



Sandton Sinai

NEWSLETTER

13 August \ 5 Elul

Parashat: Shoftim

Candle Lighting: 17:29 Shabbat Ends: 18:20

Torah Insights

Moshe instructs the Jewish people to appoint judges and law enforcement officers in every city. All evidence of a crime must be carefully investigated and two credible witnesses are required to enforce punishment.

Shoftim also includes the prohibitions against idolatry and sorcery, the laws of appointing a king and guidelines for the creation of "cities of refuge"

There are also the rules of those who are exempt from war- one who has just built a home, planted a vineyard, has just got married or is afraid.

there are
so many
beautiful
reasons
to
be
HAPPY.

It's **Generation Sinai** time again and this year we are talking about Hashem. It's the most important conversation of all! And it's happening on a Zoom webinar.

Join us and stand a chance to

WIN

one of 5 Apple AirPods or one of 2 Apple iPads!

It's all happening on:
Tuesday 17 August
6 pm

It is a great mitzvah to be happy always.

Rabbi Nachman of Bratslav





PLAY AND NURSERY SCHOOLS

A word from our Nursery and Playschool principal

Dear Parents,

We have officially launched our second younger playschool class! Welcome to Morah Lesley Sacks who has joined the Sandton Sinai team.

The sound of the shofar was heard throughout the school this week. Each sound brings about so many emotions and thoughts. While focusing on Da'at Mindfulness, the children have been given tools on how to be mindful of their behavior and actions as we build up to Rosh Hashana.

Our teachers attended the Keller Education Talk 'Why Band Aids Don't Heal Trauma'. How we as adults have the tools to empower children in any situation. Healing children who have experienced trauma is such a gift. Trauma comes in many forms and it is our role as educators to support children and empower them. This session was so valuable and tangible.

Wishing everyone a Shabbat Shalom
Regards
Morah Shira

Announcements

Don't forget to order your child's Gift Stickers

Time change for Generation Sinai to 6pm on the 17 August.

Please let your child's teacher know what extra mural he/she is doing.

Dates to Diarise

Tuesday 17 August	Generation Sinai
Wednesday 1 September	Special person/ Grandparents day

PLAY AND NURSERY SCHOOL MINI FUNDRAISER made by your child

A special gift sticker with your child's drawing and personalised with your family name

Only R70

FOR 25 stickers

To order

<https://forms.gle/MZYeGQnvQ2Jp7Usw5>



ROSH HASHANA PROJECT



PRIMARY SCHOOL

A word from our Primary School principal

Dear Parents,

“Time flies when you are having fun ... “

While this has been a short week, it has been a fun filled and full week. We began the week with an assembly for Rosh Chodesh Elul. Rabbi Treger addressed the school and introduced our third term core value of Da’at/Mindfulness. He heralded in the new month with the blowing of the shofar - a time of new beginnings and new blessings.

Tying into the theme of Da’at/Mindfulness, Mrs Rubin did a guided meditation and breathing where she demonstrated how we can consciously and physically connect our thoughts to our actions.

You will have received a letter and magnet for your home and the children received a keyring on the core value of Da’at. Gentle reminders of the way in which we STOP, PAUSE and GO in situations, thereby creating a more desirable and productive outcome when connecting our thoughts to our actions.

This coming week we will hold our first Sandton Sinai Eisteddfod. Thank you to Juffrou van Niekerk for the hours involved in preparing both our learners and the event. We wish all the participants hatzlacha.

Shabbat Shalom
Mrs Lara Salkinder

Announcements

School Uniform

We will be doing a school uniform check this coming week. Please ensure all learners are wearing the correct school uniform.

Eisteddfod

Good luck to all those participating in our FIRST Sandton Sinai Eisteddfod this coming Thursday 19 August.

Dates to Diarise

Tuesday 17 Aug	Generation Sinai
Wed 18 Aug	Grade 2 Chumash Party
Wed 18 Aug	Grade 6 Talks
Thurs 19 Aug	Eisteddfod

Lights

Stop!
Turn the light on.
Is my action/speech making Hashem proud?

Da'at - Mindfulness

Camera

Pause!
Focus and think.
Is my response going to make Hashem proud?

Action

Go! Play out the action that WILL make Hashem proud.



ANNOUNCEMENTS AND SECURITY

ANNOUNCEMENTS



BIRTHDAYS

Ariel Margalit
Jake Rubin
Jake Gronemann
Yoav Lev
Juffrou van Niekerk

MAZALTOV

Mazaltov to the Grade 1 learners on receiving their first siddur this week!

SECURITY ROSTER



WE ALL ARE HERE TO KEEP OUR CHILDREN SAFE
SHOULD YOU NOT BE AVAILABLE TO DO YOUR SHIFT
PLEASE SWOP WITH ANOTHER PARENT

DATE	MORNING SHIFT	AFTERNOON SHIFT
	8H00 - 9H00	11H45 - 12H45
MON 16 AUG	KERR	MANN
TUES 17 AUG	SHEER	HURVITZ
WED 18 AUG	FINKEL	ZOLTY
THURS 19 AUG	GOLDMAN	ORKIN
FRI 20 AUG	DOGAN	SILBERMANN



TOVA TALKS

"Language is
the dress of
thought."

Samuel Johnson

Why do people speak negatively? Why do people say nasty things to each other? Why do people put other people down?

Well if you think about it, when you're in a good mood, and life is wonderful, you never say anything negative. Only good and wonderful things come from your lips.

But when you're in a bad mood, it colours your world. You see things negatively, everything seems dark, and that's when negative words are spoken.

Speech is a G-d given gift. It gives expression to our thoughts, our feelings and our state of mind.

When a person says something negative, they are showing you where they are at in the moment. That they are in a negative space.

I'm not saying it's ok to be negative, it's not. But when a person is negative towards you, perhaps we can see that they it's coming from their negative state, that it's not who they are, but where they are in that moment.

And when we can see that it's coming from their negative head space, it becomes less about you. And perhaps we can be less judgemental and more compassionate about the space that they are in. And when we are more compassionate towards them, they will be more compassionate and loving towards themselves, and that's where the greatest change can happen,

Tova Goldstein,

Social Skills Development Consultant for Grades R - 7

CLASSIFIEDS



LET'S TALK ABOUT G-D

It's Generation Sinai time again, and this year we are talking about G-d.

It's the most important conversation of all!

We'll discuss our understanding of Him, His role in our lives, how He makes us feel, how we connect to Him and lots more.

This year the learning is happening online from the comfort of your home. We'll be connecting on Zoom.

All you need to do now is register here or scan the QR code

www.chiefrabbi.co.za/generationsinai

It's all happening on:

Tuesday 17 August

6pm



CHIEF RABBI *Warren Feldst*

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