

SUGGS EYE CENTER
4007 Seabury Drive
Wichita Falls, TX 76308
(940) 696-2733

Congratulations! You have just undergone No Shot/No Stitch Cataract Surgery with Texoma's leading Cataract and Refractive Surgeon, Dr Mark Suggs.

Immediately Following Surgery: Go directly to Dr Suggs' office, where one of his assistants will remove your shield for you and check your intra-ocular pressure. Plan on going home and staying there for the remainder of the day. Upon arrival at home, you may take Tylenol for any discomfort you may experience.

The Next Day:

- * You may awake to find it difficult to open your eyes. This will pass with time. Do not attempt to force your eyes open, but instead use a warm compress to help moisten your eyelids.
- * Your balance and depth perception may be affected by the surgery, so you should practice extreme caution while walking. You should not attempt to drive until your vision has stabilized.

*******START EYE DROPS AS SOON AS YOU GET HOME FROM SURGERY*******

- * Continue using Besivance: Instill 1 drop in the operative eye 2 times a day, for 2wks post op.
- * Wait at least 5 minutes before instilling any other drops.
- * Durezol: (Shake Well) Instill one drop 4 times a day for 1 week, then 2 times a day for 1 week, then 1 time per day for one week, then stop.
- * Ilevro: Instill one drop 1 time per day for 2 weeks then stop.
- * Artificial Tears: This is for your own comfort, and can be used as often as needed for dryness or irritation feelings.
- * DO NOT USE ANY DROPS WHICH ARE NOT NEW. DROPS THAT YOU HAVE HAD FOR A WHILE CAN BECOME CONTAMINATED AND CONTAIN BACTERIA, WHICH COULD INCREASE YOUR CHANCE OF POST OPERATIVE INFECTION.

What to expect:

Sensitivity to light	Possible mattering	Bruising is normal and variable
Excessive tearing	Possible double vision	Soreness or tenderness to touch
Swelling of eyelids	Possible Blurry Vision	Foreign Body Sensation

For Seven Days Post-op:

NO dirty water in the eyes for one week following surgery, ie: lakes, swimming pools, hot tubs, or well water (untreated water).

Avoid Extremely heavy or dirty work. Your vision may fluctuate and your depth perception may be impaired post operatively.

For 1 Month Post-op:

Alcohol and tobacco products slow the healing process, and therefore should be used minimally or not at all.

Good nutrition is essential for proper healing. Do not go on a calorie reduction diet for 3 months following surgery.

If you have any pain that persists or decreased vision:

If you have pain that appears to be unusual for what has been described or if you simply have additional questions, please contact the office. A foreign body sensation, or a feeling like you have an eyelash in your eye, is quite common, and usually caused from the surgical incision swelling.

The **24 Hour** office number is: **(940) 696-2733**

If your call is after normal business hours, please listen closely to the options. The first option is to press #1 for an emergency. Choose #1 and leave your name, date of surgery, and your telephone number. Please speak loudly and clearly, and leave your telephone number twice. If your call is not returned within 15 minutes, please repeat your call and message.

DROP SCHEDULE:

BESIVANCE: 2 TIMES A DAY FOR 2 WEEKS POST OP

DUREZOL: 4 TIMES A DAY FOR 1 WEEK, 2 TIMES A DAY FOR 1 WEEK, 1 TIME A DAY FOR 1 WEEK, THEN DISCONTINUE.

ILEVRO: 1 TIME PER DAY FOR 2 WEEKS POST OP.

ARTIFICIAL TEARS: AS NEEDED FOR DISCOMFORT OR IRRITATION

**An acceptable schedule to follow for example would be: Breakfast, Lunch, Dinner, and Bedtime. When drops are scheduled to be used at the same time, always wait at least 5 minutes between each drop.

**You will have 1/2 of a bottle remaining of Besivance, Durezol and Ilevro. Save these bottles if you will be having surgery on your other eye.

If you were prescribed Atropine pre-op, **DO NOT continue to use this drop post-op. Place your Atropine in the refrigerator and it can be used if you are planning surgery on your other eye in the near future.