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**WORK HARD,  
HAVE FUN AND  
MAKE IT HAPPEN**

— Rafa Nadal

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# RAFA NADAL ACADEMY KUWAIT

A world-class tennis academy, the first of its kind in the Middle East, with exceptional integrated facilities in the Sheikh Jaber Al-Abdullah Al-Jaber Al-Sabah International Tennis Complex. 2<sup>nd</sup> branch of the most famous tennis center in the World (Rafa Nadal Academy - Majorca), our international team of coaches will provide tennis and fitness programs for all ages as well as a yearly entertainment plan.



## ULTIMATE SPORTS & MEMBERS CLUB

A dream place on the cutting edge of innovation & design, indoor and outdoor, and powered by a team of world-class professionals. Our concept is made and thought to host the entire family, friends and of course tennis & fitness lovers.

## EXCEPTIONAL INTEGRATED FACILITIES

- 15 Tennis Courts
- 2 Squash Courts
- Padel Court
- 1500 sqm Gym
- Boxing Ring
- Swimming Pool



## ACADEMY PROGRAMS

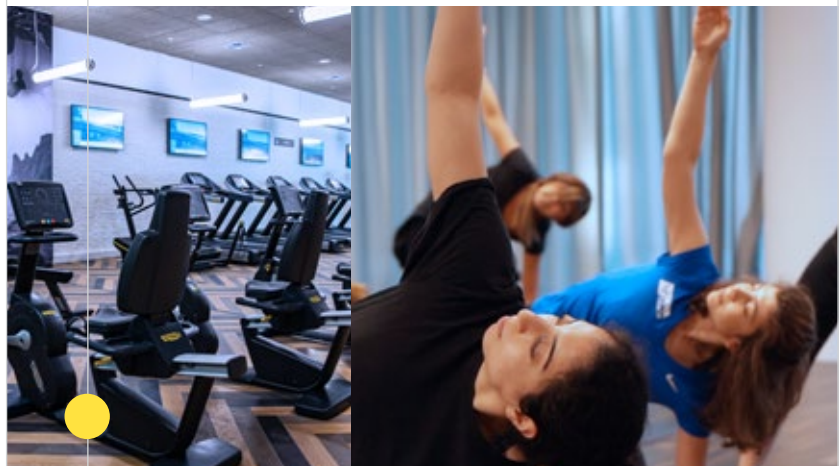
The Academy relies on the methodology of Rafa Nadal in training, which revolves around these main pillars: tennis training, physical training, mental training and competition.

### JUNIORS PROGRAMS

- Junior & Under 10s Tennis Club
- Elite Tennis Training Center
- Junior Fitness Classes

### ADULTS PROGRAMS

- Adult Group Training
- Fitness & Wellness Classes
- Private Tennis Lessons
- Personal Fitness Training



## CLUB MEMBERSHIP

We train, we animate, we push, we have fun and we simply make it happen for you.

### FULL ACCESS, BENEFITS & PRIVILEGES

#### Group and personal training benefits

Tennis, padel, squash (upon booking)	✓
Access to social tennis sessions	✓
Access to gym & group classes	✓
Functional training area	✓
Indoor pool, Jacuzzi, cold tub, steam room	✓
Free individual tennis lesson	1 hr
Welcome Training Session	1 hr

#### Privileges

Technogym application	✓
1 Month Freeze	✓
Access to members lounge	✓

#### Other benefits

(1 day) discovery pass for guests	✓
10% Discount at the RNA Pro Shop	✓
10% Discount at the restaurant/café	✓

“  
I ALWAYS WORK WITH A  
GOAL, AND THE GOAL IS TO  
IMPROVE AS A PLAYER AND  
AS A PERSON”

— Rafa Nadal



TO LEARN MORE, CALL US AT:  
**+965 2536 2345**