

Labyrinth- an opportunity for an interior journey



In need of a chance to still the mind and take a walk with a difference?
Come walk with an open mind and an open heart.

At St John's Anglican Church during the period of Lent, Wednesday 26 February to Sunday 12 April, we are offering a chance to experience walking the Labyrinth, an ancient symbol, predating Christian times. Our labyrinth is based on the one in Chartres cathedral.

What is a Labyrinth? The labyrinth is a walking meditation; by walking it we are rediscovering a long-forgotten mystical tradition. It enables us, amid the 'stuff' of life, to be still and focus our thoughts and feelings.

The path winds throughout and becomes a mirror for where we are in our lives. It is different from a maze as it is just one path, so there are no tricks and no dead ends. There are three stages - releasing, receiving and returning. We will be having at least one candlelit walk during this period. Check our website www.stjohns.net.nz for updates.

We will be inviting people to come up the hill on 327 Beach Road, Campbells Bay - walk up whenever the billboard is at the end of the drive.

Rev'd Kay Brightley, Vicar