

ROSELLE PARK DISTRICT UPDATE

Come join us for a workout! The safety of our patrons, fitness members, and staff is of our utmost importance during this time. Over the last few months, we have made many safety improvements to the Roselle Park District and Fitness Center that adhere to the Illinois guidelines. We have socially distanced our equipment, added plexiglass throughout our facility and have improved our cleaning standards. We have also added reserved time slots for your workout, so we can clean in between each group. The Roselle Park District has always been dedicated to offering a healthy way of life for our customers, and through careful planning allowing a safe phased approach, we will begin to reopen our facilities.

Roselle Park District Guidelines:

- All guidelines must be followed in each facility, park, and during all District programs
- Face coverings must be worn when in any Roselle Park District facility
- A 6-foot social distance must be practiced, and new traffic patterns must be followed
- All patrons must sign-in at the front counter when entering the facility
- All patrons must wash/sanitize hands on a regular basis

Fitness Center Hours:

Monday, Wednesday, and Friday:

5:30am-6:00pm

Tuesday and Thursday:

5:30am-7:00pm

Saturday and Sunday:

8:00am-12:00pm

Registration Hours:

Monday - Friday:

8:00am-6:00pm

Saturday and Sunday:

8:00am-12:00pm (at Fitness Desk)

Registration can always be done
online at www.rparks.org

Fitness Center

Guidelines:

- Capacity limitations
 - ➔ Equipment is spaced or marked for social distancing
 - ➔ 1-hour work out time slots available
 - ➔ 15 minutes between each time slot for enhanced cleaning
- Key holders unavailable until further notice
- Lower Level locker rooms are currently closed (no lockers, no showers)
- No towel-service

Patrons must:

- **Must reserve a time to work out**
 - ➔ **Call 630-894-4200 to reserve your time slot**
 - ➔ **Sign-up for a time in-person when building is open**
 - ➔ **Can only reserve as far out as 3 days**
- **Wear a face covering when enter the facility, and it can be removed while working out if there is a 6-foot distance from others**
- **Bring your own towel**

Personal Training:

- Personal Training is now available; please call 630-894-4200 to sign up.

Cleaning Protocols:

- Facility and Fitness Center hours adjusted to allow for more cleaning
- Staff will follow strict sanitation protocols for proper disinfection
- Ongoing staff training on cleaning protocols
- Continuous scheduled disinfection of high-traffic and high-touch surfaces
- Hand-sanitizing stations located throughout the CRC facility
- Easy and readily available disinfectant wipes in the Fitness Center and CRC program locations.
- Fitness Center Members must wipe equipment down before and after each use

For more information on Roselle Park District facilities or programs please visit our website at www.rparks.org or call 630-894-4200.

See you soon,

The Roselle Park District Staff