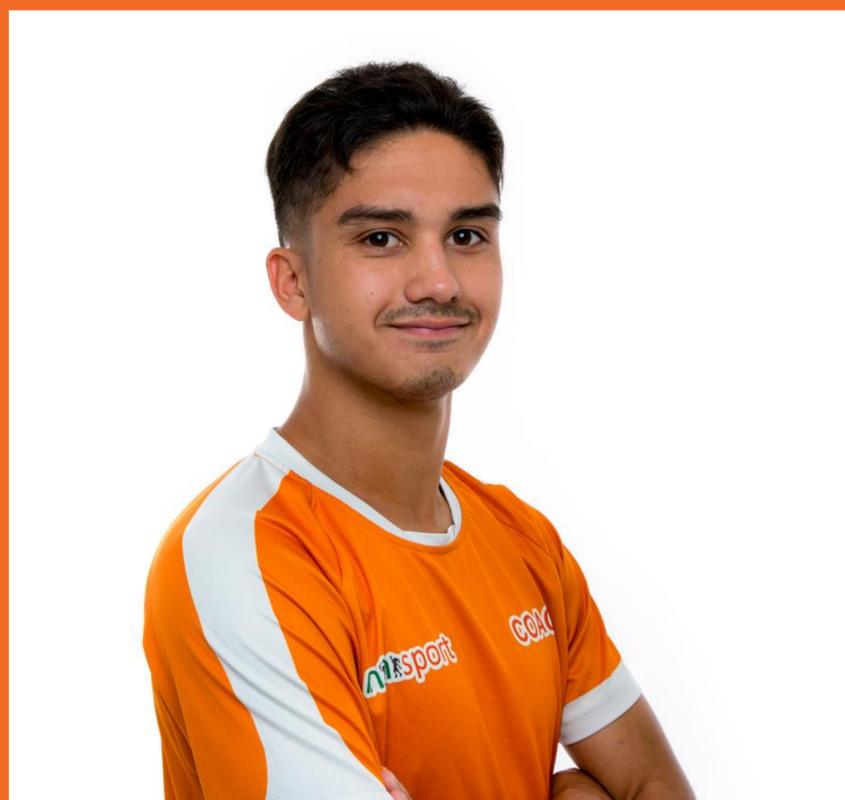


1 x BALL PUMP



6 X STANDARD MINISPORT PLAY AT HOME BALLS

# FREE ZOOM CLASSES AUG 3-7



**COACH TOM**

**COACH DAN**

**DAILY CLASSES FROM AUG 3-7**

**3-4YRS**

**3:30-4:00PM**

**SIGN UP >**

**5-7YRS**

**4:15-4:45PM**

**SIGN UP >**

\*Please complete one form per child.

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 [6183 7084](tel:61837084)

## **What age are these classes for?**

We will be running sessions for two separate age groups in separate, back-to-back sessions, 3-4yrs & 5-7yrs.

## **What is the schedule for this week?**

Mon-Fri | 3:30-4:00pm | 3-4yrs

Mon-Fri | 4:15-4:45pm | 5-7yrs

## **Can I just join a handful of classes?**

Yes, you are able to state which classes you wish to join via the online enrolment form. There is no minimum or maximum number of sessions required.

## **What will the sessions consist of?**

These sessions have been designed by our coaching team to engage children to move and stay active whilst we face this difficult period of social distancing. A range of games, led by our highly-qualified coaching team, will use numbers, colours, animals and a range of props to keep the kids moving for these short and sharp 30 minute sessions.

## **What does my child need to prepare?**

The coming weeks' sessions may require a basic piece of sports equipment (tennis ball or a medium-sized bouncy ball), or household objects (wooden spoon / kitchen roll). Generally speaking, the majority of this week's classes will not require equipment and will instead focus on locomotive development and burning off that excess energy!

## **Does a guardian need to be present?**

For the 3-4yr group, we advise a guardian to be in the room and to participate as and when needed; however, children on the older end of this age bracket should be more than capable of following the instructions without any assistance. For the 5-7yrs group, no adult participation should be required, other than perhaps to help prepare the children with any basic items that they may need ahead of the class.

## **Are the sessions similar to normal minisport sessions?**

As many of you will already know, standard minisport sessions are broken down into four areas (warm-up, locomotive development, ball skills, specific sports focus). Due to the limitations of space and equipment, these Zoom classes will focus mainly on the first two elements of warm-up and locomotive development, whilst also continuing to develop our students' ability to follow instructions within a class.



## **I have two children, can they join the same class?**

We are happy for siblings to join along with each other, even if they are outside the stated age range. We understand how powerful mimicking can be and taking part in sessions together is something that we encourage for these sessions, so long as it is constructive.

## **Why do I need to enrol online?**

We require online registration so that we can track who to invite into the session- we will also be able to send information directly to you regarding the week 2 (august 10-14) sessions, and also to understand a little bit about how you came to hear about us and where you are based in case you would like to be updated with upcoming class information.

## **Where are these videos being filmed?**

We are delighted to be filming these zoom classes live from Guidepost Montessori Kennedy Town. This wonderful campus is a welcoming and encouraging place for children aged 2-6 to thrive in a Montessori setting. See below for more information on the Guidepost Montessori

## **KENNEDY TOWN CAMPUS | CHAI WAN CAMPUS**

## **Who is Coach Tom?**

Coach Tom is the Head Coach at Minisport and has played a central role in the development of our curriculum for 1.5-7yr olds over the past 3 years. Click Tom's picture below for information on his qualifications, experience, background and coaching style.

## **Who is Coach Dan?**

Coach Dan was recruited from the UK to join our team in January 2019 and has since become a big hit amongst our students and parents- not to mention amongst our growing team. Click on Dan's picture below for information on his qualifications, experience, background and coaching style.



**COACH TOM INFO >**



**COACH DAN INFO >**

**Play-at-Home** minisport

**ZOOM CLASSES | AUG 10-14**

**We will send an updated version of this document on Friday (Aug 7) via email for re-enrolment to our zoom classes.**



**\$650**

**15% OFF UNTIL AUG 7**

**PRE ORDER NOW**