

Post-Op Instructions PRK

Eye Drop Instructions:

- * **Acular:** (for discomfort) You may use this drop on the day of surgery, every 15 minutes for 2 hours while you are awake. Then only 4 more times the rest of the day. Use it 4 times on the day after surgery, then cut it down to only as needed. If you're not having any pain after the second post op day...DO NOT continue to use this drop.
- * **Vigamox:** (antibiotic) 1 drop, 4 times a day, until your bandage contact lenses are removed at approximately 1 week post-op, then discontinue use of this drop.
- * **Flarex:** (steroid, must be tapered off) 1 drop, 4 times a day, until bandage contact lenses are removed at approximately 1 week post-op. Then use 2 times a day for 1 week, then 1 time a day until empty.
- * **Artificial Tears:** this drop can be used as much as needed for any dryness, or scratchiness you may experience.
- * **Note:** Wait 5 minutes between each application of drops.

After Surgery

DO's:

- * Discontinue your eyelid scrubs
- * Cover your eyes for the first week anytime you're resting/sleeping. Wear the elastic banded goggles for these times.
- * You can take your compounded pain/sleeping pill every 4-6 hours as needed.
- * Always bring your eyedrops to each appointment. Occasionally Dr. Suggs will change up your dosage from what has been described above, based on how well you are healing.

DON'TS:

- * Do not rub or touch your eyes/eyelids for one week.
- * No swimming pools, hot tubs, lakes or well water for one week.
- * Do not use any eye drops that are not new, or that have not been recommended by Dr. Suggs.
- * Do not wear eye make-up for one week.