

Beginning Guitar Workshop

July 11, 18, 25, Aug 1

DAY 1: JULY 11th

10-10:30

INTRO AND HELLO

Beginning Warm-ups Workouts designed to nip bad habits in the bud

Beginning workouts designed to open up your musical options:

Right Hand Finger-picking right away!

Left Hand : Using All Your Fingers

What's your guitar history/musical experience/instrumental experience?

What do you imagine yourself doing with guitar and with what you learn here?

Practice philosophy: play with your whole body, not just your fingers.

Senses—feel and listen as you play/Respond to Feedback/ Practice with your mind

10:30-10:45

EAR TRAINING AND LEARNING NOTATION

Playing, Feeling, and Singing musical Intervals on a Single String

Tablature vs Musical Notation discussion (we'll use both)

Sight Reading by position and by string

10:45-11:30

REPERTOIRE

Repertoire discussion: deciding on your songs and pieces to learn

Practice Discussion—how to practice/ types of practice/how much to practice/how to organize your practice

11:30-12

CHORDS

Developing your Chord Repertoire

Chord Discussion—CAGED system

Mastering the dreaded bar-chord

12-1

LUNCH BREAK

1-2

RHYTHM AND COUNTING WORKSHOP

Rhythm and Strumming patterns
Counting and playing with a metronome

2-2:30
Q & A/DISCUSSION

2:30 - 3
REGROUP/GAMES/CLOSE THE DAY

Play back licks and phrases.

DAY 2: JULY 18th

10-10:30
GROUP HELLO AND WARM-UP

How has your practice been going?
Discussion of challenges/successes
New warm-ups and workouts:
Pull-offs and hammer-ons.
More finger-picking patterns

10:30-10:45
EAR TRAINING AND LEARNING NOTATION

Working our way up to the 12th fret. 1st string.
Notes on the 6th string. (same notes, 2 octaves lower)

11-12 REPERTOIRE AND INDIVIDUAL COACHING

12-1 LUNCH BREAK

1-1:45
WORKING OUT A NEW SONG WORKSHOP

Getting the most out of your chosen repertoire
Sourcing, analyzing, notating, practicing, learning

1:45-2:30
SCALES, SOLOS AND IMPROVISATION

Let's talk about scales.

A few good scales to know.

How to practice and think about scales.

Exercise: Playing back licks and musical phrases.

2:30--3

Q & A/DISCUSSION/CLOSE THE DAY

DAY 3: JULY 25th

10-10:30

GROUP HELLO AND WARM-UP

How did your practice go?

Questions/Challenges/Successes

New warm-ups and workouts:

 Incorporating scales and positions

 More finger-picking

10:30-10:45

EAR TRAINING AND NOTATION

Interval Identification/singing on all strings.

Lick and Phrase imitation.

10:45-12

REPERTOIRE WORKSHOP AND INDIVIDUAL COACHING

12-1

LUNCH BREAK

1-2

REPERTOIRE WORKSHOP AND INDIVIDUAL COACHING

2-2:30

IMPROVISATION AND SOLOING WORKSHOP

2:30- 3

Q & A/DISCUSSION AND CLOSE THE DAY

DAY 4: AUG 1st

10-10:30

GROUP HELLO AND WARM-UP

New warm-ups and technical workouts

Continuing your work/creating workouts from your songs/getting the most from your practice

10:30-11

EAR TRAINING/MUSICIANSHIP

Identifying chord progressions.

How to continue this work.

11-12

COACHING AND Q & A

Anything and everything.

12-1

LUNCH

1-2:30

PERFORMANCES/DISCUSSION/FEEDBACK

2:30-3

WRAP-UP AND CLOSE THE COURSE