



# ROSELLE PARK DISTRICT Fitness Center Membership Application

**Applicants under the age of 18 must have parent signatures before applying for membership.**

Return the completed membership application and pay for your membership in the Fitness Center. **Your membership will be effective from the date of payment.** We accept cash, checks as well as Visa or Master Card. If your payment amount is incorrect, we will contact you. (Some addresses in Roselle are not part of the Park District and are therefore considered non-resident).

You will receive your ID card as soon as your forms are completed, payment is made and picture has been taken.

If you have paid for a locker rental, a tag will be made which should be attached to your padlock at all times. If it rips or is stolen, please inform the Fitness Staff and a new tag will be made.

Please read through the Rules and Regulations.

I hereby apply for membership to the Roselle Park District Fitness Center, and agree to abide by the policies established by the management and the Park District Board. I further understand that violation of a policy may result in revocation of a membership. I also understand that my membership is **non-refundable** and **non-transferable** except in the event of a medical disability.

\_\_\_\_\_  
Member Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Legal Guardian Signature

\_\_\_\_\_  
Date

\*\*\*\*\*

Please sign up for an equipment orientation with the Fitness Staff. There is an additional fee of \$25 for 3 month members.

Please help us out by telling us how you heard about the Fitness Center.

ROSELLE PARK DISTRICT

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone # \_\_\_\_\_ Work Phone# \_\_\_\_\_ Birthdate \_\_\_\_\_

**Proof of residency required.** Please note that not all Roselle addresses are "in-district." If your address is not "in-district" you will be charged the non-resident rate.

	Resident	Non-resident
<b>ANNUAL MEMBERSHIPS</b>		
_____ Basic Adult	\$174	\$219
_____ Basic Adult Couple (same household)	\$328	\$418
_____ Basic Student ages 14-21 (limited hours with student ID)	\$104	\$149
_____ Value Membership (M-F 8am-3pm)	\$114	\$159
_____ Basic Senior (55 and over)	\$134	\$179
_____ Basic Senior Couple	\$248	\$338

**3 MONTH MEMBERSHIP**

\_\_\_\_\_ Initial 3 Month \$ 65 \$80

Locker Rental \$ \_\_\_\_\_

Orientation \$25

\*If joining as a couple, please list the other member \_\_\_\_\_

For Office Use Only: Date \_\_\_\_\_

Amount Paid \_\_\_\_\_ Receipt # \_\_\_\_\_ Received By \_\_\_\_\_

Verified Proof of Residency \_\_\_\_\_ Signed waiver? \_\_\_\_\_

Barcode # \_\_\_\_\_ Expiration Date \_\_\_\_\_ Pic taken? \_\_\_\_\_

Offered orientation? \_\_\_\_\_ (Free for initial annual memberships, \$25 for other memberships)

**Roselle Park District  
Fitness Center  
Health Screening Questionnaire**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

E-mail \_\_\_\_\_ Age \_\_\_\_\_ Birthdate \_\_\_\_\_

In case of emergency contact \_\_\_\_\_ Phone # \_\_\_\_\_

Physicians Name \_\_\_\_\_ Phone# \_\_\_\_\_

**HEALTH HISTORY**

**PLEASE READ THE FOLLOWING QUESTIONS BELOW. IF YOU CAN ANSWER YES TO ANY OF THE FOLLOWING QUESTIONS YOU SHOULD CONSULT WITH YOUR PHYSICIAN PRIOR TO EXCERCISING.**

Do you have or have you ever had any of the following?

Heart Attack  
Heart Disease  
Stroke  
Abnormal EKG  
Diabetes or other Metabolic Disease  
Pulmonary Disease

Do you take any medications?

For High Cholesterol  
For High Blood Pressure  
For the Heart

**IMPORTANT INFORMATION**

Reviewing this Health Questionnaire is purely voluntary and you do not have to share your responses with the staff of the Fitness Center. However, please recognize that individuals with coronary risk factors or other medically significant risk factors, run a greater chance of cardiovascular incident or increased risk of injury during physical activity. Although you are solely responsible for determining if you are physically fit for any and all fitness activities, it is always advisable, especially if you are pregnant, suffer from an underlying medical condition, take medication, smoke cigarettes, have a family history of coronary disease, or have recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

**I HAVE READ AND UNDERSTAND THE PRECEDING STATEMENT**

\_\_\_\_\_  
**Signature Required**

\_\_\_\_\_  
**(Date)**

## **Fitness Center Rules and Regulations**

1. All members must present their ID card in order to use the Fitness Center. Members must also present their ID card when participating in Open gym or for checking out a basketball. If you forget your ID excessively in the Fitness Center, you will be charged \$5 for a new ID. If you fail to bring your ID to Open Gym you will pay the Open Gym fee.
2. Gym bags and street clothes are not allowed in the Fitness Center. Please use the locker rooms on the lower level.
3. Do not wear dirty or wet shoes into the Fitness Center.
4. Closed-toe athletic shoes and shirts must be worn at all times. Please wear comfortable, non-restrictive clothing.
5. If there are members waiting to use the Cybex or free weight equipment, please rotate them into your workout.
6. A waiting list will be used for the aerobic equipment on a first-come, first-serve basis. You cannot sign up for a specific time. IF THERE ARE NAMES ON THE WAITING LIST, YOU MUST LIMIT YOUR TOTAL WORKOUT TIME TO 20 MINUTES. If you need assistance, please ask the Fitness Attendant.
7. Children are not allowed in the Fitness Center. Nursery service is available during posted hours.
8. No smoking, eating, or drinking is allowed in the Fitness Center, with the exception of water.
9. On each Cybex machine is an explanation of proper use. Should you need assistance, please ask the Fitness Attendant.
10. The Fitness Center Staff may restrict participation in the Fitness Center for medical or safety reasons.
11. Please report any malfunctioning equipment to the Fitness Staff immediately. Every effort will be made to get the equipment functioning as soon as possible.
12. Members must show respect to staff, other members and equipment at all times.
13. Gym closes 15 minutes before building closes.
14. Not responsible for lost or stolen property.
15. Please do not talk on cell phones in the fitness center. If you must make or receive a call, please take your phone to the lobby area.
16. Please do not leave treadmills running while not on the equipment. This poses a safety hazard to other members.
17. Please wipe down equipment with anti-bacterial towelettes after finished using equipment.
18. You must be a minimum of 14 years of age to use the fitness center. 14 & 15 year-olds must pass Fitness University and may only come during Student Membership hours (Monday-Thursday 2:30-5pm & 8-9:30pm; Friday 2:30-9:30pm, Saturday & Sunday 1pm-Close).

**Thank you for your cooperation.**