



KITCHEN

FOOD TAKE-AWAY

Free from refined sugar and limited use of dairy and gluten, our menu has been designed to accommodate to all dietary requirements.

“Place for all, Food for all, Fun for all”

Working closely with artisanal producers Chef Kostas is bringing to your table only the highest quality ingredients.

We recommend you to share our starters “Family style”. We hope you enjoy your experience with A.O.K

## NIBBLES

### GRILLED PADRON PEPPERS

Olive oil & sea salt

6

### BREAD BASKET WITH DIPS

Tapenade & fava hummus

6

### GLUTEN FREE BREAD BASKET

Tapenade & fava hummus

6

## SALADS

AOK CHICKEN CAESAR SALAD	Baby gem, yoghurt & seeded croutons	14
TUNA GARDEN SALAD	Gem lettuce, watercress, green beans, tomato, olives & lemon dressing	15
GRILLED MANOURI CHEESE	Cos lettuce, courgettes, mint, sesame & honey vinaigrette	13
GREEK SALAD	Tomatoes, cucumber, feta cheese, olives, red onion & green pepper	13
COBB SALAD	Mixed leaves, avocado, spring onion, roasted sweet corn & balsamic vinaigrette	14

## STARTERS

DELICA PUMPKIN SOUP	Crunchy quinoa	10
BURRATINA	Winter tomatoes & basil	13
PRAWN COCKTAIL	Baby gem & avocado, yoghurt “Marie Rose”	14
CARROTS & LENTILS	Peppers, feta, Sicilian lemon & turmeric	12

## MAINS

ROASTED CAULIFLOWER	Beetroot & ravigote dressing	12
CONCHIGLIE PRIMAVERA	Homemade pasta, wild garlic pesto, fresh peas & asparagus	24
GRILLED CHICKEN PAILLARD	Herb marinated corn fed chicken breast, rocket & tomatoes	19
GRILLED BABY CHICKEN	Bok choy, Medjool dates & lemon	21
GRILLED SIRLOIN 280	28 days aged Scottish beef, cherry tomatoes & rocket leaves	29
VEAL SCALOPPINE	Rainbow chard, green olives, capers & lemon	25
FILLET OF SEABASS	Fava beans, samphire & cherry tomatoes	24

## DESSERTS

ALMOST CHEESECAKE	Rhubarb & coconut yoghurt	7
APPLE CRUMBLE	Cinnamon ice cream & salty toffee sauce	7

## SANDWICHES

*all served with sauté new potatoes*

### CHICKEN BURGER

Grilled herb marinated chicken breast,  
spicy tomato chutney & rocket

16

### HAMBURGER

Scottish beef, caramelised onion,  
tomato & watercress

16

## SIDES

SWEET POTATO MASH	5
Almond & lemon thyme	
SAUTED NEW POTATOES	5
Shallot & parsley	
WILTED BABY SPINACH	5
CHARRED BROCCOLINI	5
GARDEN LEAF SALAD	4.5

## AOK CLASSICS

### AOK PANCAKES

Organic maple syrup, coconut chantilly  
& fresh berries

16



KITCHEN

DRINK TAKE-AWAY

## COLD- PRESSED JUICES

TURMERIC ROOT SHOT	5
Pink grapefruit, fresh turmeric & freshly cranked mix peppercorns	
GINGEROL SHOT    Lemon & fresh ginger	5
BOOST ME UP	7.5
Carrot, orange, celery, red pepper, fresh ginger & fresh turmeric	
FARMA-CY	7.5
Celery, cucumber, chard, kale, lemon, romaine lettuce, coriander & parsley	
SOUL KICK    Pineapple, apple, fresh ginger & lemon	7.5
ROCKIN' BEET    Beetroot, carrot, apple, fresh ginger & lemon	7.5

## SOFT DRINKS

FEVERTREE	3
Tonic	
Slimline Tonic	
Lemonade	
Soda	
Ginger Beer	
Ginger Ale	
DIET COKE	3
KOMBUCHA	3

## SAKE

Konishi Silver, Hiyashibori Namachozo Ginjo - Hyog	40
Tosatsuru "Azuru", Ginjo - Kochi	70

## CHAMPAGNE

Prosecco, Zero Sugar, Thomson & Scott	40
Champagne, Francoise Monay NV	60
Champagne, Billecart Salmon Rose NV	90
Champagne, Ruinart Blanc de Blancs NV	90
Champagne, Dom Perignon 2009	220

## WHITE WINE

Marsanne-Viognier, Chemin de la Serre 2018	29
Albarino, Mytilus, Spain 2017	33
Gavi San Pietro, Italy 2018	40
Sancerre Tradition, Pascal Thomas, France 2018	43
Chablis, J-P Ellevin, France 2018	46
Posh, Saints-Hills, Croatia 2017	52
Argyros Estate, Assyrtiko, Greece 2017	55
Chardonnay, Carpe Diem, Anderson Valley, USA 2015	65
Chablis 1 <sup>er</sup> Cru, Forest Moreau-Naudet, France 2017	80
Puligny-Montrachet, Joseph Pascal, France 2016	90
Cervaro della Sala, Antinori, Umbria, Italy 2017	120

## BEERS & CIDER

Freedom Hell - Organic Lager, UK 4.8%	5
Freedom Pale - Aromatic Pale Ale, UK 4.2%	5
Aspall Cider, UK 5%	5

## ROSE WINE

Domaine des Jeanne, Lord Mervyn Davies, France 2018	40
Whispering Angel, Chateau D'esclans, France 2018	60
Chateau Minuty Cuvee 281, France 2018	100

## RED WINE

Sangiovese di Romagna, Armigero, Italy 2016	29
Malbec, Pretty, Fabre Montmayou, Argentina 2018	33
Chianti Classico Riserva, Castelgreve, Italy 2013	40
Bordeaux, Chateau du Retout, France 2014	45
Carmenere Gran Reserva, Calcu, Chile 2015	48
Rioja, Miguel Merino Vitola Reserva, Spain 2012	65
Pinot Noir, La Crema, Sonoma Coast USA 2015	85
Ornellaia, Le Serre Nuove, Tuscany Italy 2013	99
Chateau Palmer, Alter-Ego, Margaux, France 2014	135
Merlot, Mayacamas, Napa Valley, USA 2014	145
Tignanello, Antinori, Italy 2016	185
Chateau Figeac, Saint-Emilion, France 2011	195