

MOTION #1

**Walking in
the garden:
Walk in place.**

MOTION #2

**Starry night:
Raise hands in
the air and
wiggle fingers.**

MOTION #3

**Exodus:
Pretend to hold
a staff, raise it in
the air, and then
bring it down to the
ground.**

MOTION #4

**Shhhhh:
Hold index finger
in front of mouth.**

MOTION #5

**Good News:
Kneel down.**

MOTION #6

**Jesus:
Make heart shape
with hands.**

MOTION #7

**Cross:
Spread arms.**

MOTION #8

**Alive:
Thumbs up on
both hands, raise
hands from waist to
shoulders.**