



13 Very Awesome Promises

#8- Jesus's Promise to rise from the dead.

Jesus is God. (Luke 9:21-23; Matthew 28:1-7)

Note to Families: This is the eighth of a thirteen week series we will be doing on the awesome promises we find throughout The Big God Story (the Bible). Come back each week to learn and grow in His promises for you!

Step 1: Watch Video

Step 2: Choose an activity or two to do (you can do these throughout the week!!)

Activity #1: DRUM BEAT

Time: about 10 minutes Supplies: none

Have your family sit on the floor in a circle. Using your hands on the floor, establish the beat of "We will, we will rock you," a refrain often heard in sports arenas and on classic rock stations.

You'll be chanting "Jesus, Jesus is God." Ask everyone to call out words that describe Jesus at the appropriate time in the rhythm. For instance, after chanting "Jesus, Jesus is God," someone might shout out "Strong!" or "Faithful!"

Practice the beat until it becomes almost automatic for everyone, and then see how long you can keep it going with descriptions of Jesus. Then discuss:

- If Jesus is all those things—if he's God—why do you think he cares about people like us?

Activity #2: BLANKET PRAYER

Time: about 5 minutes Supplies: blanket

Have your family join you in holding the blanket by its edges. Be sure everyone is holding part of the blanket and the blanket is held at waist height.

Say: Let's use this blanket to thank Jesus for what he's done for us.

Offer prayers, thanking Jesus for living for us. You begin.

Then have everyone lower the blanket to just six inches from the floor.

Say: While it's here close to the ground, please join me in thanking Jesus for dying for us.

Offer prayers. You begin.

When you've finished, have everyone raise the blanket to shoulder height. Encourage everyone to offer prayers, thanking Jesus for rising from the dead. You start.

When you've finished, raise the blanket high overhead. Encourage everyone to thank Jesus for his awesome promise to come back someday. You begin. When you've finished, lower the blanket as you pray, In Jesus's name, amen.